



# MARCH

2021

Robert Lee ISD



m

Waffle and bacon  
Country Fried Steak, Mashed Potatoes, Okra, Roll, Strawberries

1.

t

Sausage, Egg, and Cheese Biscuit  
Meat & Cheese Chalupas, Cucumbers, Salsa, Refried Beans, Rosy applesauce

2.

w

Cereal Variety and Toast  
Chicken Tenders, Fries, Broccoli, Mixed Fruit, fruit Crisp

3.

th

Biscuit, Gravy Eggs  
Chicken Spaghetti, Breadstick, Salad, Carrots, Apple Slices

4.

f

Cinnamon Roll and Sausage  
Fish Sticks, mac and Cheese, Coleslaw, Green Beans, Oranges, Brownies

5.

Cereal Variety and Toast  
PopCorn Chicken, Roll, Vegetable Medley, Mashed Potatoes, Sliced Pears

8.

PBJ  
French Bread Pizza, Marinara Sauce, Cali Blend Vegetables, Garden Salad, Mixed Fruit Cup, Krispy Treat

9.

Chicken and Waffles  
Mexican Combo Plate, Corn, Charro Beans, Salsa, Seasonal Fruit

10.

Pancakes and Sausage  
Chicken Wings, Celery and Carrot Sticks, Peaches and Pudding

11.

French Toast and Bacon  
Steak Fingers, Gravy, Roll, Mashed Potatoes, Tomato Cup, Bananas and Strawberries

12.

Spring Break

15.

Spring Break

16.

Spring Break

17.

Spring Break

18.

Spring Break

19.

## Pancakes and Bacon

Cheeseburger, oven fries, cucumbers, strawberries

22.

## PBJ

Chicken Fajitas, refried beans, carrot coins, salsa, graham crackers, hot cinnamon apples  
CM-116 CM-143

23.

## Chicken and Biscuit

Cheesy Breadsticks, Tuscan Vegetables, Marinara Sauce, Peaches, Baked Pear Crisp

24.

## Oatmeal and Cinnamon Toast

Country Pot Pie, Corn, Tomato cup, Snowball Salad, Animal Crackers

25.

## Cereal Variety and Toast

Mascot Bowl(chicken, potatoes, corn, green beans, shredded cheese, brown gravy) fresh apples  
CM-148 CM-178

26.

Sausage Kolache and Yogurt  
Taquitos, Queso, refried beans, corn, salsa, seasonal fruit, Crispy Treat

29.

Cereal and toast  
Pepperoni Pizza, Corn, salad, mixed fruit

30.

Breakfast Parfait  
Fish Sticks, Mac and Cheese, Black eyed Peas, Salad, Grapes

31.

Special Announcements:

- School Breakfast Week Mar. 8-12



Food and Nutrition Division  
National School Lunch Program and School Breakfast Program



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**  
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# ECLIPSE EGGS

An eclipse happens when a planet or a moon gets in the way of the sun's light. On Earth, we can experience two kinds of eclipses: solar eclipses and lunar eclipses. A solar eclipse happens when the moon passes in front of the sun and casts its shadow on Earth, making it dark during the day. During a lunar eclipse, Earth gets in the way of the sun's light hitting the moon. That means that during a lunar eclipse, the moon will fade away from view as Earth's shadow covers it up.

## CRACK THE CODE

A	B	C	D	E	F	G	H	I	J	K	L	M
1	2	3	4	5	6	7	8	9	10	11	12	13

N	O	P	Q	R	S	T	U	V	W	X	Y	Z
14	15	16	17	18	19	20	21	22	23	24	25	26

23 8 5 14    5 7 7 19    20 5 12 12  
 10 15 11 5 19 ,    1 18 5    20 8 5 25  
 3 1 12 12 5 4    25 15 12 11 19 ?

Answer: When eggs tell jokes, are they called yolks?

## DID YOU KNOW?

This month celebrate School Breakfast Week in Texas by starting each day with healthy Texas foods. School Breakfast Week is a great time to try foods from farms and ranches in every part of the state! There are almost 250,000 farms and ranches in Texas and that is more than any other state.

Eggs, milk, lean meat, fruit, vegetables, and whole grains can all be part of a good breakfast- and they're all produced right here in Texas. Eggs are an "egg-cellent" source of choline, a nutrient your entire body needs to grow!



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