

Fish Patty/Fish Nuggets

Catfish Strips

Grits

Hushpuppies

Baked Beans

Coleslaw

Baked Potato Bar

Steamed Broccoli

Side Salad

Roll

Variety of Toppings

Kickin’ Chicken Sandwich

Lettuce/Tomatoes

Baked Beans

Fries

Steamed Carrots

“Hot Sauce Day”

Vegetable Beef Soup

Hot Ham & Cheese Sandwich

Steamed Broccoli

Granola Bar

Side Salad

“Granola Bar Day”

General T’So Chicken

Fried Rice

Oriental Vegetables

Side Salad

Roll

Sub Sandwich

Lettuce/Tomatoes

Steamed Broccoli

Chips

Cookies

Meat/Alternate Other Vegetables

Grains Starchy Vegetables

Red/Orange Vegetables Legumes

Dark Green Vegetables Fruit

Elementary School: Choice of milk, fruit, PB&J sandwich, and pizza served with all meals

Middle and High School: Choice of milk, fruit, PB&J sandwich, pre-plated salad, and pizza served with all meals

Choice of broccoli florets, carrot sticks, and celery sticks served with all meals

Menu Subject to Change

**JANUARY 2020**

Quitman County Schools

Ham & Cheese Croissant

Lettuce/Tomatoes

Chips

Pasta Salad

California Blend

“Croissant Day”

Oven Fried Chicken

Rice

Green Beans

Side Salad

Roll

Chicken & Dumplings

Steamed Carrots

Side Salad

Steamed Broccoli

Roll

Cheese Sticks w/Marina Sauce

Corn

Side Salad

Chocolate Cake

Yams

“Chocolate Cake Day”

Mattie’s Shepherd Pie

Blackeye Peas

Yam Patties

Side Salad

Cornbread

“Pie Day”

Martin Luther King, Jr

Holiday

Cheeseburger on Bun

Lettuce/Tomatoes

Baked Beans

Fries

Baked Chicken

Rice

Collard Greens

Yams

Cornbread

Rib Patty on Bun

Coleslaw

Yam Patty

Baked Beans

Chips

Chicken Sandwich

Lettuce/Tomatoes

Fries

Baked Beans

BBQ on Bun

Coleslaw

Yams

Green Beans

Side Salad

Chicken Tenders

Mashed Potatoes

Steamed Carrots

Side Salad

Roll

Winter Break

Winter Break

Winter Break

Winter Break

Roasted Wings

Baked Beans

Fries

Side Salad

Roll