

## Seclusion and Restraint Policies for the Chilton County Schools

Seclusion- The Chilton County Board of Education prohibits the use of Seclusion – a procedure that isolates and confines the student in a separate, locked area until he or she is no longer an immediate danger to himself/herself or others

Seclusion does not include, so the Board does allow, the following situations:

- A staff member trained in the use of de-escalation techniques or restraint is physically present in the same unlocked room as the student;
- Time-out as defined below;
- In-school suspension: alternative school;
- Detention; or a
- Student –requested break in a different location in the room or in a separate room

Time-out – A behavioral intervention in which the student is temporarily removed from learning activity. Time-out is appropriately used when:

1. The non-locking setting used for time-out is appropriately lighted, ventilated, and heated or cooled.
2. The duration of the time-out is reasonable in light of the purpose of the time-out and the age of the child; however, each time-out should not exceed 45 minutes
3. The student is reasonably monitored by an attending adult who is in reasonable physical proximity of the student and has sight of the student while in time-out;
4. The time-out space is free of objects that unreasonably expose the student or others to harm;

Chemical Restraint – The Board prohibits the use of Chemical Restraint-any medication that is used to control violent physical behavior or restrict the students' freedom of movement that is not prescribed treatment for the students' medical or psychiatric condition.

Mechanical Restraint – The Board prohibits the use of Mechanical Restraint-the use of any device or material attached to or adjacent to a student's body that is intended to restrict the normal freedom of movement and which cannot be easily removed by the student.

Physical Restraint – The Board prohibits the use of Physical Restraint that restricts the flow of air to the student's lungs – any method (face-down, face-up, or on the side) of physical restraint in which physical pressure is applied to the student's body that restricts the flow of air into the student's lungs.

The Board prohibits the use of Physical Restraint – direct physical contact from an adult that prevents or significantly restricts a student's movement except in those situations in which the student is an immediate danger to himself or other and the student is not responsive to less intensive behavioral interventions including verbal directives or other de-escalation techniques. Physical restraint as a form of discipline or punishment is prohibited.

Physical Restraint does not include, so the Board allows, limited physical contact and/or redirection to promote student safety or to prevent self-injurious behavior, providing physical guidance or prompting when teaching a skill, redirecting attention, providing guidance to location, providing comfort, or providing limited physical contact as reasonably needed to prevent imminent destruction to school or another person's property.

Chilton County Schools shall utilize the following procedures for use of Physical Restraint:

1. All physical restraint must be immediately terminated when the student is no longer in immediate danger to himself or other or if the student is observed to be in severe distress.
2. Parents shall be provided, at least annually, with information regarding the policy for use of physical restraint.
3. Annual training for select faculty and staff on the use of physical restraint as well as the Chilton County Schools Seclusion and Restraint Policy.
  - a. Use of physical restraint.
  - b. Techniques to prevent the need to use physical restraint'
  - c. De-escalation techniques
  - d. Maintain written or electronic documentation on training provided and a list of participants for each training
4. Written parental notification when physical restraint is used to restrain their student within one school day from the use of restraint.
5. The use of physical restraint shall be documented by staff or faculty participating in or supervising the restraint for each student, in each instance, in which the student is restrained
6. Annual report to the Chilton County Board of Education for:
  - a. Use and documentation of restraint;
  - b. Any prohibited use of seclusion, chemical, mechanical or physical restraint.

Construction of Policy – Nothing in this policy shall be construed to prohibit an employee of Chilton County Schools, any of its schools, or any of its program employees, from any of the following;

1. Use of any other classroom management techniques or approaches, including a student's removal from the classroom, that is not specifically addressed in this policy;
2. The right of school personnel to use reasonable force as permitted under of the Code of Alabama 16-1-14 (1975), or modifies the rules and procedures governing discipline under the Code of Alabama;
3. Reasonable actions to diffuse or break up a student fight or altercation;
4. Reasonable action to obtain possession of a weapon or other dangerous objects on a student or with in control of a student;
5. Discretion in the use of physical restraint to protect students or others from imminent harm or bodily injury. Nothing in this policy shall be construed to create a criminal offense or private cause of action against Chilton County Schools, or program, or its agents, or employees'

6. In instances in which a student is an immediate danger to himself or herself or others, the school or program must determine when it becomes necessary to seek assistance from law enforcement and/or emergency medical personnel. Nothing in this policy shall be construed to interfere with the duties of law enforcement or emergency medical personnel. Parents must be promptly informed when students are removed from the school or program setting by emergency medical or law enforcement personnel.

[Reference: ALA. ADMIN. CODE R. 290-3-1-.02(1)(f)]