



OCTOBER 2020



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Special Announcements:

Lunch Menu K-6 Regular Price: \$2.75 7- 12 Regular Price: \$3.00 K-12
Reduced Price: \$0.40 Extra Milk: \$0.50 Extra Juice: \$0.50 Adult Price: \$3.75
Milk and juice are offered with each meal. Menu is subject to change due to deliveries. Salad served Daily.

Pepperoni Hot Pocket
Chips
Corn
Fruit
Milk/Juice 5.

Chicken Fajita
Refried Beans
Spanish Rice
Fruit
Milk/Juice 6.

Shepard Pie
Green beans
Rolls
Fruit
Milk/Juice 7.

Steak fingers
Potato wedges
Broccoli/Carrots
Fruit
Milk/Juice 8.

Grilled Chicken Subs
Chips
Baked Beans
Fruit
Milk/Juice 9.

NO SCHOOL 12.

Quesadilla
Refried beans
Spanish rice
Fruit
Milk/Juice 13.

Chicken Fried Steak
Mashed potato
Green beans/Rolls
Fruit
Milk/Juice 14.

Pizza
Corn
Veggie sticks
Fruit
Milk/Juice 15.

Hot Dogs w/chili
Chips
Broccoli/Carrots
Fruit
Milk/Juice 16.

Fish sticks
French fries
Coleslaw/carrots
Fruit
Milk/Juice 19.

King ranch chicken
Celery/Peanut butter
Rolls
Fruit
Milk/Juice 20.

Salisbury steak
Mashed potato
Green beans/rolls
Fruit
Milk/Juice 21.

Chicken sticks
Tater tots
Baked beans
Fruit
Milk/Juice 22.

Grilled cheese sandwich
Chips
Broccoli/ Carrots
Fruit
Milk/Juice 23.

Chicken pot pie
Celery/Peanut butter
Rolls
Fruit
Milk/Juice 26.

Bean beef burrito
Ranch beans
Spanish rice
Fruit
Milk/Juice 27.

Chicken strips
French fries
Green beans
Fruit
Milk/Juice 28.

Frito pie
Peas
Celery/Peanut butter
Fruit
Milk/Juice 29.

BBQ on buns
Chips
Baked beans/Broccoli
Fruit
Milk/Juice 30.

☐ - National School Lunch Week Oct. 12-16



TEXAS DEPARTMENT OF AGRICULTURE
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CONSTELLATION CHICKEN



A constellation is a group of visible stars that form a pattern or picture in the sky. The pattern they form may take the shape of an animal, a mythological creature, a man, a woman, or an inanimate object. Astronomers recognize 88 different constellations. The smallest constellation is the Southern Cross, Crux, and the largest constellation is the Water Snake, Hydra.

FIND THE DIFFERENCE

One of the chickens is not like the other. Circle the one you think it could be.



DID YOU KNOW?

National School Lunch Week is this month! Look for proteins like chicken in your school cafeteria and try new foods from Texas farms and ranches! Milk, lean meat, fruit, vegetables, and whole grains can all be part of a healthy school lunch – and they're all produced right here in Texas.

Chicken is an excellent source of protein. Protein is important because it builds muscles and helps keep your body strong. Chicken is also low in fat, making it a healthy choice for any meal.



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