

NEW MILFORD

PARKS & RECREATION

FALL & WINTER

2020 - 2021

www.NewMilfordRec.com

(860) 355-6050



ABOUT US

Our Mission

The mission of the New Milford Parks and Recreation Department is to provide quality leisure opportunities in a safe and healthy atmosphere and to enhance the quality of life of the community through the responsible management of parks, recreation activities and natural resources. To meet these ends, the Parks and Recreation Department attempts to provide safe and wholesome recreational services of both a passive and active nature. Our goal is to create a balance of activities, special events and programs for any and all segments of the population.

Contact Information

Phone: (860) 355-6050

Fax: (860) 355-6052

Website: www.NewMilfordRec.com

Hours: Monday – Friday, 7:30 AM – 4 PM

Location: John Pettibone Community Center (JPCC) 2 Pickett District Road, New Milford, CT

Our Programs are Accessible to All

The New Milford Parks and Recreation Department is an equal opportunity agency and we do not exclude or discriminate with regard to our services, programs and activities regardless of race, color, religion, sex, national origin, age, or disability. The Recreation Department is committed in both policy and practice to enforce and implement all required provisions of the Americans with Disabilities Act. Efforts shall be made to accommodate the needs of any individual with any disability.

Scholarships are Available

Any New Milford resident may request a scholarship for recreation programs when a need exists. Requests must be made in writing on an official application form. All requests are kept confidential and will be evaluated based on financial and/or personal hardship. Applications are available at the Social Services Department at the John Pettibone Community Center, 2 Pickett District Road, New Milford.

Reserving a Town Park

New Milford residents may, with approval of the Parks and Recreation Director or Parks and Recreation Commission, reserve all parks except for Baldwin Park, Nostrand Trail and Ray Ramsey Park. A Park Reservation Form can be obtained at the Parks & Recreation Department or at www.NewMilfordRec.com.

Reserving the Gymnasium

New Milford residents may, with approval of the Parks and Recreation Director and Mayor's Office, reserve the Gymnasium at the John Pettibone Community Center. A Building Use Form can be obtained at the Parks & Recreation Department.

Open Gym Time

Please check our website for an updated monthly calendar for our open gym times.

Publicity

Program offerings are published in the sports section of the New Milford Spectrum. Special information flyers are distributed through the schools and are available at the Library or Town Hall.

New Milford Gift Fund

As a governmental Department, New Milford Parks and Recreation programs and services are limited monetarily. We do our best to provide high-quality recreation programs and well-maintained parks, trails and open space for the citizens of New Milford while constrained by our budgetary limits. We graciously accept tax-deductible gifts. A gift to the Parks and Recreation Department is a gift to the community and citizens of New Milford. We accept general monetary or material donations or you may wish to donate for a specific project or program. Please call today if you are interested in giving back to your New Milford.

Insurance

The New Milford Parks and Recreation Department does not provide accident insurance coverage for any of our programs or activities. Participants are advised to carry a personal accident insurance policy to protect them in the event of an injury.

Gift Certificates

Recreation programs make great gifts for that special someone. Call or stop by to purchase gift certificates for any of our programs.



REGISTRATION

Registering online is a great way to save time and can be accessed 24 hours a day. To register online, just follow these simple steps:

1. Go to www.NewMilfordRec.com
2. Click on "Account" and select "Create Account". Create an account with your household name. Providing us with emergency contacts, allergy/medical information and more allows us to better serve you. It is recommended that you do not opt out of email notifications as it is our way to notify you of changes and cancellations.
3. Be sure to add all the members of your household into the account.
4. Once your new account is created, you can access your account at any time, view program information, register for programs, view account history and much more.

We accept online, walk-in, phone and mail-in registrations for most programs unless otherwise noted.

There is a 3% non-refundable processing fee for any registration paid by credit/debit card. Fees cannot be accepted at the class site (except for drop-in programs).

Parks and Recreation reserves the right to cancel any program not meeting enrollment requirements. All dates are subject to change. Please contact New Milford Parks and Recreation for updated information.

All fees and league deposits for youth, teen, adult and family programs are non-refundable unless a program is cancelled. If false information is given on a registration form, you will be asked to leave the program with no refund. Programs are open to all New Milford residents. Non-residents may register for most programs at an additional \$20 fee.

Individuals who submit an invalid check for a Parks and Recreation program will be charged an additional \$25.

TOWN PARKS

All Park Hours: One-half hour before sunrise to one-half hour after sunset everyday

Addis Park

Picnic area on the Housatonic River with a boat launch ramp. Directions: Route 67 to 220 Grove Street. A park pass is required.

Andrew Gaylord Barnes Park

Small passive area along the Housatonic River. Directions: Route 7 north to Boardman's Bridge at 292 Kent Road.

Baldwin Park

Walking trail with native flowers and plants. Directions: Route 202 to Hipp Road, the park is on the left behind Schaghticoke School. Park your car and follow the path to the start of the trail.

Canterbury Pond

A small one-acre park used for fishing and ice skating. Directions: Route 202 North on the left side ¼ mile past the New Milford Police Department at Park Lane Road.

Carlson's Grove

A very picturesque park along the East Aspetuck River. A playground, picnic tables, pavilion, grills, fishing, and a field for passive-active recreation is located at this site. Directions: Route 202 to 10 Wheaton Road and the Park is on the right after the bridge.

Chappuis Park

A 1.43-acre open meadow on the banks of the East Aspetuck River. Directions: Route 202 north; make a left onto Van Car Road and a right on to 108 Paper Mill Road. Park is on your right.

Clatter Valley

Approximately 100+ acres of open space for outdoor recreational activities, including horseback riding, cross country skiing, fishing, tobogganing, a hiking trail and a pond. There is a public pavilion with picnic tables available for reserved group use. Directions: Rt. 67, turn right on to Grove Street, left on to Hine Hill Road. At the stop sign take a right to 158 Town Farm Road. Park is on the right.

Emanuel Williamson Park

Park with playground area, basketball courts, and a picnic area. Park opens one half hour before sunrise and closes one half hour after sunset. Directions: Route 7 North to Gaylordsville. Park is on the left at 643 Kent Road and Donna Drive.

Helen Marx Park

Two Little League Baseball fields with an overlapping soccer field located at 91 Housatonic Avenue.

Hulton Meadow

Small (3.69 acres) landscaped area along the East Aspetuck River with benches and picnic tables. Directions: Rte. 202 south to Grove Street, right turn onto Mill Street (small parking area at the bridge).

Lynn Deming Park

Lynn Deming Park opens on Saturday of Memorial Day Weekend and closes on Labor Day. Animals, of any kind, are not permitted in the park. Smoking is not permitted on the beach or playground areas. Alcohol and tobacco products are prohibited in the park. Complete copies of the park rules are available at the park entrance, the Parks and Recreation office or at www.NewMilfordRec.com. Gate attendants are on duty 24/7 from Memorial Day – Labor Day and weekends through September.

Location: 134 Candlewood Lake Road North

Lifeguards are on duty to enforce park rules and regulations. Parents are responsible for the safety of their child. Swimming after lifeguard hours is dangerous!

- Lifeguard hours: Saturday of Memorial Day weekend through Labor Day.
 - o Weekdays (until last day of school) 12 PM – 6 PM, (after last day of school) 11 AM – 6 PM
 - o Weekends 11 AM – 6 PM

Lynn Deming Park *(continued)*

Item	Cost (2020)	Where to Purchase	Requirements	Methods of Payment Accepted
Resident Boat Slip with Sticker	\$1,400.00	Parks & Recreation Office 7:30 AM – 4 PM (M-F)	Proof of residence/tax payer, vehicle registration, boat registration	Cash, Check or Card
Senior Resident Boat Slip with Sticker (65+)	\$1,360.00	Parks & Recreation Office 7:30 AM – 4 PM (M-F)	Proof of residence/tax payer, vehicle registration, boat registration driver's license	Cash, Check or Card
Resident Launch Pass	\$135.00	Lynn Deming Park 8:00 AM - 8:00 PM	Proof of residence	Cash or Check
Resident 1x Launch	\$25.00	Parks & Recreation Office 7:30 AM – 4 PM (M-F)	Proof of residence	Cash, Check or Card
Resident Vehicle Sticker	\$60.00	Lynn Deming Park 8:00 AM - 8:00 PM	Proof of residence	Cash or Check
Senior Vehicle Sticker (65+)	\$20.00	Lynn Deming Park 8:00 AM - 8:00 PM	Proof of residence, driver's license, vehicle registration	Cash or Check
Vehicle Replacement Sticker	\$20.00	Lynn Deming Park 8:00 AM - 8:00 PM	Proof of residence	Cash or Check
Resident Personal Day Pass	\$10.00	Parks & Recreation Office 7:30 AM – 4 PM (M-F)	Proof of residence	Cash, Check or Card
Non-Resident Personal Day Pass	\$25.00	Parks & Recreation Office 7:30 AM – 4 PM (M-F)	Proof of residence	Cash, Check or Card
Kayak Rack Rental	\$60.00	Parks & Recreation Office 7:30 AM – 4 PM (M-F)	Proof of residence	Cash, Check or Card
Kayak, Paddleboard, Pedal Boat Rental	\$10/hour	Lynn Deming Park 8:00 AM - 8:00 PM		Cash or Check
Lynn Deming Rental Fee	\$125.00	Parks & Recreation Office 7:30 AM – 4 PM (M-F)		Cash, Check or Card
Resident Park Reservation Filing Fee (Individual)	\$20.00	Parks & Recreation Office 7:30 AM – 4 PM (M-F)	Proof of residence/tax payer	Cash, Check or Card
Resident Park Reservation Filing Fee (Group)	\$50.00	Parks & Recreation Office 7:30 AM – 4 PM (M-F)	Proof of residence/tax payer	Cash, Check or Card

***Pricing for 2021 may change**

Northville Soccer Fields

Two full-sized soccer fields located immediately behind Northville Elementary School at 22 Hipp Road. There is a walking trail that links the Northville Soccer Fields to Sullivan Farm. Directions: Route 202 North, turn left onto Hipp Road and turn right into the Northville School parking lot.

Nostrand Trail

Wilderness trail through 138 acres of land at 56 Squire Hill Road. Directions: Route 202 north; make a left onto Little Bear Hill Road and a right onto Squire Hill Road. Trail approx. ½ mile on the right at the top of the hill.

Pettibone Park

A park with a new state of the art playground, two softball fields and a multipurpose field.

Directions: Route 7 South; make a left onto 2 Pickett District Road and the park is on your immediate right.

Pickett District Road Ball Fields

Four bambino-sized baseball fields on 10 acres of land at 189 Pickett District Road.

Fields located on the left past Kimberly Clark

Ray Ramsey Park

Small landscaped square with benches and a kiosk listing community events.

The park is located at the junction of Bridge and Railroad Streets, next to the Railroad Station.

Sarah Noble Soccer Fields

A two-acre parcel that contains a soccer field. The field may be accessed from the Sarah Noble Intermediate School or from the Home Depot stairs found on the right-hand side of the parking lot.

The field is located on Route 7 directly behind Home Depot (25 Sunny Valley Road).

Sega Meadows Park

Forty-three acres of undeveloped park land bordering the Housatonic River with a biking path, trails and fishing pond. Directions: Route 7 North, turn right onto Boardman Road, the park is on the left.

Town Green

The New Milford Town Green is located on Main Street and boasts of being the prettiest Green in New England. It consists of a passive open space with a picturesque bandstand. The Green can be used by New Milford non-profit organizations if applied for and approved by the Parks & Recreation Commission or Parks and Recreation Director. Bandstand use is permitted until 9 PM.

Young's Field

An active recreation area which offers a skate park, tennis courts, basketball court, brand-new playground, pavilion, and multi-use athletic fields. A walking trail, fishing dock and kayak portage is located across the street on the Housatonic River. Directions: Bridge Street to 6 Young's Field Road.



EVENTS AND TRIPS

Please check our website for all trips and events!

Trunk or Treat

A fun Halloween event and a safe alternative to trick or treating on dark streets! Volunteers decorate their cars along the town green and children trick or treat by going from car trunk to car trunk rather than going door to door at houses. Only trunks have to register for this event.



If you would like to volunteer to be a "trunk", please complete the Halloween Vehicle Registration Form on our website (www.NewMilfordRec.com) and email to (ParkAndRec@newmilford.org).

- Date: Saturday October 31st
- Time: 5:30 PM – 7:30 PM
- Location: New Milford Town Green
- Cost: Free (Participants are asked to contribute one bag of candy per participant.

Candy can be dropped off at the Parks and Recreation office until 4 PM Friday, October 30th)

- Registration: Online (trunks only)

Winter Coloring Contest

For ages 4-8, choose from our coloring pages posted on our website. Please submit completed coloring sheets to the Parks and Rec department via mail or drop it in our drop box: New Milford Parks and Rec, 2 Pickett District Road, New Milford, CT 06776.



- Date: December 1st – December 11th
- Winners will be announced the week of December 18th
- Cost: Free
- Registration: Online

2020 Santa Calls

New Milford Parks and Rec is looking to bring some magic to the season with our 2020 Santa Calls. Do you know a child that would love to receive a phone call from Santa, Mrs. Claus, or an elf? Please visit our website to access our call form and for additional information.

- Date: December 13th – December 17th
- Cost: Free
- Registration: Online



PRE-SCHOOL ACTIVITIES

Ballet Princesses

Come and dance to the music of fairy tale princesses while learning the fundamentals of basic ballet and ballet terminology. Parents are invited to stay and watch their "princesses" perform! Feel free to dress up in ballet attire and/or your favorite character, or comfy clothes are ok.



- Requirements: Ballet shoes are encouraged. We accept all skill levels.
- Coordinator: Lindsey Rourke Burk

Activity	Ages	Day	Date	Time	Location	Fees
Ballet Princesses	2 ½ - 3	M	01/04/2021 - 03/22/2021	3:30 PM - 4:00 PM	JPCC Gym	\$95.00 Res, \$115.00 Non-Res
Ballet Princesses	4-6	M	01/04/2021 - 03/22/2021	4:00 PM - 4:45 PM	JPCC Gym	\$95.00 Res, \$115.00 Non-Res

Crafty Art

Children will explore with paint, oil pastels, clay and other medium to create their own masterpieces. They will complete and take home a different art project each week!



- Requirements: Clothes that you don't mind getting paint on!
- Coordinator: Roberta Baker

Activity	Ages	Day	Date	Time	Location	Fees
Crafty Art for Pre-School	3-4	Tu	09/15/2020 - 11/03/2020	10:00 AM - 10:45 PM	JPCC Room #8	\$80.00 Res, \$100.00 Non-Res
Crafty Art for Pre-School	3-4	Tu	01/05/2021 - 03/02/2021	10:00 AM - 10:45 PM	JPCC Room #8	\$80.00 Res, \$100.00 Non-Res

Karate - Ages 3-4 Little Ninjas

This dynamic karate program, conducted by USA Martial Arts instructors, is designed specifically for children 3-4 years of age to learn basic martial arts skills, as well as respect, cooperation, leadership and fitness.



- Requirements: Comfortable clothing, water bottle
- Coordinator: Bob Murphy, David Leeper and Susan Leeper

Activity	Ages	Day	Date	Time	Location	Fees
Little Ninjas-Fall	3-4	Sa	09/12/2020 - 12/05/2020	9:30 AM - 10:00 AM	JPCC Gym	\$65.00 Res, \$85.00 Non-Res
Little Ninjas-Winter	3-4	Sa	01/09/2021 - 03/27/2021	9:30 AM - 10:00 AM	JPCC Gym	\$65.00 Res, \$85.00 Non-Res

Soccer

Learn the fundamentals in this instructional league that plays on Saturday mornings. Soccer takes place at the Sarah Noble Soccer Fields (directly behind Home Depot). Please park to the far right of the parking lot and walk up the stairs to the left. Every child plays in every game, with emphasis on sportsmanship, teamwork and fun. Every child is placed on a team. Want to join in the fun with your child and friends? Parent volunteers are always needed to help run this program!



- Requirements: Shin guards
- Coordinator: Tracie Bramhall

Activity	Ages	Day	Date	Time	Location	Fees
Soccer	4-6	Sa	9/12/2020 - 11/7/2020	9:00 AM - 10:00 AM	Sarah Noble Soccer Fields	\$55.00 Res, \$75.00 Non-Res

For Tikes Only

Tikes will have a great time playing with friends while guardians have some time out! Time will fly as the kids sing, play, slide, draw, glue, paint and listen to stories

- Requirements: A snack, drink, smock, must be toilet trained
- Coordinator: Michele Gasiewski

Activity	Ages	Day	Date	Time	Location	Fees
Fall	3-4	F	10/02/2020 - 10/30/2020	9:30 AM - 11:30 AM	JPCC Room #1	\$75.00 Res, \$95.00 Non-Res
Winter	3-4	F	11/06/2020 - 12/11/2020	9:30 AM - 11:30 AM	JPCC Room #1	\$75.00 Res, \$95.00 Non-Res

Tumblin' Tikes

Children and parents learn to play, sing, create and laugh together while romping to music, exploring our indoor play land, and meeting new friends. This program helps children develop sensory awareness and build motor skills. If needed, siblings are welcome to attend, but for safety reasons, they are not permitted on any of the equipment.

- Requirements: Guardians must be present
- Coordinator: Michele Gasiewski

Activity	Ages	Day	Date	Time	Location	Fees
Tumblin' Tikes-Fall (Tues, Early AM)	1-2	Tu	10/06/2020 - 11/17/2020	9:15 AM - 10:00 AM	JPCC Gym	\$70.00 Res, \$90.00 Non-Res
Tumblin' Tikes-Fall (Tues, Mid AM)	2-3	Tu	10/06/2020 - 11/17/2020	10:15 AM - 11:00 AM	JPCC Gym	\$70.00 Res, \$90.00 Non-Res
Tumblin' Tikes-Fall (Wed, Early AM)	1-2	W	10/07/2020 - 11/18/2020	9:15 AM - 10:00 AM	JPCC Gym	\$70.00 Res, \$90.00 Non-Res
Tumblin' Tikes-Fall (Wed., Mid AM)	2-3	W	10/07/2020 - 11/18/2020	10:15 AM - 11:00 AM	JPCC Gym	\$70.00 Res, \$90.00 Non-Res
Tumblin' Tikes-Winter (Tue, Early AM)	1-2	Tu	01/05/2021 - 02/23/2021	9:15 AM - 10:00 AM	JPCC Gym	\$70.00 Res, \$90.00 Non-Res
Tumblin' Tikes-Winter (Tues, Mid AM)	2-3	Tu	01/05/2021 - 02/23/2021	10:15 AM - 11:00 AM	JPCC Gym	\$70.00 Res, \$90.00 Non-Res
Tumblin' Tikes-Winter (Wed, Early AM)	1-2	W	01/06/2021 - 02/17/2021	9:15 AM - 10:00 AM	JPCC Gym	\$70.00 Res, \$90.00 Non-Res
Tumblin' Tikes-Winter (Wed, Late AM)	2-3	W	01/06/2021 - 02/17/2021	10:15 AM - 11:00 AM	JPCC Gym	\$70.00 Res, \$90.00 Non-Res

YOUTH ACTIVITIES

Archery

Experience the sport of archery in a fun, safe and supervised environment.

Four-week class, safety instructions followed by hands-on shooting.

- Requirements: No prior experience needed, bows and targets are provided. You must bring your own target arrows; an arm guard sleeve is highly recommended. Items can be purchased at Hall's Arrows, Dick's Sporting Goods, Amazon, Newberry Archery and more.



Activity	Ages	Day	Date	Time	Location	Fees
Archery	10 and up	Sa	09/12/2020 - 10/03/2020	10:00 AM - 10:45 AM	Addis Park	\$45.00 Res, \$65.00 Non-Res

Badminton, Ping Pong & Jianzi

Join us for drop in family badminton, ping pong and Jianzi. Pick your activity and just have fun!

- Requirements: All equipment is provided, we accept all skill levels!
- Coordinator: Kamkeung Ho, Mark Pernerewski, Neelima Reddy



Activity	Ages	Day	Date	Time	Location	Fees
Badminton, Ping Pong, Jianzi	6 and up	Sa	09/05/2020 - 02/27/2021	6:00 PM - 9:00 PM	JPCC Gym	\$5.00 Res, \$5.00 Non-Res

Basketball - Wild Hoops

Players will work on skills and drills and apply the skills learned that day by both playing and observing games. Our instructor will create teams based off skill levels and create a fun atmosphere for kids to enjoy the sport of basketball.

- Requirements: Sneakers and comfortable clothing



Activity	Ages	Day	Date	Time	Location	Fees
Wild Hoops Basketball	8-10	Sa	01/09/2021 - 03/06/2021	1:00 PM - 3:00 PM	JPCC Gym	\$65.00 Res, \$85.00 Non-Res

Crafty Art

Children will explore with paint, oil pastels, clay and other mediums to create their own masterpieces. They will complete and take home a different art project each week.

- Requirements: Clothes that you don't mind getting paint on!
- Coordinator: Roberta Baker



Activity	Ages	Day	Date	Time	Location	Fees
Crafty Art for Kids	6-9	Tu	9/15/2020 - 11/3/2020	4:30 PM - 5:30 PM	JPCC Room #8	\$80.00 Res, \$100.00 Non-Res
Crafty Art for Kids	6-9	Tu	1/5/2021 - 3/2/2021	4:30 PM - 5:30 PM	JPCC Room #8	\$80.00 Res, \$100.00 Non-Res

Cricket

During this program, we will go over the fundamentals of cricket (fielding skills, batting skills, and bowling skills). All equipment will be supplied.

- Requirements: Sneakers and comfortable clothing
- Coordinator: Jay Singh



Activity	Ages	Day	Date	Time	Location	Fees
Cricket	7-16	Sa	09/12/2020 - 10/17/2020	9:00 AM - 11:00 AM	Clatter Valley - Main Field	\$70.00 Res, \$90.00 Non-Res

Horseback Riding Lessons

Enjoy an intro to grooming, handling, and caring for the horses, all while learning the basics of English style riding. Participants will be able to learn at their own comfort level as they practice the proper position and learn to steer and control a horse while mounted. There is a waiting room for parents to observe their child riding. If the weather becomes too cold for horse and rider, Quiet Rein reserves the right to cancel lessons.

- Requirements: Helmets supplied by Quiet Rein (or bring your own), riding boots or closed toe boots, and jeans.
- Coordinator: Quiet Rein Farm



Activity	Ages	Day	Date	Time	Location	Fees
Horseback Riding Lessons – Fall	8 and up	Th	10/01/2020 - 11/05/2020	5:15 PM - 6:30 PM	Quiet Reins Horse Farm	\$300.00 Res, \$320.00 Non-Res
Horseback Riding Lessons – Winter	8 and up	Th	01/07/2021 - 02/11/2021	5:15 PM - 6:30 PM	Quiet Reins Horse Farm	\$300.00 Res, \$320.00 Non-Res
Horseback Riding Lessons – Late Winter	8 and up	Th	02/18/2021 - 03/25/2021	5:15 PM - 6:30 PM	Quiet Reins Horse Farm	\$300.00 Res, \$320.00 Non-Res

Irish Dance

Let your child experience the history and culture of Ireland. Open to dancers who are still learning their steps and have not preciously competed in an Oireachtas. We will be working on mastering jig and hornpipe steps. Parents are encouraged to drop off students and can watch during the "open class" on the last week and the class performance. Information about purchasing formal Irish Dancing Gillies (shoes) and Irish Dance Practice Music will be given the first week of class. *Check our website for additional classes!



- Requirements: Sneakers or any type of soft dancing shoe, comfortable clothes, a water bottle, a smile, and listening ears!
- Coordinator: Catherine Fiel, Hali Thorne

Activity	Ages	Day	Date	Time	Location	Fees
Beginner/Intro Irish Dancers	5-16	M	10/26/2020 - 12/4/2020	5:30 PM - 6:30 PM	JPCC Gym	\$120.00 Res, \$120.00 Non-Res
Beginner/Intro Irish Dancers	5-16	M	01/04/2021 - 03/08/2021	5:45 PM - 6:45 PM	JPCC Gym	\$120.00 Res, \$120.00 Non-Res

Ice Skating

Our ice skating program caters to all skill levels! The first 30 minutes is guided instruction while the last

30 minutes is allotted for free skate to apply skills taught that day.

Level 1 - new skater, Level 2 - learning the basics, Level 3 - more basic skills,

Level 4 - movement and figures, Levels 5, 6 & 7 - learning jumps and spins,

Level 8 - advanced

Please note that dates are subject to change due to the Canterbury School Schedule.



- Requirements: Ice skates, a helmet (required for levels 1 and 2 - recommended for other levels), warm clothes (hat, gloves, snow pants)
- Coordinator: Danielle Pilgrim

Activity	Ages	Day	Date	Time	Location	Fees
Ice Skating Lessons- Mini Session	6-17	Sa	12/05/2020 - 12/19/2020	9:45 AM - 10:45 AM	Canterbury Ice Rink	\$120.00 Res, \$140.00 Non-Res
Ice Skating Lessons- Winter Session	6-17	Sa	01/09/2021 - 02/27/2021	9:45 AM - 10:45 AM	Canterbury Ice Rink	\$120.00 Res, \$140.00 Non-Res

Karate - Ages 5-6 Kids Kicks

This dynamic karate program, conducted by USA Martial Arts instructors, is designed specifically for children 5-6 years of age to learn basic martial arts skills, as well as respect, cooperation, leadership and fitness.



- Requirements: Comfortable clothing, water bottle
- Coordinator: Bob Murphy, Susan Leeper and David Leeper

Activity	Ages	Day	Date	Time	Location	Fees
Kids Kicks - Fall	5-6	W	09/16/2020 - 12/16/2020	5:30 PM - 6:15 PM	JPCC Gym	\$65.00 Res, \$85.00 Non-Res
Kids Kicks - Winter	5-6	W	01/06/2021 - 03/17/2021	5:30 PM - 6:15 PM	JPCC Gym	\$65.00 Res, \$85.00 Non-Res

Karate - Ages 7 & up Tang Soo Do

This dynamic karate program, conducted by USA Martial Arts instructors, is designed specifically for ages 7 and up. This popular program was developed to provide each student with increased self-discipline and self-confidence, coordination, strength and a sense of accomplishment.



- Requirements: Comfortable clothing, water bottle
- Coordinator: Bob Murphy, Susan Leeper and David Leeper

Activity	Ages	Day	Date	Time	Location	Fees
Karate -Fall	7 and up	Sa	09/12/2020 - 12/05/2020	10:00 AM - 11:00 AM	JPCC Gym	\$75.00 Res, \$95.00 Non-Res
Karate -Fall	7 and up	W	09/16/2020 - 12/16/2020	6:45 PM - 7:45 PM	JPCC Gym	\$75.00 Res, \$95.00 Non-Res
Karate - Winter	7 and up	W	01/9/2021 - 03/27/2021	10:00 AM - 11:00 AM	JPCC Gym	\$75.00 Res, \$95.00 Non-Res
Karate - Winter	7 and up	Th	01/6/2021 - 03/17/2021	6:15 PM - 7:15 PM	JPCC Gym	\$75.00 Res, \$320.00 Non-Res

Music - Virtual Lessons and In Person

Private music lessons for all ages include one on one instruction from our music teachers!

Each session is four weeks long and meets once a week. Virtual classes will be held via google classroom. In person lessons will be offered at the John Pettibone Community Center, Program Room #4.

We offer half hour sessions or one hour sessions. Times and days are flexible, email LMurphy@newmilford.org or schedule your lessons today.

- Requirements: Bring your own instrument (except drum set)
- 30 Minute Lesson Cost: \$80 (Residents), \$100 (Non-Residents)
- 1 Hour Lesson Cost: \$150 (Residents), \$170 (Non-Residents)



Music - School of Rock

Our School of Rock program for advancing beginner ages 8 – 17 musicians. Each week we will have one group rehearsal where students learn rock songs as well as work on team building. To ensure beginners success, we have simplified songs so that students are able to hone in on their instrument. Final class will be a live performance!

- Requirements: Must bring your own instrument (excluding drum set)



Activity	Ages	Day	Date	Time	Location	Fees
School of Rock	8-10	Sa	09/19/2020 - 11/14/2020	10:00 AM - 11:00 AM	JPCC Room #4A	\$250.00 Res, \$270.00
School of Rock	11-13	Sa	09/19/2020 - 11/14/2020	11:30 AM - 12:30 AM	JPCC Room #4A	\$250.00 Res, \$270.00
School of Rock	14-17	Sa	09/19/2020 - 11/14/2020	1:00 PM - 2:00 PM	JPCC Room #4A	\$250.00 Res, \$270.00

Running - Girls in the Groove

Whether you are into sports or not, we think you have potential to be a great runner! This non-competitive program is geared to equip you with self-confidence and encourage healthy living. The capstone event will be one of the local road races. Cost does not include race entry fee.



- Requirements: Sneakers, comfortable attire, and a water bottle

Activity	Ages	Day	Date	Time	Location	Fees
Girls in the Groove	8-10	Tu	9/15/2020 – 11/17/2020	3:15 PM - 4:45 PM	Sarah Noble Intermediate School Teacher's Lounge	\$140.00 Res, \$160.00 Non-Res

Soccer

Learn the fundamentals in this instructional league that plays on Saturday mornings. Soccer takes place at the Sarah Noble soccer fields (directly behind Home Depot). Please park to the far right of the parking lot and walk up the stairs to the left. Every child plays in every game, with emphasis on sportsmanship, teamwork and fun. Every child is placed on a team. Want to join in the fun with your child and friends? Parent volunteers are always needed to help run this program!



- Requirements: Shin guards
- Coordinator: Tracie Bramhall

Activity	Ages	Day	Date	Time	Location	Fees
Soccer	4-6	Sa	09/12/2020 - 11/07/2020	9:00 AM – 10:00 AM	Sarah Noble Fields	\$55.00 Res, \$75.00 Non-Res
Soccer	7-9	Sa	09/12/2020 - 11/07/2020	10:15 AM - 11:15 AM	Sarah Noble Fields	\$55.00 Res, \$75.00 Non-Res
Soccer	10-13	Sa	09/12/2020 - 11/07/2020	11:30 AM - 1:00 PM	Sarah Noble Fields	\$55.00 Res, \$75.00 Non-Res

Swim Team - Fall Barracudas

The Barracudas are a competitive team and participants are expected to swim in meets. This is NOT an instructional program. The Fall/Winter swim season runs from September 14, 2020 through the first week of March 2021 (contingent on championship dates). Open



Registration is August 1, 2020 through August 31, 2020 and limited to 120 registrations. Once swimmers have been placed into their appropriate practice group, the final payment must be completed by September 7, 2020 to avoid a \$50 late fee. Swimmers will not be allowed in the pool until all fees are paid in full. T-shirts are included in the final registration fee. Practice days may be M-Tu-W-Th-F evenings with competitive meets generally held on Saturdays. All new swimmers will be subject to a tryout prior to the season. Tryouts will be announced, and guardians will be notified of assigned practice groups after the completion of tryouts. Swimmers will be grouped by Beginner (A Group), Intermediate (B Group) and Advanced (C Group) after try-outs. Practice location TBA.

Parents meeting To Be Announced.

Please visit www.newmilfordbarracudas.com for more information.

Please Note: If a pool closure beyond the Barracudas control occurs (i.e. weather, pool repairs, high school

swim meets), the Barracudas will make every effort possible to notify the team in a timely fashion when such closures are announced to us. While we hope that interruptions to practices are kept to a minimum, they still occur during every season. Families are still responsible for payment of program fees. Make up session are held only when possible (and are not guaranteed), based on pool and coach availability.



Requirements:

A \$50 registration fee must be paid during the initial registration. No refunds after September 7, 2020. Team suit fitting date TBA. All swimmers are required to wear the current team suit and cap at meets. Additional required equipment includes: practice suit, fins, caps and goggles. Older swimmers may be required to have hand paddles and practice snorkels. Equipment will be available for purchase/order at the team suit fitting.

Activity	Ages	Grade	Date	Fees
Fall Barracuda Swim Team (Registration Fee)	6 - 17	N/A	09/14/2020 - 03/15/2021	\$50.00 Res, \$50.00 Non-Res
Fall Barracuda Swim Team (Group A)	6 - 16	N/A	09/14/2020 - 03/15/2021	\$405.00 Res, \$425.00 Non-Res
Fall Barracuda Swim Team (Group B)	6 - 16	N/A	09/14/2020 - 03/15/2021	\$435.00 Res, \$455.00 Non-Res
Fall Barracuda Swim Team (Group C)	6 - 16	N/A	09/14/2020 - 03/15/2021	\$450.00 Res, \$470.00 Non-Res
Fall Barracuda Swim Team (Group D-BOYS High School Team)	N/A	9 - 12	09/14/2020 - 03/15/2021	\$350.00 Res, \$370.00 Non-Res
Fall Barracuda Swim Team (Group E-GIRLS High School Team)	N/A	9 - 12	09/14/2020 - 03/15/2021	\$350.00 Res, \$370.00 Non-Res
Fall Barracuda Swim Team (Group USA Swimmers)	6 - 16	N/A	09/14/2020 - 03/15/2021	\$385.00 Res, \$405.00 Non-Res

Tennis

Learn a game you can play for a lifetime. Through the game of tennis, you can maintain fitness, enjoy the outdoors, meet new people, and discover the new you!

Beginner: Introduction to ball control, hitting balls in an appointed direction and basic forehand and backhand strokes.

Low Intermediate: Continued emphasis on ball control, serving, volleying and overheads, and keeping the ball on the court.

Intermediate: Introduces the concept of competition, keeping the balls volleying back and forth on the court, steadiness and repetition. Possible introduction to score keeping, how to win a game, a set, and more.



- Requirements: Bring your own tennis racquet, tennis shoes and a bottle of water
- Coordinator: Rob Gannon

Activity	Ages	Day	Date	Time	Location	Fees
Beginner Ages 8-12	8-12	Sa	09/19/2020 - 10/24/2020	9:00 AM - 10:00 AM	Young's Field Tennis Courts	\$80.00 Res, \$100.00 Non-Res
Beginner/ Low Intermediate	13-17	Sa	09/19/2020 - 10/24/2020	10:00 AM - 11:00 AM	Young's Field Tennis Courts	\$80.00 Res, \$100.00 Non-Res
Intermediate	13-17	Sa	09/19/2020 - 10/24/2020	11:00 AM - 12:00 PM	Young's Field Tennis Courts	\$80.00 Res, \$100.00 Non-Res

Volleyball

We will introduce the game of volleyball through positive coaching. The focus will be to develop skills and learn the game of volleyball with teamwork and sportsmanship.



- Requirements: Comfortable clothing, sneakers, water bottle
- Coordinator: Lisa Stein

Activity	Ages	Day	Date	Time	Location	Fees
Volleyball	9-12	Th	11/12/2020 - 01/21/2021	4:30 PM - 6:00 PM	JPCC Gym	\$80.00 Res, \$100.00 Non-Res
Volleyball	9-12	Th	02/04/2021 - 03/25/2021	4:30 PM - 6:00 PM	JPCC Gym	\$80.00 Res, \$100.00 Non-Res

ADULT ACTIVITIES

Cornhole League

Come join the first indoor cornhole league in New Milford!

*ONLY THE TEAM CAPTAIN SHOULD REGISTER YOUR TEAM *

Each team must have two permanents and a maximum or three substitutes.

- Requirements: Must provide your own bag. Cannot be corn filled.
- Coordinator: Hobson Lopes



Dog Training - Sit and Stay Dog Class

During this program, establish communication, leadership and cooperation as you build a bond of trust, understanding of and mutual respect with your dog. Beginner: Teach your dog to happily respond to the words come, sit, down, stand, stay, heel, off and leave it, by using gentle methods of positive reinforcement. If you are registered for the beginner's course, please leave your dog at home for the first class.



Real Life Situation: Must know skills listed in beginner class. These will be applied to real life situation and aid to develop a companion dog with good manners.

- Requirements: A proof of rabies vaccination is required at the time of registration
- Coordinator: Julie Soucy

Activity	Day	Date	Time	Location	Fees
Fall Dog Class-Beginners	Th	09/17/2020 - 10/22/2020	6:30 PM - 7:30 PM	JPCC Cafeteria	\$95.00 Res, \$115.00 Non-Res
Fall Dog Class-Real Life Situations	Th	09/17/2020 - 10/22/2020	7:30 PM - 8:30 PM	JPCC Cafeteria	\$95.00 Res, \$115.00 Non-Res
Late Fall Dog Class-Beginners	Th	11/05/2020 - 12/17/2020	6:30 PM - 7:30 PM	JPCC Cafeteria	\$95.00 Res, \$115.00 Non-Res
Late Fall Dog Class-Real Life Situations	Th	11/05/2020 - 12/17/2020	7:30 PM - 8:30 PM	JPCC Cafeteria	\$95.00 Res, \$115.00 Non-Res
Winter Dog Class-Real Life Situations	Th	01/07/2021 - 02/11/2021	7:30 PM - 8:30 PM	JPCC Cafeteria	\$95.00 Res, \$115.00 Non-Res
Winter Dog Class-Beginners	Th	01/07/2021 - 02/11/2021	6:30 PM - 7:30 PM	JPCC Cafeteria	\$95.00 Res, \$115.00 Non-Res
Late Winter Dog Class-Beginners	Th	02/25/2021 - 04/01/2021	6:30 PM - 7:30 PM	JPCC Cafeteria	\$95.00 Res, \$115.00 Non-Res
Late Winter Dog Class-Real Life Situations	Th	02/25/2021 - 04/01/2021	7:30 PM - 8:30 PM	JPCC Cafeteria	\$95.00 Res, \$115.00 Non-Res

Badminton, Ping Pong & Jianzi

Join us for drop in family badminton, ping pong and Jianzi.

- Requirements: All equipment is provided, we accept all skill levels!
- Coordinator: Kamkeung Ho, Mark Pernerewski, Neelima Reddy



Activity	Ages	Day	Date	Time	Location	Fees
Badminton, Ping Pong, Jianzi	6 and up	Sa	09/05/2020 - 02/27/2021	6:00 PM - 9:00 PM	JPCC Gym	\$5.00 Res, \$5.00 Non-Res

Fitness - Pilates

Tuesday 7 pm Pop Pilates - POP Pilates is an incredible fusion of ab-chiseling and total body defining moves choreographed to upbeat pop songs. This intense, mat-based workout challenges student to rhythmically flow from one exercise to the next, developing a rock-solid core while leaving no muscle untouched.



Thursday 7 pm Mat Pilates - Pilates is a wonderful total body workout focusing on quality over quantity to lengthen and strengthen your muscles and increase core stability. With an emphasis on breath, core conditioning and body awareness, Pilates is a safe and highly effective way to stretch, strengthen and streamline your body without building bulk or stressing your joints. The perfect complement to cardiovascular exercise, sport, rehab and life, Pilates exercises will leave you looking toned, feeling revitalized and moving with ease. Great for all ability levels, men and women.

- Requirements: A mat, comfortable clothing, water bottle, recommended to purchase a 7 - 9-inch Pilates ball for use in class.
- Coordinator: Jen Estrada

Activity	Ages	Day	Date	Time	Location	Fees
Pop Pilates - Fall	18 - up	Tu	09/22/2020 - 1/24/2020	7:00 PM - 8:00 PM	JPCC Gym	\$40.00 Res, \$60.00 Non-Res
Mat Pilates - Fall	18 - up	Th	09/24/2020 - 12/10/2020	7:00 PM - 8:00 PM	JPCC Gym	\$40.00 Res, \$60.00 Non-Res
Pop Pilates - Winter	18 - up	Tu	12/08/2020 - 02/23/2021	7:00 PM - 8:00 PM	JPCC Gym	\$40.00 Res, \$60.00 Non-Res
Mat Pilates - Winter	18 - up	Th	12/10/2020 - 02/25/2021	7:00 PM - 8:00 PM	JPCC Gym	\$40.00 Res, \$60.00 Non-Res

Fitness - Pound Class

Sweat, sculpt and rock in this cardio jam session inspired by drumming. You won't just listen to music-you'll become the music in this exhilarating full-body workout that combines cardio, conditioning and strength training with yoga and Pilates inspired movements. Designed for all fitness levels, POUND, provides the perfect atmosphere for letting loose, getting energized, toning up and rockin' out!



- Requirements: One or two mats, comfortable clothing, water bottle
- Coordinator: Jen Estrada

Activity	Ages	Day	Date	Time	Location	Fees
Pound Class - Fall	18 and up	Th	09/24/2020 - 12/10/2020	6:00 PM - 7:00 PM	JPCC Gym	\$40.00 Res, \$60.00 Non-Res
Pound Class - Winter	18 and up	Th	01/07/2021 - 03/11/2021	6:00 PM - 7:00 PM	JPCC Gym	\$40.00 Res, \$60.00 Non-Res

Fitness - Yoga

Adult Gentle Yoga - You will be guided through gentle yoga moves that are perfect for all levels. Learn breathing and relaxation techniques to take off the mat and out into the real world. Enjoy some stretching and leave class feeling calm and rejuvenated!



- Requirements: A yoga mat

Activity	Ages	Day	Date	Time	Location	Fees
Gentle Yoga for Adults	18 and up	W	9/16/2020 - 11/04/2020	11:00 AM - 12:00 PM	JPCC Room #2	\$95.00 Res, \$105.00 Non-Res
Gentle Yoga for Adults	18 and up	Sa	9/26/2020 - 11/21/2020	10:00 AM - 11:00 AM	JPCC Room #2	\$95.00 Res, \$105.00 Non-Res

Fitness - Zumba

This is one big cardio party! This class is filled with exciting Latin and International dance moves like Salsa, Merengue, Cumbia, Reggaeton, Samba, Flamenco, Pop and more! Get down and dance while you burn calories.



- Requirements: Comfortable clothing, water bottle
- Coordinator: Jen Estrada

Activity	Ages	Day	Date	Time	Location	Fees
Zumba - Fall	18 and up	Tu	09/22/2020 - 11/24/2020	6:00 PM - 7:00 PM	JPCC Gym	\$40.00 Res, \$60.00 Non-Res
Zumba - Winter	18 and up	Tu	12/08/2020 - 02/23/2021	6:00 PM - 7:00 PM	JPCC Gym	\$40.00 Res, \$60.00 Non-Res

Golf - 9 Hole Golf League

Want to brush up on your golf game or get out for a little rest and relaxation? Look no further! Join our weekly Tuesday night, men and women, 9-hole league. Golfers of all abilities are welcome. Greens and cart fees for 9 holes are included. Golf handicaps are not needed! Candlewood Valley Country Club's head golf professional, Scott Eckelman, PGA, will score the league weekly and you will get points for showing up! Long drive and closest to the pin contests will be held each week. Prizes are given at the end of the session for the top three finishers in the league.



- Requirements: Each golfer will need to bring a set of clubs, however, there are rentals available.
- Coordinator: Scott Eckelman

Activity	Ages	Day	Date	Time	Location	Fees
Tuesday Night 9 Hole League	18 and up	Tu	9/8/2020 - 9/29/2020	3:50 PM - 7:50 PM	Candlewood Valley Country Club	\$135.00 Res, \$155.00 Non-Res

Co-Ed Softball

If you missed summer softball or just don't want the season to end, then our fall league is for you! Please check our website for dates and registration information!

Pickleball

Play the game of pickleball, a fun sport that combines tennis, badminton, and ping-pong! We welcome all levels from beginners to advance. Equipment is available to borrow. To read more about the rules and instructions of pickleball see the link included in the forms section below.



Check our website for upcoming programs

- Requirements: Please wear sneakers and athletic clothing. For Tuesday drop in, you must make your own arrangements for pickleball partners.

VIRTUAL PROGRAMS

Please check our website to view the dates and times for all virtual programs.

Code to the Future

“Learning to Create the Future”

Online Classes that are Fun, Exciting, and Educational!

Do you like Video games?

We can teach you how to make your very own video game!

Open to students ages 7-10 who are interested in learning computer programming in a fun and kid-friendly online environment. Our methods integrate both programming and game design, giving students a fun and well-rounded understanding of how to utilize technology to create. We combine world-class curricula and tools, with an exciting education model that makes learning programming a fun and supportive group experience.



Esports and Play Virtual Camp

It's game time! This unique camp combines a high energy, game-based physical education program with a brand new, one-of-a-kind gaming experience. With our passionate instructors at the core, this program will engage your child in fun activities that develop the fundamental movement skills needed to play a wide variety of sports. As a free add-on, our partners at Nimbus Esports Academy will challenge your child's mind with a skill-based Rocket League program. Participants will work through customized drills, play in teams and compete in friendly competition. This exciting, new program promotes sportsmanship and teamwork in an immersive digital environment, while providing a positive outlet through physical activity. No game purchase necessary.



Lego and Play

This engaging virtual offering covers many fields of engineering while also teaching kids about the problem solving and creative thinking through the Engineering Design Process with Lego! Participants use their own Lego bricks at home to work on fun projects led by knowledgeable staff. Skyhawks instructors will finish each session with engaging, game-based physical education activities designed to build self-confidence, create body awareness and inspire a passion for an active lifestyle. STEM-based fun with Lego mixed with physical fitness make for a unique offering.



STEM and Play

Skyhawks is excited to offer a module-based, virtual class that explores the Science, Technology, Engineering and Math behind the sports of Soccer and Basketball. Our expert instructors will tie each module back into the sport with skill instruction to instill curiosity and a passion for learning in each child. Subject vary by sport, but include ball design, calculating distances and angles, velocity, acceleration and more! Skyhawks puts the Sports in STEM!



Full-Time Parks and Recreation Staff

Daniel Calhoun – Director of Parks and Recreation
Laura Murphy - Director of Programs and Event
Jeanne Radcliff
Dianne Littlefield
Bill Faure
Blaze Tuz
Kevin Swanson
John Moniz
Joe Cole
Patrick Archiere

DCalhoun@newmilford.org
LMurphy@newmilford.org
Administrative Assistant II
Administrative Assistant I
Working Foreman
Maintainer I
Maintainer II
Maintainer II
Maintainer II
Maintainer II

New Milford Parks and Recreation Commission

Alfred Esposito
Thomas Beecher
Lisa Lawson
William Kamp
Tom Saunders
Paul Szymanski
Lisa Gallick

Chair
Vice Chair
Secretary

The Commission meets on the third Monday of each month beginning 7 PM at the John Pettibone Community Center, located at 2 Pickett District Road, New Milford.

Please join us to share your ideas and suggestions.

