

# #48

**COMPLETE**

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## Page 2: School Health Advisory Council (SHAC) Information

**Q1 Name of your LEA:** **Randolph**

**Q2 Please indicate the LEA SHAC contact person as appointed by the Superintendent.**

First Name	<b>Edwina</b>
Last Name	<b>Ashworth</b>
Title	<b>Director of Administrative Services for Students</b>
Address	<b>2222-C S. Fayetteville Street</b>
City	<b>Asheboro</b>
State	<b>North Carolina</b>
Zip Code	<b>27205</b>
Phone	<b>336.633.5123</b>
Email Address	<b>eashworth@randolph.k12.nc.us</b>

**Q3 Please list the names and titles of your SHAC members.**

Fred Burgess, Board of Education  
 Greg Brewer, RCSS School Safety Coordinator  
 Kelly Green, Assistant Director - School Nutrition  
 Jayme Robertson, Child Nutrition Supervisor  
 Shon Hildreth, Principal  
 Carla Miller, Assistant Principal  
 Susan Robbins, School Social Worker  
 Brianna Rouse, School Social Worker  
 Austin Davis, Health/PE Teacher  
 Monica Hurley, School Nurse  
 Patricia Brady, Parent  
 Kendell Phillips, Health Educator (RC Health Dept)  
 Laura Lambert, Health Educator (RC Health Dept)

**Q4 Please use the slider tool to indicate the number of members on your SHAC.** **14**

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**Q5** Regarding the composition of your SHAC, please indicate if you have members that represent each of the coordinated school health components of the Whole School, Whole Community, Whole Child (WSCC) model listed below. (select all that apply)

**Community Involvement Representative,**  
**Health Education Representative,**  
**Health Services Representative,**  
**Counseling, Psychological, & Social Services Representative,**  
**Nutrition Environment & Services Representative,**  
**Family Engagement Representative,**  
**Physical Education & Physical Activity Representative**

**Q6** How often did your SHAC meet in the past year?

Other, please specify:  
3 times

**Q7** Does your SHAC provide reports to any of the following? (select all that apply)

**Local Board of Education,**  
**Superintendent,**  
**Local Board of Health**

**Q8** Policy is defined as a definite course or method of action developed to guide and determine present and future decisions that will produce a specific outcome. Please list below the key Policy successes your SHAC achieved during the 2017-2018 school year.

SHAC did not specifically develop/modify any policies in the 2017-2018 school year. However, our Board of Education have been updating policies over the past several years in which SHAC members have provided input.

**Q9** Program and practice is defined as the way(s) that a plan or system is implemented in order to reach a specific goal. Please list below the key Program and Practice successes your SHAC achieved during the 2017-2018 school year.

\*Increased focus on discrimination, harassment, and bullying through Olweus Bullying Prevention Program K-9.

\*Increased focus on mental health through specific professional development for staff

\*Increased focus on Substance Abuse at all schools in all grade levels

**Q10** Has your SHAC used any of the following assessment tools for your LEA? (select all that apply)

**WellSAT**

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**Q11** Does your SHAC use any of the following to inform their work? (select all that apply)

**Youth Risk Behavior Survey (YRBS)** ,  
**Healthy Active Children Policy Report**

**Q12** From the following areas of focus, please select the top three priorities from your SHAC's work over the course of the past year. Areas of focus include: Alcohol and Other Drugs; Family and Community Involvement; Health Education; Health Services; HIV/STD/Teen Pregnancy Prevention; Injury and Violence Prevention; Mental Health, Counseling, Social Work; Nutrition; Physical Activity; Physical Education; Safe School Environment; Staff Wellness; Tobacco

	Priority #1	Priority #2	Priority #3
Areas of focus:	<b>Safe School Environment</b>	<b>Alcohol and Other Drugs</b>	<b>Mental Health, Counseling, Social Work</b>

**Q13** Does your SHAC use an Action Plan to guide its work?

**No**

**Q14** Please let us know of specific resources and/or additional assistance you need. (select all that apply)

**Needs Assessment,**  
**Web-Based Resources**

**Q15** If your SHAC needs resources/assistance other than those listed in the previous question, please specify those needs here.

**Respondent skipped this question**

**Q16** In order to promote student health and reduce childhood obesity, does your Local Wellness Policy include:

Appropriate, evidence-based goals for nutrition education.	<b>Yes</b>
Appropriate, evidence-based goals for nutrition promotion.	<b>Yes</b>
Appropriate, evidence-based goals for physical activity.	<b>Yes</b>
Appropriate, evidence-based goals for other school-based activities designed to promote student wellness, reduce childhood obesity and address child hunger.	<b>Yes</b>
Nutrition guidelines for all foods and beverages sold on each school campus during the school day that are consistent with Federal regulations for school meal nutrition standards and the Smart Snacks in School nutrition standards.	<b>Yes</b>
Nutrition guidelines for all foods and beverages provided but not sold on the school campus during the school day, such as foods and beverages brought into the classroom for parties and events.	<b>Yes</b>
Policies for food and beverage marketing that restrict marketing and advertising to only those foods and beverages that meet Federal regulations for school meals nutrition standards and Smart Snacks in Schools nutrition standards.	<b>Yes</b>
Involvement of families, students, representatives of the school nutrition program, teachers of Physical Education, school health professionals, the school board, school administrators and the public in the development, implementation and periodic review and update of the Local Wellness Policy.	<b>Yes</b>
Communication to the public about the content and implementation of the Local Wellness Policy.	<b>Yes</b>
A plan for measuring implementation of the Local Wellness Policy, including designation of an LEA official to maintain responsibility for Local Wellness Policy implementation, compliance and reporting to the public.	<b>Yes</b>
Periodic measurement and assessment, available to the public on Local Wellness Policy implementation, including the extent to which schools are in compliance with the Local Wellness Policy, the extent to which the Local Wellness Policy compares to statutory requirements, and a description of the progress made in attaining the goals of the Local Wellness Policy.	<b>Yes</b>

**Q17** Please use the slider tool to estimate the percentage of schools in your LEA that provide staff wellness programs. **40**

**Q18** Please describe the types of staff wellness activities that are offered in your LEA.

Employee Wellness Program  
Staff Weight Loss Programs

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**Q19** Please estimate the percentage of elementary students in your LEA that currently receive 150 minutes per week of Physical Education taught by a licensed Physical Education teacher. **0**

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**Q20** Please describe any challenges/barriers to providing all of your elementary students with 150 minutes of Physical Education per week.

Funding for staffing

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**Q21** Please estimate the percentage of middle school students in your LEA that currently receive 225 minutes per week of Healthful Living taught by licensed Health and Physical Education teachers. **100**

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**Q22** What percentage of the middle school Healthful Living courses in your district are divided into 50% Physical Education and 50% Health Education? **100**

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**Q23** Please describe any challenges/barriers to providing all of your middle school students with 225 minutes of Healthful Living per week.

na

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**Q24** Does your LEA require daily:

Physical Education classes for students in all elementary schools in your district? **No**

Healthful Living classes for students in all middle schools in your district? **Yes**

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**Q25** Within your LEA, are there any teacher(s) that have withheld recess, intramurals, physical education, or other physical activity as a punishment? (This includes missing physical activity to make up work or to do extra work.) **No, there have been no teachers that have withheld any physical activity as punishment.**

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Page 5: Compliance Regarding Withholding Physical Education

**Q26** If one or more teachers in your LEA withheld physical activity (including physical education, recess, intramurals) as punishment, please indicate how you plan to bring such teachers into compliance with the Healthy Active Children Policy. Include barriers and successful strategies for compliance. **Respondent skipped this question**

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Page 6: Physical Activity

**Q27** ALL elementary schools in our LEA currently provide 30 minutes of daily moderate to vigorous physical activity. **Yes**

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**Q28** Which of the following resources are used in your LEA to meet the physical activity requirement at the elementary school level? (select all that apply) **Classroom** ,  
**Energizers**  
**Physical Education,**  
**Recess**

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**Q29** ALL middle schools in our LEA currently provide 30 minutes of daily moderate to vigorous physical activity. **Yes**

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**Q30** Which of the following resources are used in your LEA to meet the physical activity requirement at the middle school level? (select all that apply) **Classroom** ,  
**Energizers**  
**Intramurals,**  
**Physical Education**

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**Q31** Within your LEA, the Healthy Active Children Policy is incorporated into which of the following: (select all that apply) **Local Wellness**  
**Policy**

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Page 7: Nutrition Environment & Services

**Q32** Please indicate whether your LEA provides the following:

Offer a variety of healthful, appealing food and beverage options for students.	<b>Yes</b>
Demonstrate a commitment to utilizing non-food related strategies to recognize and reward students.	<b>No</b>
Offer nutrition education that aligns with national dietary guidelines.	<b>Yes</b>
Offer nutrition education that adheres to state academic standards.	<b>Yes</b>
Offer nutrition education that utilizes integrated instruction.	<b>Yes</b>
Offer nutrition education that is grade-specific.	<b>Yes</b>
Offer nutrition education that is sequential in building skills for students to choose, prepare and consume healthy foods and beverages.	<b>Yes</b>
Offer nutrition education that connects the classroom, cafeteria and community with involvement from teachers, school staff, School Nutrition professionals, families, students and the community.	<b>Yes</b>

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Page 8: Coordinated School Health Programs (CSHP)

<b>Q33</b> Does your LEA have a written community use of facilities policy that allows use of school athletic facilities or other school facilities by community members outside of school hours or when school is in not in session?	<b>Yes, we have a written community use of facilities policy.</b>
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Page 9: Community Use of Facilities Policy Publicity

<b>Q34</b> You indicated that your LEA does have a written community use of facilities policy. Please select all of the methods that are used to publicize the policy.	<b>Website</b>
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Page 10: Technical Assistance

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**Q35** Please check the ways in which your LEA has received technical assistance in implementing Coordinated School Health Programs, the School Health Advisory Councils, and the Local Wellness Policy. (select all that apply)

Phone conversation with DPI staff	<b>Local Wellness Policy</b>
E-mail correspondence with DPI staff	<b>Local Wellness Policy</b>
Local site visit with DPI staff	<b>Local Wellness Policy</b>
Attending professional development events provided by DPI	<b>Coordinated School Health Programs, Local Wellness Policy</b>
Attending professional development events provided by the NC Comprehensive School Health Training Center	<b>Coordinated School Health Programs</b>
Website for NC Healthy Schools (nchealthyschools.org)	<b>School Health Advisory Councils</b>
Website for DPI School Nutrition Services (http://childnutrition.ncpublicschools.gov)	<b>Local Wellness Policy</b>

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### Page 11: Program Challenges and Overall Successes

**Q36** Please share any barriers that your LEA has encountered implementing the Healthy Active Children Policy during the 2017-2018 school year.

na

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**Q37** Please take this time to highlight any other successes regarding the Healthy Active Children Policy in your LEA that were not mentioned before.

na

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### Page 12: Healthy Youth Act

**Q38** Do you have a local policy that reflects the Healthy Youth Act (Reproductive Health and Safety Education)? **Yes**

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### Page 13: Policy Update: Healthy Youth Act

**Q39** You indicated that your LEA has a local policy that reflects the Healthy Youth Act (Reproductive Health and Safety Education), when was the policy last updated? **Date** **01/16/2018**

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### Page 14: School Violence Prevention Act

**Q40** Do you have a local policy that reflects the School Violence Prevention Act (Bullying and Harassment)? **Yes**

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### Page 15: Policy Update: School Violence Prevention Act



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**Q41** You indicated that your LEA has a local policy that reflects the School Violence Prevention Act (Bullying and Harassment), when was the policy last updated?

Date

**06/04/2018**

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