

LEVEL 1- CONCERN

Use skills you were taught in the NAMI Connect Training...you may become alarmed when a student...

- Comments about death or wanting to die (writing or in a discussion)
- Expressions of sadness, emptiness, hopelessness, pessimism, helplessness, and worthlessness
- Evidence a student is having a difficult time concentrating or remembering
- Marked changes in usual behavior such as losing interest/pleasure in usual activities, loss of energy or drive, falling asleep in class , restless/irritable, cutting class (out of the ordinary for that student)
- Evidence of excessive energy
- Marked changes in appearance such as weight loss/gain
- Comments from other students about a classmate with these behaviors or feelings
- Evidence of self-mutilation, cuts, bruises
- Withdrawal from friends/activities

DURING SCHOOL HOURS

Tell the student that you are not allowed to keep this a secret and let the student know that you are consulting the school counselor

CONSULT SCHOOL COUNSELOR OR SAP TO DETERMINE WHETHER THIS IS CRITICAL

**LEVEL 2- CRITICAL SITUATION DETERMINED**

1. Do not leave the student alone, escort the student to the counselor's office and wait with the child until he/she is with the counselor
2. If the student refuses to come with you or tries to get away, contact the school office and ask for a member of the crisis team to assist

THE SCHOOL COUNSELOR OR SAP WILL THEN...

1. Call for another counselor, the SAP, or administration to meet with the student
2. Encourage the student to talk about/discuss what is happening
3. If the student is clearly in crisis the counselor will contact the parents and ask them to take the child for an emergency evaluation, let the child know this is happening
4. If the parent is unavailable or refuses to have the child evaluated, contact the police department or 911 for police to transport for an evaluation
5. Complete notes and document what has occurred, notify administration if this hasn't been done

AFTER SCHOOL HOURS- No Counselor, SAP, or Administrator Available

1. Attempt to keep the student talking and attempt to calm him or her. DO NOT LEAVE CHILD ALONE!!
2. Tell the student that you are not allowed to keep this a secret and let the student know that you are contacting their parents
3. Call the parent and inform them, also request that they come and pick up their child
4. If the parents are unavailable and the situation is dire, contact the police department or 911. The police can take the child to the emergency room.
5. Inform the appropriate administration and school counselor as soon as possible
6. Write up notes regarding the incident and what action was taken

**SELF CARE-**

Hearing a student talk about suicide can trigger feelings in you. It is normal to have a variety of feelings. Please talk with the school counselor or someone you trust about your feelings

**NOTIFICATION TO PARENTS IN WRITTEN FORM**

****Whether or not you have been able to speak with parents, they NEED to also be notified in writing and records of this contact need to be kept in the student file. The parent brochure (see attached) needs to be included in this parent correspondence). This should be sent certified mail**