Odem - Edroy ISD Middle & **High School Lunch Menu**







Corn Dog

Hot Hoagie



15.

22.

Chicken Fajita Taco / Shredded Cheese Beef Taco / Shredded Cheese Pinto Beans Spanish Rice Romaine & Diced Tomato Fruit or Fresh Fruit

2020

Beef Enchiladas

Burrito / Chili

Pinto Beans

Spanish Rice

Romaine / Spinach Salad



Baked Chicken

Mashed Potato / Gravy

Green Beans & Hot Roll

Fresh Fruit or Fruit

Steak Finger



| Fruit or Fresh Fruit | |
|-----------------------------|--|
| Baby Carrots / Dressing | |
| Baked Curly Fries | |
| Baked Beans | |
| Frito Pie / Shredded Cheese | |
| Chili Dog / Shredded Cheese | |





| Fresh Fruit or Fruit | |
|--------------------------|----|
| | |
| Hamburger | |
| Chicken Patty Burger | |
| Baked Fries | |
| Burger Salad | |
| Celery Sticks / Dressing | 14 |
| Fresh Fruit or Fruit | 10 |

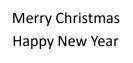
| Hoagie Sandwich | |
|-------------------------|--|
| Corn Dog | |
| Baked Chips | |
| Baby Carrots / Dressing | |
| Cucumber Slices | |
| Fresh Fruit or Fruit | |
| • | |

| Fresh Fruit or Fruit | 11. |
|----------------------------|-----|
| Baked Fries & Burger Salad | |
| Baked Beans | |
| Chicken Patty Burger | |
| Hamburger | |
| | |

NO SCHOOL

| | 01 | |
|---|-----|--|
| 2 | 21. | |
| | | |





23.

18.

25.

28.

29.

30

31.

Special Announcements:

** Menu Subject to Change ** Owl Daily Choices

1. Hot Meal 2. Choice 3. Chef Salad 4.Baked Potato The lunch

24.

Requires students to select a fruit or vegetable as Part of their meal. 1 % White Milk, Fat Free Chocolate Milk

10.







The Milky Way is the galaxy which contains our solar system. The name "milky" comes from the Greek word galaxias and is used to describe our galaxy's appearance as a dim glowing band that arches across the night sky - making individual stars indistinguishable to the naked eye. Inside the Milky Way are at least 100 billion stars. The oldest star in the Galaxy is known as the Methuselah star, and it is at least 13.6 billion years old.

COMPLETE THE PATTERN





DID YOU KNOW?

Spinach is a leaf vegetable, also called potherb, vegetable green, leafy green and salad green. Spinach is an excellent source of beta carotene, a nutrient that helps our immune systems, skin and eyes. Spinach is a very good source of vitamin K for healthy blood and vitamin B6 supporting normal nervous system function and brain development. It is also a very good source of dietary fiber, phosphorus, magnesium, potassium, calcium, manganese, folate, vitamin E, vitamin C and iron. Spinach tastes great in salads, on a sandwich, tossed in an omelet, mixed in a smoothie, and more!





This product was funded by USDA. This institution is an equal opportunity provider.





































