




PRAGUE SCHOOLS/BREAKFAST & LUNCH MENU



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 HAPPY NEW YEAR!!	2	3	
	6 Breakfast: Sausage/ Biscuit, Cereal/Biscuit 1. Corn Dog, green beans, chips, fruit 2. Grilled Chicken Sand- wich, green beans, chips, fruit	7 Breakfast: Yogurt/ Toast, Cereal/Toast 1. Chicken Noodles, peas, biscuit, fruit 2. Baked Potato Bar	8 Breakfast: Pancake Bar, Cereal/Toast 1. Taco Salad/cheese/ lettuce, refried beans, salsa, fruit 2. Ham/Cheese Club	9 Breakfast: Cinn. Toast/ Cereal 1. Chicken Strips, creamy mashed potatoes/gravy, carrots, roll, fruit 2. Baked Potato Bar	10 Breakfast: French Toast Sticks, Cereal/Toast 1. Burrito, pinto beans, salsa, fruit 2. Soup & Salad Bar	
CHOOSE ONE LUNCH OPTION DAILY GRADES 2-12 ***** MENU SUBJECT TO CHANGE	13 Breakfast: Pancake Bar, Cereal/Toast 1. Beef Sticks, mashed potatoes/gravy, corn, roll, fruit 2. Steak Sandwich, corn, pickle spear, fruit	14 Breakfast: Cheese Omelet/Toast, Cereal/ Toast 1. Hamburger/lettuce/ pickles, pork-n-beans, chips, fruit 2. Baked Potato Bar	15 Breakfast: Dutch Waffle, Cereal/Toast 1. Chicken Fajita/cheese./ lettuce, pinto beans, salsa, fruit 2. Turkey/Cheese Club	16 Breakfast: Muffin/ String Cheese, Cereal/ Toast 1. Ravioli, green beans, cheesy breadstick, fruit 2. Baked Potato Bar	17 Breakfast: Biscuit & Gravy, Cereal/Biscuit 1. Pizza, carrots, fruit 2. Soup & Salad Bar	
*FRUIT/JUICE/MILK OFFERED DAILY WITH BREAKFAST..... *FRESH FRUIT/ CANNED FRUIT & MILK OFFERED WITH	20 NO SCHOOL MARTIN LUTHER KING, JR DAY	21 Breakfast: Sausage & Egg Biscuit, Cereal/ Biscuit 1. Hot Dog/cheese, baked beans, fruit 2. Baked Potato Bar	22 Breakfast: French Toast Sticks, Cereal/ Toast 1. Chicken Nachos, pinto beans, salsa, fruit 2. Ham/Cheese Club	23 Breakfast: Cinn. Toast/ Cereal 1. Spaghetti, green beans, salad/ranch, cheesy breadstick, fruit 2. Baked Potato Bar	24 Breakfast: Muffin/ String Cheese, Cereal/ Toast 1. Breaded Chicken Wrap/cheese/lettuce/ ranch, corn, fruit 2. Soup & Salad Bar	
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER	27 Breakfast: Pancake Bar, Cereal/Toast 1. Hamburger/lettuce/ pickles, baked beans, fruit 2. Grilled Chicken Sand- wich/lettuce, baked beans, fruit	28 Breakfast: Pop Tarts, Cereal/Toast 1. Soft Beef Taco/cheese/ lettuce, pinto beans, salsa, fruit 2. Baked Potato Bar	29 Breakfast: Dutch Waffle, Cereal/Toast 1. Chicken, mashed potatoes/gravy, carrots, roll, fruit 2. Turkey/Cheese Club	30 Breakfast: Cinn. Toast/ Cereal 1. BBQ Pulled Pork on Bun/String Cheese, corn, chips, fruit 2. Baked Potato Bar	31 Breakfast: Biscuit & Gravy, Cereal/Biscuit 1. Pizza, green beans, carrot sticks, fruit 2. Soup & Salad Bar	

