

Shelby Public Schools

MS & HS -Lunch Menu Sept 2020 to Dec 2020

Date	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b> <b>09/01/2020</b> <b>09/28/2020</b> <b>10/26/2020</b> <b>11/23/2020</b>	Tater Tots, chicken tenders (060391), Green Beans , Apple  Turkey and Cheese on a Croissant  Chef Salad with Ham, WG Roll  Parfait	Walking Taco, Refried Beans, Salsa, Banana  Chicken Salad Wrap  Caesar Salad, WG Rolls  Parfait	Macaroni Pasta Salad, Grilled Cheese Sandwich, Diced Pears  Ham & Cheese Sub  BLT Salad served with a whole grain roll  Parfait	Hamburger Gravy ,Mashed Potato, Cooked carrots, Dinner Roll, Diced Peaches  Italian Croissant /Salami, Mozzarella  Roasted chicken/mandarin salad/Naan Bread  Parfait	Stuffed Crust Pep.Pizza, Corn, Potato Smiles, Fruit Cup  BLT on whole wheat  Taco Salad  Parfait
<b>WEEK 2</b> <b>09/07/2020</b> <b>10/05/2020</b> <b>11/02/2020</b> <b>11/30/2020</b>	Breaded Chicken Sandwich, Chips ,Pickle Spear, Orange Wedges  Turkey and Cheese on a Croissant  Chef Salad with Ham, WG Roll  Parfait	Taco on Flour Tortilla, Cheese, Refried Beans, Corn, Banana  Chicken Salad Wrap  Caesar Salad, WG Rolls  Parfait	Potato Salad, Garlic Cheesy Flatbread (023381, Diced Pears  Ham & Cheese Sub  BLT Salad with WG Roll  Parfait	Sloppy Joes , Chips, Mixed Berry cup, Juice  Italian Croissant Salami, Mozzarella  Roasted chicken/mandarin salad/Naan Bread  Parfait	Chicken Nuggets, Green Beans, Potato Smiles, Roll, Blueberries  BLT on whole wheat  Taco Salad  Parfait

Milk & Fresh Fruit Daily \_ (free to all students & \$4.00 for adults) Menu **subject to change without notice.**

In the operation of the feeding program no child shall be discriminated against because of race, color, national origin, sex, age or disability.

Prices: Milk .55

Adults Breakfast \$2.00

Adults Lunch \$4.00

Contact: Mary Rose Vanas, Food Service Director, Phone 231-259-0357

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<p><b>WEEK 3</b>  <b>09/14/2020</b>  <b>10/12/2020</b>  <b>11/09/2020</b>  <b>12/07/2020</b></p>	<p>Beef Chili/cornbread, Green beans, Diced Peaches</p> <p>Turkey and Cheese on a Croissant</p> <p>Chef Salad with Ham, WG Roll</p> <p>Parfait</p>	<p>Walking Taco, Refried Beans, Tortilla chips/pico degallo Banana</p> <p>Chicken Salad Wrap</p> <p>Caesar Salad, WG Rolls</p> <p>Parfait</p>	<p>Hot Beef(9074028) and Swiss(065507) Sub, Pickle Spear, Carrots, Strawberry cup</p> <p>Ham &amp; Cheese Sub</p> <p>BLT Salad served with a whole grain roll</p> <p>Parfait</p>	<p>Chicken Pot Pie, Mashed potatoes, Dinner roll, Fruit, Cooked carrots</p> <p>Italian Croissant Salami, Mozzarella</p> <p>Roasted chicken/mandarin spinach salad/Naan Bread</p> <p>Parfait</p>	<p>Cheeseburger, Tater Tots, Peas, Applesauce</p> <p>BLT on whole wheat</p> <p>Taco Salad</p> <p>Parfait</p>
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<b>WEEK 4</b> <b>09/21/2020</b> <b>10/19/2020</b> <b>11/16/2020</b> <b>12/14/2020</b>	Salisbury Steak/Mashed Potatoes, Peas, Dinner Roll, Apple	Chicken Fajita, Refried Beans, Broccoli and ranch cups, Banana	Pasta Salad , Hot Dog, Celery with Wow butter, Peaches	Spaghetti with Garlic Bread, Green Beans, Fruit Cup	Chicken Tenders, Smiley Fries, Carrots, Diced pears, Roll
	Turkey and Cheese on a Croissant	Chicken Salad Wrap	Ham & Cheese Sub	Italian Croissant Salami, Mozzarella	BLT on whole wheat
	Chef Salad with Ham, WG Roll	Caesar Salad, WG Rolls	BLT Salad served with a whole grain roll	Roasted chicken/mandarin spinach salad/Naan Bread	Taco Salad
	Parfait	Parfait	Parfait	Parfait	Parfait

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