Portage Area School District – High School Lunch Menu (7-12)

May 2021

Monday	Tuesday	Wednesday	Thursday	Friday
3 Mini Corn Dogs Stuffed Crust Pepperoni Pizza French Fries Side Salad/ Cheese Banana/Craisins Apple Juice	4 Popcorn Chicken/T-Roll Meat Lovers Stromboli Sweet Potato Fries Side Salad/ Sliced Tomato Mixed Fruit/Craisins Orange Juice Chocolate Chip Cookie	5 BBQ Pork Sandwich/Bun Stuffed Crust Pepperoni Pizza Coleslaw Side Salad/ Sliced Cucumbers Chilled Pears/Craisins Blue Raspberry Juice	6 General Tso Chicken Steamed Brown Rice Stuffed Crust Pepperoni Pizza Steamed Broccoli Side Salad/ Sliced Tomato Applesauce/Craisins Grape Juice Raspberry Churro	7 Breaded Mozzarella Sticks Stuffed Crust Pepperoni Pizza Baked Beans Side Salad/ Cheese Mandarin Oranges/Craisins Fruit Punch Juice
10 Ham and Cheese Pretzel Bun Stuffed Crust Pepperoni Pizza Corn Side Salad/Sliced Tomato Apple Slices/Craisins Apple Juice Mini Rice Krispy	11 Taco in a Bag Buffalo Chicken Pizza Pasta Salad Side Salad/ Cheese Mixed Fruit/Craisins Orange Juice	12 Meatball Sub/Bun Stuffed Crust Pepperoni Pizza Sweet Potato Cubes Side Salad/ Sliced Cucumbers Chilled Peaches/Craisins Blue Raspberry Juice Cocoa Cherry Bar	13 Chicken Puff Pastry/T-Roll Stuffed Crust Pepperoni Pizza Mashed Potato Side Salad/ Cheese Applesauce/Craisins Grape Juice	14 No School
17 Chicken Patty/Bun Stuffed Crust Pepperoni Pizza Peas Side Salad/ Cheese Banana/Craisins Apple Juice	18 Hard Shell Tacos/T-Roll Stuffed Crust Pepperoni Pizza Fresh Sliced Red Peppers Side Salad/ Sliced Tomato Mixed Fruit/Craisins Orange Juice Rold Gold Pretzels	19 Chili/Crackers/T-Roll Stuffed Crust Pepperoni Pizza Steamed Broccoli Side Salad/ Sliced Cucumbers Chilled Pears/Craisins Blue Raspberry Juice	20 Spaghetti/Meat Sauce/T-Roll Meat Lovers Stromboli Green Beans Side Salad/ Sliced Tomato Applesauce/Craisins Grape Juice	21 Hot Dog/Bun Stuffed Crust Pepperoni Pizza Baked Beans Side Salad/ Cheese Mandarin Oranges/Craisins Fruit Punch Juice Cheez-its
24 Pierogis/Sausage Stuffed Crust Pepperoni Pizza Roasted Cauliflower Side Salad/Sliced Tomato Apples Slices/Craisins Apple Juice Sugar Cookie	25 Chicken Fajita Stuffed Crust Pepperoni Pizza Pasta Salad Side Salad/ Cheese Mixed Fruit/Craisins Orange Juice	26 Breaded Ravioli/Stuffed Breadstick Buffalo Chicken Pizza Cooked Carrots Side Salad/ Sliced Cucumbers Chilled Peaches/Craisins Blue Raspberry Juice	27 Pop. Shrimp/Mac & Cheese Stuffed Crust Pepperoni Pizza Corn Side Salad/ Cheese Applesauce/Craisins Grape Juice	28 Cheeseburger/Bun Stuffed Crust Pepperoni Pizza Fresh Green Pepper Slices Side Salad/Sliced Tomato Chilled Pineapple/Craisins Fruit Punch Juice Apple Churro
31 No School				

Student lunch meal includes:

- *Entrée (meat/meat alternative with grain component)*
- *Vegetable*
- *Fruit*
- *Choice of milk*

Students must take a fruit or a vegetable with their meal.

All students eat breakfast & lunch at no cost!

Milk Included Daily w/Meal 1% and Nonfat Varieties

Gluten Free Options:

- Gluten free bread
- Unbreaded chicken
- Shredded pork
- Deli ham/turkey
- Gluten free pizza
- Hot Dog

MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO PRODUCT AVALIABILITY

Items on the menu that contain gluten: Popcorn Chicken, Chicken Patty, Breaded Ravioli, Rolls, Buns, Bread, Breadstick, Pasta Dishes, Popcorn Shrimp, Chicken Puff Pastry, Croissants, Pizza, Biscuit, Pork Patty, Corn Dog, Pierogis, Waffles, Soft Taco Shells, Breaded Cheese Sticks, General Tso and Orange Chicken, Mustang Hoagies, Flatbread, Pretzel Rods and Buns.