

FEBRUARY



Elementary Menu



ANNOUNCEMENTS

Happy Valentine's Day!

Visit your local cafeteria on February 14th for a special Valentine's Day menu!
Heart shaped pepperoni pizza.
Sweetheart salad bar with healthy red fruit and vegetables
Strawberry Milk

Did you know?

The heart does more physical work than any other muscle in the body. Take care of your heart by staying active, filling up on fruits and veggies, and saving salty snacks and sweets for special occasions.



Questions or Comments?

Ana Stradling, Director of Dining Services

Phone: 555-555-5555

SFE This institution is an equal opportunity provider.

Monday

Tuesday

Wednesday

Thursday

Friday



1 Lunch
Tomato & Beef Ravioli
Savory Meatball Sub

Seasoned Corn

Breakfast
Blueberry Smoothie

2 Lunch
Teriyaki Beef & Broccoli Stir Fry w/Rice
Turkey Hot Dog
Vegetable Stir Fry

Breakfast
Whole Grain Sliced Bagel

3 Lunch
Crispy Cheese Pizza
Two Cheese Ham Pizza
Chef Salad
Steamed Broccoli

Breakfast
Oatmeal Breakfast Bar

6 Lunch
BBQ Rib Pork Sandwich
Cheese Quesadilla w/Rice

Charro Pinto Beans

Breakfast
French Toast Sticks

7 Lunch
Beefy Macaroni W/ Roll
Lightly Breaded Fish Filet

California Blend Veggies

Breakfast
Breakfast on a Stick

8 Lunch
Orange Chicken w/ Rice
Crispy Beef Fingers Bowl

Steamed Broccoli

Breakfast
Cinnamon Swirls

9 Lunch
Popcorn Chicken w/Roll
Chicken Corn Dog

Seasoned Green Peas

Breakfast
Mini Blueberry Pancakes

10 Lunch
BBQ Chicken Pizza
Crispy Cheese Pizza
Chicken Caesar Salad
4 Way Mixed Vegetables

Breakfast
Waffle Stix w/ Sausage

13 Lunch
Beef & Bean Burrito
Sonoran Dog

Seasoned Peas & Carrots

Breakfast
Bagels w/Cream Cheese

14 Lunch
Pepperoni Pizza
Baked Cheese Enchiladas

Green & Red Pepper Blend

Breakfast
Pineapple & Yogurt Parfait

15 Lunch
Cheese Crisp
Chicken Alfredo

Smooth Cut Carrots

Breakfast
Scrambled Egg Chorizo

16 Lunch
Chicken & Waffles
Chicken Salad Sandwich

Corn on the Cob

Breakfast
Chocolate Chip Muffin

17 Lunch
Chicken Nuggets W/Roll
Hamburger on W.G. Bun

Seasoned Green Peas

Breakfast
Whole Wheat Honey Bun



21 Lunch
Philly Chicken Cheesesteak
Cheese-Filled Breadstick

Steamed Broccoli

Breakfast
Breakfast Pizza

22 Lunch
Beef Dippers Rice Bowl
Turkey Hot Dog

Sweet Potato Bites

Breakfast
Egg, Sausage, Cheese Muffin

23 Lunch
Creamy Mac & Cheese
Fish Sticks w/ Roll

Seasoned Corn

Breakfast
Blueberry Muffin

24 Lunch
Juicy Hawaiian Pizza
Cheesy Nacho Pizza
BBQ Chicken Salad
4 Way Mixed Vegetables

Breakfast
Banana Chocolate Bar

27 Lunch
Chicken Chilaquiles w/ Rice
Turkey & Cheese Sandwich

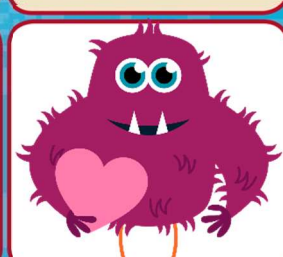
Buttered Green Beans

Breakfast
Oatmeal Raisin Bar

28 Lunch
Chicken Tenders w/Roll
Chicken & Noodles w/Roll

Buttered Crinkle Carrots

Breakfast
Egg & Cheese Biscuit



Menu is subject to change.

Fresh Fruit Selection & Reduced Sugar Cereals Available Daily at Breakfast

Breakfast Meal Price: Paid \$1.50

Lunch Meal Price: Paid \$2.00

Adult Meal Price: \$3.25