

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Contact Number: \_\_\_\_\_

## **S.H.A.P.E. Assessment**

### Instructions

1. Fill out each section below, and try to be as honest with yourself as possible. The goal of this assessment is to Narrow your God Given "S.H.A.P.E.", down to Your Top 5 Main Focuses/Priorities in Life (With the Top 2 being the 2 Greatest Commands, given by Jesus, to Love God & Love Your Neighbor).
2. Be sure to put your name, date, and a contact number on this form. Our leadership wants to follow up with you so you can be properly placed to grow as God is leading you!
3. Make sure you leave this copy of the SHAPE Assessment with a Small group leader, Sunday School Teacher, a pastor, or the church office.

NOTE: This assessment takes 30-60 minutes, and must be completed in one sitting.

### **1. [S]piriual Gifts**

**Rate how often each statement is reflected in your life  
by writing a number from 1 (rarely) – 5 (often):**

- \_\_\_\_\_ 1. I am willing and able to learn executive skills such as planning, organizing, and delegating.
- \_\_\_\_\_ 2. I enjoy sharing the message of the Gospel as I understand it.
- \_\_\_\_\_ 3. I am accepting of persons deeply troubled or in crisis.
- \_\_\_\_\_ 4. I feel deeply moved when confronted with the urgent financial needs of others.
- \_\_\_\_\_ 5. I hurt for others who are poverty-stricken, physically sick, a stranger, or imprisoned.
- \_\_\_\_\_ 6. I enjoy verbalizing Biblical truths which build, encourage, and comforts groups of believers.
- \_\_\_\_\_ 7. I am ready to commit myself to care for the spiritual welfare of a group of young Christians.
- \_\_\_\_\_ 8. I usually have a readiness to take on helping roles.
- \_\_\_\_\_ 9. I have a strong conviction that Biblical truths should be understood accurately and be applied to current living.
- \_\_\_\_\_ 10. I do well in evaluating results from studies on the effectiveness of a major church program.
- \_\_\_\_\_ 11. I have a desire to relate to non-Christians so I can share my faith.
- \_\_\_\_\_ 12. I am sensitive and sympathetic to persons who seem to be suffering or mentally ill.
- \_\_\_\_\_ 13. I am willing to maintain a lower standard of living if it will benefit God's Word.
- \_\_\_\_\_ 14. I desire to do acts of love and kindness for those who cannot or will not return them.

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- \_\_\_\_\_ 15. I enjoy sharing a hymn/song, lesson or Bible interpretation so that all believers present may learn.
- \_\_\_\_\_ 16. I sense a need to select disciples and equip them to serve one another.
- \_\_\_\_\_ 17. I would rather be a supportive background person than a 'performer.'
- \_\_\_\_\_ 18. I enjoy learning and knowing the meaning of key words in Scripture.
- \_\_\_\_\_ 19. I am able to organize ideas, people, things and time for more effective ministry.
- \_\_\_\_\_ 20. I am at ease in sharing how Christ is my Savior and Lord.
- \_\_\_\_\_ 21. I am willing to be called alongside another person seeking my encouragement, challenge, or advice.
- \_\_\_\_\_ 22. I consider all that I own, or all that I am, as resources for stewardship to God.
- \_\_\_\_\_ 23. I am content to serve the suffering or undeserving.
- \_\_\_\_\_ 24. I prefer congregational preaching which explains and applies Biblical truths.
- \_\_\_\_\_ 25. I enjoy having responsibility for the growth of a group of Christians.
- \_\_\_\_\_ 26. I am satisfied and content with expressing my skills by helping others in charge.
- \_\_\_\_\_ 27. I believe that the teaching-learning process is vital to local church growth.
- \_\_\_\_\_ 28. I am able to lead a committee or group in making decisions together.
- \_\_\_\_\_ 29. I am always looking for ways to communicate my personal relationship with Christ to others.
- \_\_\_\_\_ 30. I have compassion towards those who are broken hearted, addicted or oppressed.
- \_\_\_\_\_ 31. I am concerned that the money I give be used as efficiently as possible for God.
- \_\_\_\_\_ 32. I am cheerful, available and involved in hospital, prison, or similar visitation.
- \_\_\_\_\_ 33. I am not afraid to speak boldly about evil in worldly systems, such as government.
- \_\_\_\_\_ 34. I have a great desire to guard my group of Christian followers from those who name themselves as enemies of Christians.
- \_\_\_\_\_ 35. I am content to perform menial jobs or jobs considered unimportant by other people.
- \_\_\_\_\_ 36. I have a passion for relating Biblical truths to life.
- \_\_\_\_\_ 37. I am able to recruit Christians for the purpose of expressing their gifts and talents for the benefit of the Church.
- \_\_\_\_\_ 38. I enjoy being an instrument of God in 'drawing the net' so that unbelievers receive Christ as Savior.
- \_\_\_\_\_ 39. I am known to verbally encourage the weak, wavering or troubled.
- \_\_\_\_\_ 40. I give cheerfully that God's work be extended and helped.
- \_\_\_\_\_ 41. I work joyfully with persons ignored by the majority.
- \_\_\_\_\_ 42. 'Telling forth' for God by instructing and warning large numbers of His people is my style.
- \_\_\_\_\_ 43. It is important to me to know and be well-known by followers I serve and guide.
- \_\_\_\_\_ 44. I enjoy typing, filing, recording minutes, or similar church-related tasks.
- \_\_\_\_\_ 45. I have the ability to concisely instruct listeners in the precise meaning of words and passages in Scripture.
- \_\_\_\_\_ 46. I am effective in delegating responsibility to others.
- \_\_\_\_\_ 47. I have no problem sharing joyfully what Christ has done for me.
- \_\_\_\_\_ 48. I verbally challenge the spiritually apathetic/uninterested.
- \_\_\_\_\_ 49. I give things freely and with delight because I love God.
- \_\_\_\_\_ 50. I enjoy visiting in hospitals or elderly homes and being an agent of blessing to others.

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- \_\_\_\_\_ 51. I am known to communicate truths of God in a clear compelling fashion to large audiences.
- \_\_\_\_\_ 52. I sacrificially give of myself for young or straying Christians.
- \_\_\_\_\_ 53. Ushering, cleaning, or supporting tasks in a church-related facility suits me well.
- \_\_\_\_\_ 54. I explain the New Testament well to others.
- \_\_\_\_\_ 55. I am able to plan action goals for ministry with others.
- \_\_\_\_\_ 56. Unbelievers understand when I explain what it means that Jesus is the Christ.
- \_\_\_\_\_ 57. I feel comfortable being an instrument for dislodging the complacent/self-satisfied, and redirecting the wayward in face-to-face encounters.
- \_\_\_\_\_ 58. I am able to earn much money for giving to the Lord's work.
- \_\_\_\_\_ 59. I have a great desire to spare other persons from punishment or penalties they justly deserve.
- \_\_\_\_\_ 60. I proclaim God's truth in an inspiring and enthusiastic way.
- \_\_\_\_\_ 61. I am able to feed followers in Christ by guiding them through selected Bible passages.
- \_\_\_\_\_ 62. I am content in being a teacher's aide in a class, or in doing a similar helping task.
- \_\_\_\_\_ 63. When I communicate Biblical truths to others, it affects changes in knowledge, attitudes, values or conduct.
- \_\_\_\_\_ 64. I can win wide acceptance from church members for major changes involving effective procedures.
- \_\_\_\_\_ 65. I would remain spiritually strong in the company of unbelievers and would use every opportunity to win some to Christ.
- \_\_\_\_\_ 66. I am able to counsel effectively the perplexed, guilty or addicted.
- \_\_\_\_\_ 67. I manage money well in order to give liberally to God's work.
- \_\_\_\_\_ 68. I am able to talk cheerfully with prisoners, or lonely shut-ins.
- \_\_\_\_\_ 69. I have been able to reveal God's future events in general terms through Bible teaching.
- \_\_\_\_\_ 70. I am able to restore persons who have wandered away from Christian community.
- \_\_\_\_\_ 71. I can assist key leaders who 'pray and minister the word' (Acts 5) by taking some of their other responsibilities.
- \_\_\_\_\_ 72. I can make difficult Biblical truths understandable to others.

Once submitted, our staff will tally your numbers to gather what your spiritual gifts are. We will connect with you to discuss your scores, outline your top 3 spiritual gifts, and recommended service opportunities.

For now, please continue to the next page.

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## 2. [H]eart (What Your Heart Beats For)

Three things I love to do that bring joy and fulfillment in my life:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Who I love to work with most, and the age or type of people:

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Church issues, ministries, or possible needs that excite or concern me the most:

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### My Heart Beats for (My Passions)

*\*Mark the Top 3 from the list, that Trigger a Passion in You*

- \_\_\_\_\_ 1. Abortion/sanctity of Life
- \_\_\_\_\_ 2. Homelessness
- \_\_\_\_\_ 3. Drug abuse/recovery
- \_\_\_\_\_ 4. Alcoholism
- \_\_\_\_\_ 5. Marriage/family issues
- \_\_\_\_\_ 6. Parenting
- \_\_\_\_\_ 7. Poverty/hunger
- \_\_\_\_\_ 8. Financial stewardship
- \_\_\_\_\_ 9. Compulsive behavior
- \_\_\_\_\_ 10. Abuse/violence
- \_\_\_\_\_ 11. Spiritual laziness
- \_\_\_\_\_ 12. Educational
- \_\_\_\_\_ 13. At-risk children
- \_\_\_\_\_ 14. Policy/politics
- \_\_\_\_\_ 15. Divorce
- \_\_\_\_\_ 16. Health/fitness
- \_\_\_\_\_ 17. Disabilities
- \_\_\_\_\_ 18. Other: \_\_\_\_\_

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### **3. [A]bilities**

My current vocation:

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Other jobs I have experience in:

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Special talents/skills that I have:

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I have taught a class or seminar on:

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I feel my most valuable personal asset is:

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## 4. [P]ersonality

For each row, pick the Trait that best describes your personality by putting a checkmark in the box to the right of it. If it is an even mixture, mark 50/50

Extrovert		Reserved		50/50	
High Risk		Low Risk		50/50	
Peace Maker		Challenger		50/50	
People Driven		Project Driven		50/50	
Follower		Leader		50/50	
Team		Solo		50/50	
Routine		Variety		50/50	

### Gary Smalley Personality Test Instructions:

Instructions: In each of the 12 rows below, put a 4 next to the word that best describes you, then a 3 next to the word that describes you second, then a 2 ... then a 1 for the word that least describes you. Do this across the page for each row of descriptions.

1. Likes Control ____	Enthusiastic ____	Sensitive ____	Reserved ____
2. Firm ____	Energetic ____	Non-Demanding ____	Practical ____
3. Likes Challenge ____	Promoter ____	Enjoys Routine ____	Factual ____
4. Problem Solver ____	Mixes Easily ____	Relational ____	Perfectionistic ____
5. Bold ____	Fun-Loving ____	Thoughtful ____	Detailed ____
6. Goal Driven ____	Optimistic ____	Patient ____	Inquisitive ____
7. Strong Willed ____	Motivator ____	Good Listener ____	Accurate ____
8. Takes Charge ____	Very Verbal ____	Loyal ____	Predictable ____
9. Determined ____	Popular ____	Dislikes Change ____	Orderly ____
10. Competitive ____	Group Oriented ____	Sympathetic ____	Analytical ____
11. Purposeful ____	Inspirational ____	Nurturing ____	Precise ____
12. Action Oriented ____	Likes Change ____	Peace Maker ____	Scheduled ____
Total _____	Total _____	Total _____	Total _____

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## **5. [E]xperiences**

My brief testimony of how I became a Christian:

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Ministry Experience (Where I have served in the past, if applicable, including ChurchName, City/State, Position, Years Involved):

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List 3 Positive experiences from the past that made a big impact on who you are today (Next to coming to Christ):

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List 3 Negative Experiences from your past that have helped to Shape you, but also have given you great compassion for others going through similar circumstances:

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## ***Wrapping It Up***

For a follower of Christ, making God #1 should always be our Top Focus/Priority, then from that we get the Love needed for our #2 Focus/Priority, and that is to Love our Neighbor.

So Based upon your S.H.A.P.E. Assessment above (the way God created you), If you knew you couldn't fail ... and 'lack of money, or time' was not an obstacle ... list your Top 3 Things you would 'Focus/Prioritize' your Life on, 'After' Loving God and Loving Your Neighbor (these would be '3 God-Sized Dreams/Goals' that you could work towards)?

*Example #1: To sing regularly in a Church setting for God.*

*Example #2: To go on a Missionary Trip.*

*Example #3: I would volunteer at a homeless shelter feeding the poor.*

## **My Top 5 Focuses/Priorities in Life**

**#1 Focus/Priority in Life: My Relationship with GOD** (God Should Always be #1)

**#2 Focus/Priority in Life: My Relationship with Others** (with Priority Ranking below)

- Putting Your Spouse First
- Your Kids Second in Priority
- Loving Everyone Else After Your Family

**#3 Focus/Priority in Life**

(If you had no Road Blocks, what God-Sized Dreams/Goals would you have for your life?):

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**#4 Focus/Priority in Life**

(If you had no Road Blocks, what God-Sized Dreams/Goals would you have for your life?):

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**#5 Focus/Priority in Life**

(If you had no Road Blocks, what God-Sized Dreams/Goals would you have for your life?):

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