

**LEWISTOWN COMMUNITY UNIT SCHOOL DISTRICT  
#97**

**RETURN TO SCHOOL PLAN**

**2020-2021 SCHOOL YEAR**

# Lewistown CUSD #97 Return to School Plan for the 2020-2021 School Year

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## Lewistown CUSD #97 Return to School Plan for the 2020-2021 School Year

### **Acronyms**

AAP - American Academy of Pediatrics

CDC – Centers for Disease Control

IDPH – Illinois Department of Public Health

IESA – Illinois Elementary School Association

IEP – Individual Education Plan

IHSA – Illinois High School Association

ISBE – Illinois State Board of Education

PPE – Personal Protective Equipment

RTS – Return to School

SEL – Social Emotional Support

## Lewistown CUSD #97 Return to School Plan for the 2020-2021 School Year

### **Executive Summary**

Lewistown CUSD #97 has developed this Return to School plan for the 2020 – 2021 school year. This past spring, the COVID- 19 pandemic resulted in the immediate early closure of schools across the United States including all of Illinois' Schools. As a result of the closures, schools in Illinois developed remote learning opportunities for students and families. Many of these remote learning opportunities relied on the use of technology for remote video learning and for communication between student and teacher. While Lewistown CUSD #97 Schools' establishment of student remote learning was swift and appropriate, it reinforced that in-person student learning cannot be duplicated with remote meetings or video conferencing. The value of in-person student and teacher interaction is key to student success and learning. The State of Illinois recognizes this fact and allows for students to return to in-person learning during phases 3 & 4 of the Restore Illinois Plan adopted by Governor J.B. Pritzker. This plan further states that Illinois schools must follow approved safety guidance from the Illinois Department of Public Health (IDPH) for re-opening.

During Phase 4, IDPH guidelines will:

1. Require use of appropriate personal protective equipment (PPE), including face coverings;
2. Prohibit more than 50 individuals from gathering in one space; 3. Require social distancing be observed, as much as possible;
4. Require that school conduct symptom screenings and temperature checks or require that individuals self-certify that they are free of symptoms before entering school buildings; and
5. Require an increase in school wide cleaning and disinfection

Lewistown CUSD #97 Superintendent, Jeanne Davis, formed a Return to School (RTS) committee to review available information, discuss options and developed a reopening plan compliant with the phase 4 guidelines for our school district.

This plan is aligned with the current guidance from the federal, state and local health officials. This plan also utilized guidance from the American Academy of Pediatrics (AAP). The AAP strongly advocates that all policy considerations for the coming school year should start with the goal of having students physically present at school. However, it should be realized that in terms of COVID-19 policies, no single action or set of actions will completely eliminate the risk of SARS- CoV-2 transmission. This document is an attempt by Lewistown CUSD #97 to anticipate and plan for all eventualities in the fall of 2020 by outlining some viable options. The contents of this return to school document must be viewed as preliminary, and as such are subject to change when additional formal guidance or mandates are issued by the proper authorities.

### **Key components of the Lewistown CUSD #97 Return to School Plan:**

- The first day for students will be Monday, August 17th.
- During registration, parents/guardians will choose either in-person learning or remote learning for their child(ren).

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### BY SELECTING REMOTE LEARNING, YOU AGREE:

- ✓ To enroll in remote learning for an entire semester. (You will have the opportunity to change to in-person learning at the end of the first semester only).
- ✓ Understand that remote learning is no longer pass/fail, and teachers will be utilizing the traditional or standards-based grading scales.
- ✓ You will monitor your child's performance each day.
- ✓ Understand that students enrolled in remote learning will not be allowed to participate in extra-curricular activities.

### BY SELECTING IN-PERSON LEARNING, YOU AGREE:

- ✓ To self-certify your child each day to ensure they are fever and symptom-free before riding a bus or entering a school building.
- ✓ Agree not to send your child to school if they have a fever or exhibit symptoms of COVID-19.
- ✓ Agree to review and help your child adhere to the guidelines of wearing a mask, social distancing, and hand washing.

- In-person learning will take place five days per week with shortened school days (dismissing at 1:30pm). Students may not arrive/be dropped off at school earlier than 8:00am.
- During arrival and dismissal times, parents/guardians must remain near their vehicles and practice social distancing. • Everyone in school will be required to wear face-coverings when around others.
- Students not following the guidelines cannot attend school. Students with medical notes regarding attendance will be placed on at-home remote learning plans.
- We will perform temperature checks before boarding buses and at school entry doors. All adults will have their temperatures checked, as well.
- We are encouraging parents/guardians to transport their child(ren) to and from school for in-person learning. Parents/Guardians will be asked during registration if school transportation is required or not.
- Social distancing in school will include classroom seating as far apart as possible, no groupings/gatherings of more than 50 individuals at any one time, single direction sides of hallways and possibly staggered class dismissals.
- Additional classroom/building cleaning protocols will be in place.

## Lewistown CUSD #97 Return to School Plan for the 2020-2021 School Year

### **I. WELLNESS**

Lewistown CUSD #97 is committed to the health and safety of our students, staff, and their families. The following plan has been developed with that in mind. While our plan specifies guidelines for our staff, students, and buildings to follow, everyone's health and safety is dependent on each individual. Each staff member must ensure their own health and safety by adhering to these guidelines and reporting any issues or safety concerns to their building principal or supervisor. Each of us will play a role in our collective safety. Every effort must be made to ensure the health and safety of students and staff, including a quarantine and space within each building as feasible.

#### **☐ Health Screenings**

\*Student temperature will be taken before boarding a bus and before entering the school building for drop-off students and walkers. No student with a temperature or symptoms will be allowed to remain in school. The parent or guardian will need to take them back home.

Only students and staff who are healthy should report for in-person learning. Sending students to school is parent certification that the student is fever free and COVID-19 symptom free. Temperature and symptom screenings are required for all students, staff, and visitors prior to entering a school building.

Any individual who tests positive for COVID-19 or who shows any signs or symptoms of illness must stay home. Currently known symptoms of COVID-19 are fever, cough, shortness of breath or difficulty breathing, chills, fatigue, muscle and body aches, headache, sore throat, new loss of taste or smell, congestion or runny nose, nausea, vomiting, or diarrhea. Individuals who have a temperature greater than 100.4 degrees Fahrenheit or have one known symptom may not enter buildings or school vehicles.

Attendance personnel will be required to request specific symptom reporting when absences are reported along with COVID-19 diagnoses and COVID exposure. Information should be documented.

Any student or staff member who begins to exhibit a high fever associated with COVID-19 like symptoms must report to the designated area, following the building procedure. Students will remain in the quarantine area until a parent or guardian picks the student up or alternative transportation home is arranged. Staff will remain in the quarantine area until they are able to leave. These individuals must self-monitor and return to school according to the IDPH guidelines. A doctor's note is required for staff/ students returning to school. The Health Department will be notified of expected exposure.

Staff who has had contact with someone who is positive for COVID-19 must notify their building principal or supervisor immediately. Students who have had contact with someone who is positive for COVID-19 must follow the IDPH guidelines for self-monitoring and self-quarantine.

#### **☐ Preparing for When a Student or Staff Member Becomes Sick**

Any individual who tests positive for COVID-19 or who shows any signs or symptoms of illness must stay home. In accordance with state and federal guidance, school community members who are sick should not return to school until they have met criteria to return. CDC and IDPH guidelines for school community members who are suspected of having COVID-19, whether they were tested or not, state that 72 hours must elapse from resolution of fever without fever reducing medication and 10 days must pass after symptoms first appeared.

Any individual who shows symptoms will be immediately separated from the rest of the school population. Individuals who are sick will be sent home. When interacting with students or staff who may be sick,

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personnel will follow CDC guidelines and precautions. Our schools will have a designated area to quarantine any individuals who are experiencing symptoms and may be awaiting pick up/evaluation.

We will close off areas of the school used by the sick person and will not use these areas until after proper cleaning and disinfection has taken place. Our plan includes cleaning and disinfecting all areas such as offices, bathrooms, common areas, shared electronic equipment, etc. used by the person who is sick.

Individuals who did not have close contact (defined as without a mask, within six feet, for more than fifteen minutes) with the person who is sick can return to work immediately after disinfection. Those who had close contact with someone who tested positive for COVID-19 or is suspected of having it should isolate at home and monitor for symptoms for 14 days.

### **Physical Distancing and Movement**

Lewistown CUSD #97 students and staff are encouraged to maintain physical distancing, when possible, throughout the school day. To effectively accomplish in-person instruction, 6 feet of physical distance is preferred; however, space limitations in classrooms and student enrollment could result in less than 6 feet of physical distance, in some instances. In addition, in the best interest of student learning, there may be times in which school employees find it necessary to temporarily reduce the physical distance between them and students. Face coverings are required at all times in these instances.

### **Face Coverings and PPE (Personal Protective Equipment)**

All individuals in school buildings and in school vehicles must wear face coverings at all times unless they are younger than 2 years of age; have trouble breathing; or are unconscious, incapacitated, or otherwise unable to remove the cover without assistance. Face coverings must be worn at all times in school buildings, as feasible, even when social distancing is maintained. Face coverings do not need to be worn outside if social distance is maintained.

There is significant evidence that face coverings provide protection and decrease the spread of COVID-19. Everyone must ensure that their face covering fully covers the mouth and nose, and that the covering fits snugly against the sides of the face with no gaps. Reusable face coverings should be machine washed or washed by hand and allowed to dry completely after each use.

Teachers/students may use face shields in lieu of masks, with prior approval and in accordance with guidelines. Face shields may be useful in situations where it is important for students to see how a teacher pronounces words (e.g., English Learners, early childhood, foreign language, etc.)

Other protective equipment has been ordered and includes: table shields for close interaction necessary for teaching children K-3, individual desk shields for grades 4-6, and barriers for food service areas and building offices.

### **Hand Hygiene**

Frequent hand washing and hand sanitizing is key to help prevent the spread of COVID-19. Individuals should avoid touching their mouth, eyes, or nose, as much as possible. Lewistown CUSD #97 shall encourage frequent and proper hand washing and shall ensure the availability of supplies, such as soap and paper towels, hand sanitizer, tissue, etc., for all grade levels and in all common areas of the building, as long as items are available, due to supply chain issues. Cloth towels should not be used. Staff members must clean hands as often as possible with soap and water for at least 20 seconds. If soap and water are not available, an alcohol-based hand sanitizer that contains at least 60% alcohol may be used.

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It is recommended that hand hygiene is performed upon arrival to and departure from school; after blowing one's nose, coughing, sneezing; following restroom use; before food preparation or before and after eating; before/after routine care for another person, such as a child; after contact with a person who is sick; upon return from the playground/physical education; and following glove removal. Staff and students must sanitize hands upon entering the classroom each time. Hand sanitizer will be provided by the District.

### **Visitor Policy**

Most visitors will be restricted to main door vestibules near school offices. Visitors inside the schools will be limited to authorized personnel only. Visitors that must enter a building will be required to wear an appropriate and approved face covering and go through wellness screening which includes a temperature check. This will be in addition to the normal sign in procedures. As much as possible, visitors will remain in the main office or other designated area for the duration of the visit. Students or staff will be asked to come to the office to meet the visitor or to conduct business as needed.

### **Traffic Flow, Hallways, and Lockers**

1. The number of persons within hallways will be limited at any given time to the greatest extent possible.
2. We will limit movement between classes. Having staff rotate through classes rather than requiring movement/mixing of student groups will be considered.
3. We will provide hallway supervision to ensure a limited number of persons enter bathrooms at one time.
4. Hallways could have marked one way paths.
5. We plan to place floor markings to delineate 6-foot distance between students in locations where they line up .
6. Furniture or other items may be removed that may encourage congregating in certain areas.
7. We will suspend the use of lockers as much as possible. Book bags will be taken into the classroom.

### **Drinking Fountains**

Reusable water bottles will be promoted. Water fountains will be taped off. No one is to use the water fountains. A jug of water and disposable cups will be available in each school.

## **II. INSTRUCTION**

During Phases 3 and 4 of the Governor's Restore Illinois Plan, school districts can begin in-person learning following guidelines from the IDPH, ISBE and the local Health Department. Lewistown CUSD #97 has developed an instruction plan to allow for a return to in-person learning for our students. However, this plan includes the option for parents to enroll their student in remote learning. Parents will pick their preferred method of instruction via school registration.

The State Superintendent has determined that days of instruction during a public health emergency must include at least 5 clock hours. Remote and Blended Remote Learning Plans must ensure that at least 5 clock hours of a combination of instruction and school work for each student participating in remote or in-person learning. The recommendations include providing as much face to face or synchronous instruction as possible. Districts can be flexible in determining how to best meet the requirement in their own context by counting all learning activities toward the 5 clock hour expectation. Learning activities may include, but

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are not limited to, in-person instruction, the teacher delivering instruction via recorded video or synchronous platform, remote small group work via breakout room or conference call. ISBE strongly recommends grounding the plan in equity by providing each student the additional support and resources they need to address learning loss and make academic gains to meet grade level standards.

A High Priority will be placed on providing in-person instruction for students who have IEPs, 504 plans, and /or who receive English language support. These students are encouraged to attend in-person learning. In addition, we encourage in-person instruction for students under the age of 13 and those who have had greater difficulty learning remotely.

### **In-Person Learning**

BY SELECTING IN-PERSON LEARNING, YOU AGREE:

- ✓ To self-certify your child each day to ensure they are fever and symptom-free before riding a bus or entering a school building.
- ✓ Agree not to send your child to school if they have a fever or exhibit symptoms of COVID-19.
- ✓ Agree to review and help your child adhere to the guidelines of wearing a mask, social distancing, and hand washing.
- In-person learning will take place five days per week with shortened school days (dismissing at 1:30pm). Students may not arrive/be dropped off at school earlier than 8:00am.
- During arrival and dismissal times, parents/guardians must remain near their vehicles and practice social distancing. • Everyone in school will be required to wear face-coverings when around others.
- Students not following the guidelines cannot attend school. Students with medical notes regarding attendance will be placed on at-home remote learning plans.
- We will perform temperature checks before boarding buses and at school entry doors. All adults will have their temperatures checked, as well.
- We are encouraging parents/guardians to transport their child(ren) to and from school for in-person learning. Parents/Guardians will be asked during registration if school transportation is required or not.
- Social distancing in school will include classroom seating as far apart as possible, no groupings/ gatherings of more than 50 individuals at any one time, single direction sides of hallways and possibly staggered class dismissals.
- Additional classroom/building cleaning protocols will be in place.

### **Remote Learning**

BY SELECTING REMOTE LEARNING, YOU AGREE:

- ✓ To enroll in remote learning for an entire semester. (You will have the opportunity to change to in-person learning at the end of the first semester only).

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✓ Understand that remote learning is no longer pass/fail, and teachers will be utilizing the traditional or standards-based grading scales.

✓ You will monitor your child's performance each day.

✓ Understand that students enrolled in remote learning will not be allowed to participate in extra-curricular activities.

### **□ Social and Emotional Learning (SEL)**

Lewistown CUSD #97 is aware that all of our students and families have been impacted in some way by COVID-19, and we are prepared to continue to support our students when they return in the fall. Resources are available to assist your student with mental health needs. This ranges from direct support from our school counselors, social workers, and psychologist, as well as linking your child with community resources if needed. There will be more frequent student check-in occurring in the fall to ensure students aren't missed who may need additional emotional or mental health support. Please remember:

- It's important to understand that we are all in this pandemic together, just as your family has been impacted by COVID-19: your student's classmates, teachers, administrators and all school staff have been impacted as well.

- Communicate your family's needs to the school.

- Let your child's teacher know if you have seen any changes in your child's behavior.

Social and Emotional Learning (SEL) support will be provided for our students and staff. A process to identify students and staff who may be experiencing stress or trauma related to COVID-19 will be developed. We will continue to implement an SEL curriculum with the addition of an intentional focus on student's emotional health, which may have been impacted by COVID-19. Other SEL supports will be developed to add supports to our students as needed.

### **□ Physical Education, Gymnasiums, and Locker Rooms**

Whenever feasible and weather permitting, our schools will select outdoor PE activities that allow physical distancing. If physical education must be taught inside, we will utilize markings on the gymnasium floor/wall/field to maintain distance between participants. Hand shaking, high fives, and other physical contact is prohibited.

We are eliminating the use of locker rooms and are allowing students to participate in activities without changing clothing. Shoe changes can be done prior to arrival in PE.

### **□ Other Programs**

All other programs will be reviewed for feasibility. These programs will be adjusted as needed to apply protection measures while fulfilling any grant or educational requirements.

All extra-curricular activities will follow the most current IDPH/ISBE guidelines and guidelines provided by the IHSA and IESA, if applicable.

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### III. Special Needs Programs and Services

Lewistown CUSD #97 understands the impact that COVID-19 has had on our most vulnerable student population. As a result, the district is developing plans and procedures to address the various unique challenges. Our team will remain in contact with our special needs families and will be ready for the 2020 – 2021 school year.

#### **□ Special Education Services**

Lewistown CUSD #97 is committed to providing free and appropriate educational opportunities for students with disabilities, to the greatest extent possible in alignment with public health guidelines. Collaboration with families has always been an integral part of the special education process and continues to be essential during this time. To address the unique needs of students with disabilities, staff will continue to work with families to collaboratively identify the most essential services for each student that can be provided. Individual Education Plan's (IEPs) will be reviewed for the circumstances of the learning environment that the family selects as well as will be adjusted if the learning environment is forced to change throughout the 2020-21 school year. In addition, each individual student will have an individual remote learning plan which will align with meeting the individual needs of the student.

Students who have a need for an IEP indicating a need for frequent, intense interventions based on an identified disability would be encouraged to enroll in the traditional in-person learning option when available. This option will provide the most intense intervention and services by certified educators and providers

#### **□ Child Find and Evaluation**

Lewistown CUSD #97 will continue to identify, locate, and evaluate students suspected of having a disability and needing special education and related services. At the same time, we will be mindful that students have been displaced from their typical learning environment for an extended amount of time when initiating the referral process. ISBE released guidance that there will be no flexibility with special education timelines, all evaluation timelines will be closely followed as long as there is appropriate access to the student. At this time, Special Education Evaluation Testing will continue to be conducted in person but with additional Personal Protective Equipment and extra safety precautions to adhere to the public health guidelines for the safety of students and staff. If the student is participating in the remote learning option, the team members will work collaboratively with the family to schedule in-person testing while adhering to the IDPH school guidelines.

#### **□ Individualized Education Program (IEP) Meetings**

Lewistown CUSD #97 is committed to providing families an opportunity to have meaningful participation in the special education process. Your students' special education administrator or case manager will be in contact with student's families when making arrangements for IEP meetings. Meetings may be conducted via video conferencing, phone conferencing, or in person. A draft copy of IEP documents will be emailed three days prior to an IEP meeting. Lewistown CUSD #97 will encourage IEP teams to partner with families to determine the most practical format to conduct IEP meetings.

#### **□ Delivery of Special Education and Related Services**

General education/special education educators, related services providers and families will discuss students' individual needs and agree to a prioritized set of services that provide access to curriculum and enable progress toward IEP goals. If your student receives related services (such as speech, social work, OT/PT), those services will continue to be provided but may be decreased due to the shortened schedule,

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or if the remote learning option is chosen as there will be less instructional time within the day to work with the students. Within the in-person learning environment related service sessions will continue to be in person when possible but with additional PPE and extra safety precautions. Related Service sessions delivery may need to be adjusted if taking place within the remote educational setting, services for students with specific health or support needs will be addressed in collaboration consisting of IEP team members including family input on an individual basis.

### **□ Progress Monitoring and Reporting**

IEP teams will have in place consistent data collection and service log procedures for use across all learning environments. Collecting data and tracking the provision of services will assist educators and families in determining the effectiveness of instruction provided, student performance on IEP goals/objectives, and assist IEP teams in making any necessary adjustments to instruction. Reports on the progress the child is making toward meeting the annual goals will continue to be provided. Please note that IEP goals and objectives may need to be adjusted if learning is taking place within the remote educational setting.

### **□ Individual Education Plan (IEPs) or 504 Plan accommodations**

All students attending in-person learning will continue to have access to their individual accommodations in accordance with the IEP. Please note that some accommodations may not be possible to implement or will need to be adjusted in the remote educational setting. The IEP team, including the student's guardian, will work collaboratively if it is determined an accommodation is not appropriate or successful in a particular setting. Needed changes will be documented within the remote learning plan as well as the IEP as deemed necessary.

### **□ Confidentiality and Student Privacy**

For families who select remote learning, special education and related service providers may utilize digital platforms approved by the district for secure access as a way to support the student's individual learning needs.

## **IV. TECHNOLOGY**

### **□ Devices & Web Access**

A device and web access will be required for both in-person and remote learning. For remote learning, parents will need to maintain this device and web access in their homes for student access to lessons, personalized learning, and assignment retrieval. In the event of a COVID-19 related closure, paper packets may be made available as needed. All students in grades K-12 will have access to a device and the district will make every effort to work with families that have limited or no Internet access at home.

## **V. OPERATIONS**

### **□ Food Services**

Breakfast and lunch will still be provided. Each building will design their own unique meal distribution plan in conjunction with the Food Services Team. Food service staff will be using PPE during food preparation

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and serving to ensure student and staff safety. All other guidelines regarding social distancing, hand washing, and use of face masks will be followed in the cafeteria and locations students are eating. All sanitation guidelines will be followed.

### ☐ Transportation

As the COVID-19 pandemic continues, we are encouraging parents/guardians to transport their child(ren) to and from school for in-person learning. Following the CDC guidelines, school buses must be allowed to have no more than 50\* students on board. As a result of these guidelines designed to protect students and staff from the spread of COVID-19, the capacity of our school buses must be reduced.

BY SELECTING DISTRICT TRANSPORTATION, YOU AGREE:

- ✓ To self-certify your child each day to ensure they are fever and symptom-free before riding a bus.
- ✓ Agree not to send your child to school if they have a fever or exhibit symptoms of COVID-19.
- ✓ Agree to review and help your child adhere to the guidelines of wearing a mask, social distancing, and hand washing.
- ✓ Agree to help your child adhere to the guidelines of sitting in an assigned seat with other family members, if applicable. All students will have their temperature taken before they board the bus. If the student is found to have a temperature or is exhibiting symptoms, a call will be made home and the parent must return to the bus stop to retrieve the student.

Schools buses will be disinfected daily at the end of routes and allowed to sit overnight for maximum disinfectant dwell time. All individuals onboard school buses will be required to wear a face covering.

### ☐ Facilities

All custodial/maintenance staff will be trained on the return to school guidelines, where applicable.

These procedures will include extra sanitation efforts using certified EPA products in both low/high contact areas including:

- Desktops
- Door handles
- Countertops
- Handrails
- Light switches
- Drinking fountains (if left on)
- Restroom fixtures

Building custodians and cleaning personnel will conduct daily cleaning and disinfection. An EPA approved cleaner will be used for disinfection along with our standard cleaning protocols. All frequently touched surfaces (e.g. door handles/knobs, desktops/tabletops, countertops, light switches, pencil sharpeners, computer keyboards, hands-on learning items, phones, toys, cubbies/coat and backpack areas, sinks and faucets) will be cleaned on a regular basis.

Restrooms, hallways, cafeterias, and common areas will be cleaned throughout the day.

## Lewistown CUSD #97 Return to School Plan for the 2020-2021 School Year

### APPENDIX I. FOR FAMILIES

#### **What you can do to support the health and wellness of your student, their peers, and school staff:**

- Be informed about the district's plan for reopening and ask questions to clarify procedures.
- Be patient and understanding when plans and procedures need to change to keep students and staff safe.
- Inform the school as soon as a positive COVID test result occurs with any members of your family.
- Follow health care provider or health department directives regarding the need for quarantine or isolation for you or your family.
- Screen your child daily prior to coming to school and report illness concerns immediately.
- Adhere to the district procedures regarding student's exclusion from school and return to class after illness.
- Avoid any after school face-to-face social interactions between your child and their peers unless CDC guidelines are followed.
- Speak with your provider regarding the importance of flu vaccination this season to avoid absences.
- Reinforce/educate your child on proper hand washing, covering your cough or coughing into a Kleenex, when to wear a mask, and how to social distance.
- Provide your school with current contact numbers to assist in open communication between school and home.
- Provide your child with an age appropriate explanation of COVID-19 and ask what questions they may have to ensure they have accurate information and to relieve their fears.
- Practice ways your child can greet/interact with peers that does not involve contact.
- Provide a personal mask and hand sanitizer for your children.
- Begin to practice wearing a mask at home to make your child feel more comfortable.

#### **What you can do to support the mental health and wellness of your child(ren), their peers, and school staff:**

- It's important to understand that we are all in this pandemic together, just as your family has been impacted by COVID: your student's classmates, teachers, administrators and all school staff have been impacted as well.
- Communicate your family's needs to the school.
- Let your child's teacher know if you have seen any changes in your child's behavior.

#### **What you can do to support the learning of your child(ren):**

- Keep in touch with teachers on a regular basis and let them know if your child is experiencing specific challenges, like grief over a family loss or heightened anxiety due to the pandemic.
- Visit our website regularly for updates.
- Talk to your child regularly to make sure he/she understands work expectations.
- Maintain a daily routine around school and schoolwork.
- Do check-ins with your child regarding academics
- As you conduct academic check-ins, make sure you do check-ins about your child's emotional or mental health, as well.
- Reach out to your child's teacher or student services staff with any changes that may impact your child's success. This way, we can develop supports for your child prior to the first day of school.

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### **What you can do to support providing food and nutrition services to your child(ren):**

- If your child is bringing lunch to school, put it in a disposable container such as a paper lunch bag or Ziploc bag.
- Send a water bottle to school so students don't need to use a water fountain.

### **What you can do to support the transportation services for your child(ren):**

- Make sure your child practices social distancing at bus stops.
- Adhere to the district procedures regarding student's exclusion from school and return to class after illness.
- Ensure your child has his/her mask on while at the bus stop.
- If possible, provide transportation to your child to and from school.

### **What you can do to support your child(ren) beyond the school day:**

- Make sure they have a water bottle and a cloth mask when they go to practice each day.
- Remind them to wash their hands frequently when on campus, and also before and after practice.
- Please be patient with our new processes and understand that things can change quickly, and things may change.
- If your child does not feel well, please keep them home and monitor their temperature.
- Please notify your child's coach or school if your child becomes ill after participating in practice or other activities held on the school campus.
- Please practice social distancing when possible. Families should sit 6 feet apart from other families if the public is allowed at games.
- Please wear a face covering to all athletic events (indoor and outdoor, when appropriate), and in restrooms.
- Wash your hands frequently, and use hand sanitizer when available.
- Don't attend our event if you are feeling sick or have been exposed to someone with COVID 19 in the last 14 days.