

# September 2020

# Breakfast

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| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   |
|---|---|--|--|--|
|   | <b>1</b><br>Pop Tart<br>Graham Snacks<br>Fruit<br>Milk    | <b>2</b><br>Cereal Bar<br>Graham Snacks<br>Fruit<br>Milk       | <b>3</b><br>Nutri-Grain Bar<br>Graham Snacks<br>Fruit<br>Milk  | <b>4</b><br>Pop Tart<br>Graham Snacks<br>Fruit<br>Milk |
| <b>7</b><br>Dry Cereal<br>Graham Snacks<br>Fruit<br>Milk  | <b>1</b><br>Cereal Bar<br>Graham Snacks<br>Fruit<br>Milk  | <b>9</b><br>Nutri-Grain Bar<br>Graham Snacks<br>Fruit<br>Milk  | <b>10</b><br>Dry Cereal<br>Graham Snacks<br>Fruit<br>Milk      | <b>11</b><br>Sausage Biscuit<br>Fruit<br>Milk          |
| <b>14</b><br>Dry Cereal<br>Graham Snacks<br>Fruit<br>Milk | <b>15</b><br>Pop Tart<br>Graham Snacks<br>Fruit<br>Milk   | <b>16</b><br>Cereal Bar<br>Graham Snacks<br>Fruit<br>Milk      | <b>17</b><br>Nutri-Grain Bar<br>Graham Snacks<br>Fruit<br>Milk | <b>18</b><br>Egg & Cheese<br>Sandwich<br>Fruit<br>Milk |
| <b>21</b><br>Dry Cereal<br>Graham Snacks<br>Fruit<br>Milk | <b>22</b><br>Cereal Bar<br>Graham Snacks<br>Fruit<br>Milk | <b>23</b><br>Nutri-Grain Bar<br>Graham Snacks<br>Fruit<br>Milk | <b>24</b><br>Dry Cereal<br>Graham Snacks<br>Fruit<br>Milk      | <b>25</b><br>Maple Pancakes<br>Fruit<br>Milk           |
| <b>28</b><br>Dry Cereal<br>Graham Snacks<br>Fruit<br>Milk | <b>29</b><br>Pop Tart<br>Graham Snacks<br>Fruit<br>Milk   | <b>30</b><br>Cereal Bar<br>Graham Snacks<br>Fruit<br>Milk      | <b>31</b><br>Nutri-Grain Bar<br>Graham Snacks<br>Fruit<br>Milk |  |