Amite County School District

March Breakfast

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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Mar - 2  French Toast Sticks / Syrup  OR  Muffin & Yogurt  OR  Cereal bar & Yogurt  Assorted Chilled Fruit  Assorted Fruit Juices  Assorted Milk | Mar - 3  Croissant, Egg Patty, Bacon, Jelly  OR  Banana Muffin & Yogurt  OR  Cereal Bar & Yogurt  Assorted Fresh Fruit Assorted Fruit Juices  Assorted Milk | Mar - 4  Biscuit & Sausage, Jelly  OR  Banana Bread & Yogurt  OR  Cereal & Yogurt  Assorted Fresh Fruit Assorted Fruit Juices  Assorted Milk | Mar - 5  Grits, Toast, Sausage  OR  Banana Muffin & Yogurt  OR  Cereal & Yogurt  Assorted Fresh Fruit Assorted Fruit Juices  Assorted Milk | Mar - 6  Sausage & Pancake on a Stick / Syrup & Yogurt  OR  Banana Bread & Yogurt  OR  Cereal bar & Yogurt  Assorted Fresh Fruit Assorted Fruit Juices  Assorted Milk |
| Mar - 9  Apple Frudel & Yogurt  OR  Powdered Donuts & Yogurt  OR  Banana Bread & Yogurt  Assorted Chilled Fruit  Assorted Fruit Juices  Assorted Milk | Mar - 10  Croissant, Egg Patty, Bacon, Jelly  OR  Banana Muffin & Yogurt  OR  Cereal Bar & Yogurt  Assorted Fresh Fruit Assorted Fruit Juices  Assorted Milk | Mar - 11  Biscuit & Sausage, Jelly  OR  Banana Bread & Yogurt  OR  Cereal & Yogurt  Assorted Fresh Fruit Assorted Fruit Juices  Assorted Milk | Mar - 12  Grits, Toast, Sausage  OR  Banana Muffin & Yogurt  OR  Cereal & Yogurt  Assorted Fresh Fruit Assorted Fruit Juices  Assorted Milk | Mar - 13  Sausage & Pancake on a Stick / Syrup & Yogurt  OR  Banana Bread & Yogurt  OR  Cereal bar & Yogurt  Assorted Fresh Fruit Assorted Fruit Juices  Assorted Milk |
| Mar – 16  NO SCHOOL  Mar – 17  NO SCHOOL  Mar – 18  NO SCHOOL  Mar – 19  NO SCHOOL  Mar – 20  NO SCHOOL | | | | |
| Mar - 23  French Toast Sticks / Syrup  OR  Muffin & Yogurt  OR  Cereal bar & Yogurt  Assorted Chilled Fruit  Assorted Fruit Juices  Assorted Milk | Mar - 24  Croissant, Egg Patty, Bacon, Jelly  OR  Banana Muffin & Yogurt  OR  Cereal Bar & Yogurt  Assorted Fresh Fruit Assorted Fruit Juices  Assorted Milk | Mar - 25  Biscuit & Sausage, Jelly  OR  Banana Bread & Yogurt  OR  Cereal & Yogurt  Assorted Fresh Fruit Assorted Fruit Juices  Assorted Milk | Mar - 26  Grits, Toast, Sausage  OR  Banana Muffin & Yogurt  OR  Cereal & Yogurt  Assorted Fresh Fruit Assorted Fruit Juices  Assorted Milk | Mar - 27  Sausage & Pancake on a Stick / Syrup & Yogurt  OR  Banana Bread & Yogurt  OR  Cereal bar & Yogurt  Assorted Fresh Fruit Assorted Fruit Juices  Assorted Milk |
| Mar - 30  Apple Frudel & Yogurt  OR  Powdered Donuts & Yogurt  OR  Banana Bread & Yogurt  Assorted Chilled Fruit  Assorted Fruit Juices  Assorted Milk | Mar - 31  Croissant, Egg Patty, Bacon, Jelly  OR  Banana Muffin & Yogurt  OR  Cereal Bar & Yogurt  Assorted Fresh Fruit Assorted Fruit Juices  Assorted Milk |  |  |  |

Every breakfast needs a fruit plus at least two other food items! Grain, Meat, or Milk

\*Milk served daily: fat-free Chocolate and Fat-free Strawberry milk; 1%milk and skim milk.

\*\*Menu subject to change due to unforeseen circumstances.\*\*

\*\*\*This institution is an equal Opportunity Provider and Employer\*\*\*