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| May |  |
|  | 2020 |
| Title | Subtitle |

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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  | Free Play!! Go Outside! |  |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
|  | Dodge Ball! Use balled up socks! | Just dance!! YouTube Just Dance songs or play it on the Wii | Harry Potter workout:<https://youtu.be/TBGOZlZ2-DY> | Kids yoga dance party:<https://youtu.be/23VdtT0vQUY> | Free Play!! Go Outside! |  |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
|  | Cotton Eyed Joe dance:<https://youtu.be/8Ws5k4ZFwv8> | Ride Bike for 30 minutes! | How to Create a healthy plate:<https://youtu.be/Gmh_xMMJ2Pw> | Family walk after dinner! 30 Minutes! | Free Play!! Go Outside! |  |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
|  | Family Bike ride 30 minutes! | 3-minute fitness:<https://youtu.be/_lYdWQFJDus> | Crabbing around:<https://youtu.be/ZUPI8oZz-0w> | Jump Rope for 10 minutes! | Free Play! Go Outside! |  |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
|  |  |  |  |  |  |  |
| 31 |  |  |  |  |  |  |
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