# History of Pandemic - 9/7/20

Mr. Carter - 7th Grade English/Language Arts \* Required

1.	First and Last Name: *	
2.	Date: *	
	Example: January 7, 2019	
3.	Period Number: *	
	Mark only one oval.	
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One	e Minute Do Now: word answers and sentence fragments will not be accepted. Please write your answers in the	iree complete
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4.	Do Now: I have never been more frightened than when *	5 points
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#### **Learning Target:**

After completing this lesson, I will have read about past pandemics and will have the information to put this current pandemic in perspective, while identifying main idea and comparing two paragraphs.

#### **History of Pandemic Lesson:**

Please read through the following descriptions and instructions. Then, complete the readings and answer the activity questions.

#### Introduction:

This isn't the first time leaders have struggled with deciding whether to keep schools open in a pandemic. During the influenza pandemic in 1918, even though the world was a very different place, the discussion was just as heated. That pandemic killed an estimated 50 million people worldwide, including 675,000 Americans, before it was all over, according to the US Centers for Disease Control and Prevention. While the vast majority of cities closed their schools, three opted to keep them open -- New York, Chicago and New Haven, according to historians.

Going further back in history, there have been many pandemics, some, like the Black Plague, resulted in the deaths of over 75 - 200 million people. History can be the best teacher, if we take the time to research and learn from the past. Let's explore a brief history of pandemics, so that we can place our current pandemic in perspective.

#### Instructions:

- 1. Read the article about the 1918 pandemic and try to make connections to today's school situation. <a href="https://www.cnn.com/2020/08/19/us/schools-flu-pandemic-1918-trnd/index.html">https://www.cnn.com/2020/08/19/us/schools-flu-pandemic-1918-trnd/index.html</a>
- 2. Read the second article about past pandemics and compare the stats regarding numbers infected and death tolls.

https://www.mphonline.org/worst-pandemics-in-history/

- 3. Fill out the form/worksheet while reflecting on the articles presented.
- 4. After answering all of the questions and proofreading your answers, submit the form (if participating online) or hold onto your work for a drop off at the school at a later date.

#### Assignment Overview:

Read the articles. One offers background on schools during the 1918 influenza outbreak, while the other briefly describes ten pandemics from history. Together, these articles will help you think critically about our current pandemic. Pull out the most information so that you can answer the questions like an expert.

Reference Articles:

https://www.cnn.com/2020/08/19/us/schools-flu-pandemic-1918-trnd/index.html https://www.mphonline.org/worst-pandemics-in-history/

#### **Activity Questions:**

One word answers and sentence fragments will not be accepted. Please write your answers in complete sentences and do not be afraid to let your voice be heard.

5.	1) What was the main idea of the "Here's What Happened When Students Went to School During the 1918 Pandemic" article? *	2 points
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6.	2) Write down three connections that you made between the 1918 pandemic article and what is happening today. (Please write complete sentences) *	2 points
7.	3) In the "OUTBREAK: 10 OF THE WORST PANDEMICS IN HISTORY" article, which pandemic had the highest amount of deaths? (Please write your answer in a complete sentence) *	2 points
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	Mark only one oval.	
10.	Exit Ticket: In your expert opinion, on a scale from 1 - 10 (with 10 being the worst), how bad is our pandemic compared to pandemics of the past? *	1 point
	e Minute Exit Ticket: ect on today's lesson and answer the question(s) using complete sentences.	
9.	5) Which pandemic from "OUTBREAK: 10 OF THE WORST PANDEMICS IN HISTORY" did you find most interesting? Why? *	2 points
8.	4) Based on information in "OUTBREAK: 10 OF THE WORST PANDEMICS IN HISTORY," which pandemic seems to be most like our current pandemic? *	2 points

11.	Exit Ticket Followup Question: What facts from the articles support your 4 po opinion? *	ints
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# Here's what happened when students went to school during the 1918 pandemic

By Theresa Waldrop, CNN

① Updated 5:40 PM ET, Wed August 19, 2020

**(CNN)** — This isn't the first time leaders have struggled with deciding whether to keep schools open in a pandemic.

During the influenza pandemic in 1918, even though the world was a very different place, the discussion was just as heated.

That pandemic killed an estimated 50 million people worldwide, including 675,000 Americans, before it was all over, according to the US Centers for Disease Control and Prevention.

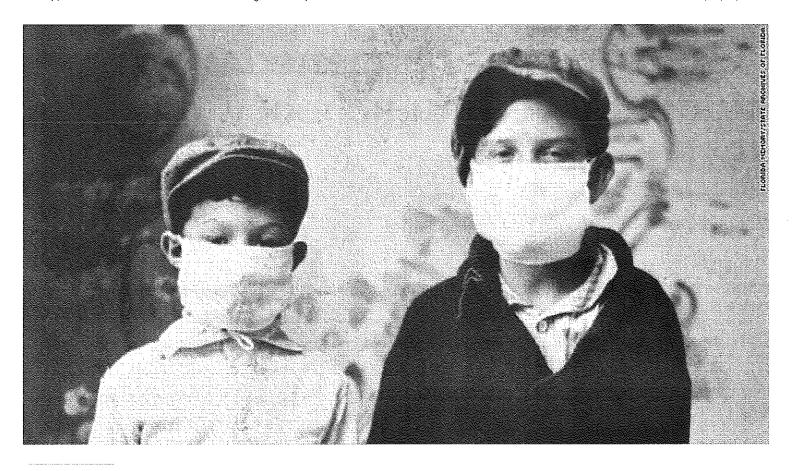
While the vast majority of cities closed their schools, three opted to keep them open -- New York, Chicago and New Haven, according to historians.

The decisions of health officials in those cities was based largely on the hypothesis of public health officials that students were safer and better off at school. It was, after all, the height of the Progressive Era, with its emphasis on hygiene in schools and more nurses for each student than is thinkable now.

New York had almost 1 million school children in 1918 and about 75% of them lived in tenements in crowded

• LIVE TV





Don Hoover and Joe Sistrunk of Starke, Florida, are ready for school during the 1918 flu outbreak.

"For students from the tenement districts, school offered a clean, well-ventilated environment where teachers, nurses, and doctors already practiced — and documented — thorough, routine medical inspections," according to the Public Health Reports article.

The city was one of the hardest and earliest hit by the flu, said Dr. Howard Markel, a medical historian and director of the Center for the History of Medicine at the University of Michigan. He was a co-author of the 2010 Public Health Reports article.

"(Children) leave their often unsanitary homes for large, clean, airy school buildings, where there is always a system of inspection and examination enforced," New York's health commissioner at the time, Dr. Royal S. Copeland, told the New York Times after the pandemic had peaked there.

Students weren't allowed to gather outside school and had to report to their teacher immediately, according to Copeland. Teachers checked students for any signs of the flu, and students who had symptoms were isolated.

If students had a fever, someone from the health department would take them home, and the health official would judge whether the conditions were suitable for "isolation and care," according to Public Health Reports. If not, they were sent to a hospital.

Influenza patients in Lawrence, Massachusetts, in 1918.

"The health department required families of the children recovering at home to either have a family physician or use the services of a public health doctor at no charge," the Public Health Report article said.

The argument in Chicago for leaving schools open for its 500,000 students was the same: keeping schools open would keep the children off the streets and away from infected adults, the reasoning went.

If social distancing was helpful then, it would have been made easier by the fact that absenteeism in schools soared during the pandemic, perhaps because of what one Chicago public health official called "fluphobia" among parents.

"The absentee rate was so great, it really didn't matter" that schools were open, Markel said.

Part of Chicago's strategy was to ensure that fresh air was circulated. School rooms were overheated during the winter so that windows could remain open at all times, according to a 1918 paper by the Chicago Department of Health.

The paper concluded that an analysis of data showed that "the decision of keeping the schools of this city open during the recent influenza epidemic was justified."

A fifth-grade class knitting for a Junior Red Cross project in Plainfield, New Jersey, in 1917 or 1918.

And in New York, then Health Commissioner Copeland told the New York Times: "How much better it has been to have the children under the constant observation of qualified persons than to close the schools."

Markel, who with other researchers pored over data and historical records in looking at the response of 43 cities to the 1918 pandemic, isn't as convinced.

New York "didn't do the worst, but it didn't do the best, either," Markel said, adding Chicago was slightly better.

Research showed that cities who implemented quarantining and isolation, school closures and bans on public gatherings fared the best, he said.

"The cities that did more than one" of these measures "did better. School closures were part of that contribution," Markel said.

Public health experts, including Markel, are quick to point out that Covid-19 is not influenza, which was a well-known disease in 1918. There is still a lot to learn about the novel coronavirus and the disease it causes, Covid-19.

The right decision today, Markel said, is school closure.

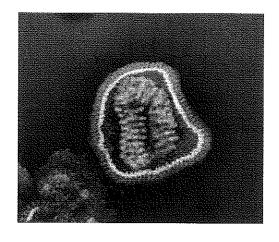




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# OUTBREAK: 10 OF THE WORST PANDEMICS IN HISTORY

BY STAFF



Scientists and medical researchers have for years have differed over the exact definition of a pandemic (is it a pandemic, or an epidemic), but one thing everyone agrees on is that the word describes the widespread occurrence of disease, in excess of what might normally be expected in a geographical region.

Cholera, bubonic plague, smallpox, and influenza are some of the most brutal killers in human history. And outbreaks of these diseases across international borders, are properly defined as pandemic, especially smallpox, which throughout history, has killed between 300-500 million people in its 12,000 year existence.

#### WHAT ABOUT COVID-19 (THE NOVEL CORONAVIRUS)?

Beginning in December 2019, in the region of Wuhan, China, a new ("novel") coronavirus began appearing in human beings. It has been named Covid-19, a shortened form of "coronavirus disease of 2019." This new virus spreads incredibly quickly between people, due to its newness – no one on earth has an immunity to Covid-19, because no one had Covid-19 until 2019. While it was initially seen to be an epidemic in China, the virus spread worldwide within months. The WHO declared Covid-19 a pandemic in March, and by the end of that month, the world saw more than a half-million people infected and nearly 30,000 deaths. The infection rate in the US and other nations was still spiking.

With the coronavirus pandemic, people all over the world have become more aware of the best practices during a pandemic, from careful hand-washing to social distancing. Countries across the world declared mandatory staty-at-home measures, closing schools, businesses, and public places. Dozens of companies and many more independent researchers began working on tests, treatments, and vaccines. The push for the human race to survive the pandemic became the primary concern in the world.

The outcome of the Covid-19 pandemic is impossible to predict, at the time of this writing. But we can learn from pandemics in history to determine our best courses. These are our teachers – the Spanish flu, the AIDS pandemic, and more.

# HIV/AIDS PANDEMIC (AT ITS PEAK, 2005-2012)

Death Toll: 36 million

Cause: HIV/AIDS

First identified in Democratic Republic of the Congo in 1976, HIV/AIDS has truly proven itself as a global pandemic, killing more than 36 million people since 1981. Currently there are between 31 and 35 million people living with HIV, the vast majority of those are in Sub-Saharan Africa, where 5% of the population is infected, roughly 21 million people. As awareness has grown, new treatments have been developed that make HIV far more manageable, and many of those infected go on to lead productive lives. Between 2005 and 2012 the annual global deaths from HIV/AIDS dropped from 2.2 million to 1.6 million.

#### FLU PANDEMIC (1968)

Death Toll: 1 million

Cause: Influenza

A category 2 Flu pandemic sometimes referred to as "the Hong Kong Flu," the 1968 flu pandemic was caused by the H3N2 strain of the Influenza A virus, a genetic offshoot of the H2N2 subtype. From the first reported case on July 13, 1968 in Hong Kong, it took only 17 days before outbreaks of the virus were reported in Singapore and Vietnam, and within three months had spread to The Philippines, India, Australia, Europe, and the United States. While the 1968 pandemic had a comparatively low mortality rate (.5%) it still resulted in the deaths of more than a million people, including 500,000 residents of Hong Kong, approximately 15% of its population at the time.



Check out our guide on the Flu - When Does Flu Season End?

# ASIAN FLU (1956-1958)

Death Toll: 2 million

Cause: Influenza

Asian Flu was a pandemic outbreak of Influenza A of the H2N2 subtype, that originated in China in 1956 and lasted until 1958. In its two-year spree, Asian Flu traveled from the Chinese province of Guizhou to Singapore, Hong Kong, and the United States. Estimates for the death toll of the Asian Flu vary depending on the source, but the World Health Organization places the final tally at approximately 2 million deaths, 69,800 of those in the US alone.

# FLU PANDEMIC (1918)

Death Toll: 20 -50 million

Cause: Influenza

Between 1918 and 1920 a disturbingly deadly outbreak of influenza tore across the globe, infecting over a third of the world's population and ending the lives of 20 – 50 million people. Of the 500 million people infected in the 1918 pandemic, the mortality rate was estimated at 10% to 20%, with up to 25 million deaths in the first 25 weeks alone. What separated the 1918 flu pandemic from other influenza outbreaks was the victims; where influenza had always previously only killed juveniles and the elderly or already weakened patients, it had begun striking down hardy and completely healthy young adults, while leaving children and those with weaker immune systems still alive.

#### SIXTH CHOLERA PANDEMIC (1910-1911)

Death Toll: 800,000+

Cause: Cholera

Like its five previous incarnations, the Sixth Cholera Pandemic originated in India where it killed over 800,000, before spreading to the Middle East, North Africa, Eastern Europe and Russia. The Sixth Cholera Pandemic was also the source of the last American outbreak of Cholera (1910–1911). American health authorities, having learned from the past, quickly sought to isolate the infected, and in the end only 11 deaths occurred in the U.S. By 1923 Cholera cases had been cut

down dramatically, although it was still a constant in India.

#### FLU PANDEMIC (1889-1890)

Death Toll: 1 million

Cause: Influenza

Originally the "Asiatic Flu" or "Russian Flu" as it was called, this strain was thought to be an outbreak of the Influenza A virus subtype H2N2, though recent discoveries have instead found the cause to be the Influenza A virus subtype H3N8. The first cases were observed in May 1889 in three separate and distant locations, Bukhara in Central Asia (Turkestan), Athabasca in northwestern Canada, and Greenland. Rapid population growth of the 19th century, specifically in urban areas, only helped the flu spread, and before long the outbreak had spread across the globe. Though it was the first true epidemic in the era of bacteriology and much was learned from it. In the end, the 1889-1890 Flu Pandemic claimed the lives of over a million individuals.

# THIRD CHOLERA PANDEMIC (1852–1860)

Death Toll: 1 million

Cause: Cholera

Generally considered the most deadly of the seven cholera pandemics, the third major outbreak of Cholera in the 19th century lasted from 1852 to 1860. Like the first and second pandemics, the Third Cholera Pandemic originated in India, spreading from the Ganges River Delta before tearing through Asia, Europe, North America and Africa and ending the lives of over a million people. British physician John Snow, while working in a poor area of London, tracked cases of cholera and eventually succeeded in identifying contaminated water as the means of transmission for the disease. Unfortunately the same year as his discovery (1854) went down as the worst year of the pandemic, in which 23,000 people died in Great Britain.

# THE BLACK DEATH (1346-1353)

Death Toll: 75 – 200 million

Cause: Bubonic Plague

From 1346 to 1353 an outbreak of the Plague ravaged Europe, Africa, and Asia, with an estimated death toll between 75 and 200 million people. Thought to have originated in Asia, the Plague most likely jumped continents via the fleas living on the rats that so frequently lived aboard merchant ships. Ports being major urban centers at the time, were the perfect breeding ground for the rats and fleas, and thus the insidious bacterium flourished, devastating three continents in its wake.

### PLAGUE OF JUSTINIAN (541-542)

Death Toll: 25 million

Cause: Bubonic Plague

Thought to have killed perhaps half the population of Europe, the Plague of Justinian was an outbreak of the bubonic plague that afflicted the Byzantine Empire and Mediterranean port cities, killing up to 25 million people in its year long reign of terror. Generally regarded as the first recorded incident of the Bubonic Plague, the Plague of Justinian left its mark on the world, killing up to a quarter of the population of the Eastern Mediterranean and devastating the city of Constantinople, where at its height it was killing an estimated 5,000 people per day and eventually resulting in the deaths of 40% of the city's population.

### ANTONINE PLAGUE (165 AD)

Death Toll: 5 million Cause: Unknown

Also known as the Plague of Galen, the Antonine Plague was an ancient pandemic that affected Asia Minor, Egypt, Greece, and Italy and is thought to have been either Smallpox or Measles, though the true cause is still unknown. This unknown disease was brought back to Rome by soldiers returning from Mesopotamia around 165AD; unknowingly, they had spread a disease which would end up killing over 5 million people and decimating the Roman army.

#### \*NEW CORONAVIRUS & PUBLIC HEALTH ARTICLES\*