

## JCC Community Services Instructors, Coaches, & Parents:

We value the health, safety, and well-being of all our Community Education participants and instructors. As of November 2020, we are requiring that all activities take the following mitigation precautions:

- Facial coverings must be worn at all times with the exception of active participation in physical exertion;
- Social Distance (6 feet or more) whenever possible;
- Only those participating in the activity are allowed in the JCC facility;
- Activities are allowed to begin after 6:00 pm on weekdays;
- Practices are not allowed on Wednesdays;
- Participants are asked to use hand sanitizer upon arrival. Sanitizer can be found throughout the facilities- hanging on the walls;
- Everyone will have their temperatures taken upon arrival.
  - If a temperature is 100.4 degrees or greater, participants must be sent home immediately.
  - Coaches and Instructors- contact Jacqueline for your thermometer.
- The following questions should be asked of each participant:
  - Are you experiencing new or worsening respiratory symptoms such as cough, difficulty breathing, or shortness of breath?
  - Are you experiencing chills, muscles pain, headache, sore throat, new loss of taste or smell?
  - Have you been exposed to a positive COVID case?
  - If they answer yes to these questions, participants must be sent home immediately.
- Any team desiring to travel and/or compete, must remain in the perimeters as outlined on the next page. If you wish to travel/compete outside the highlighted perimeters, you must receive prior approval. If a team chooses to participate outside of the perimeters, without prior approval, their activity will be cancelled immediately.

We are following guidelines provided by the CDC and MDH. If guidelines change OR the mitigation precautions are not being followed, we reserve the right to cancel or alter programs effective immediately.

Enclosed you will find MDH documents titled *COVID-19 Prevention Guidance for Youth and Student Programs* and *COVID-19 Sports Guidance for Youth and Adults*. Please read while considering your own program and how you can alter your program to fit the guidelines provided. That being said, if you cannot meet the restrictions listed above, your program needs to be cancelled.

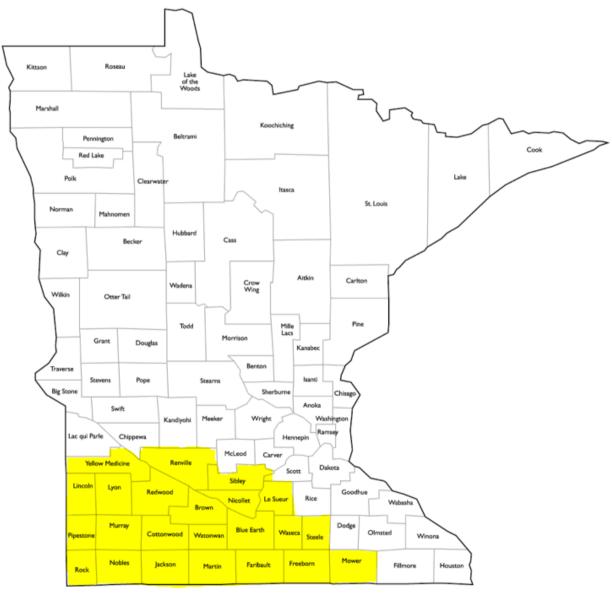
Thank you for choosing and working with JCC Community Services.

## www.jccschools.com/community



## JCC Community Services 1128 North Highway Jackson, MN 56143

## Approved traveling/competition perimeters:



Please stay safe.

Jacqueline Knips Community Services Director Jackson County Central Schools Office: (507) 847-6627

Enclosed: MDH materials