



JANUARY

2021

May ISD



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Special Announcements:

Free Breakfast from November 1st 2020 till May 27th 2021 for all students

Adults 2.25 Extra Milk .50, Extra Juice .50

Menu subject to change due to deliveries

Break

1.

Break

4.

Pancakes On Stick

Fruit
Milk
Juice

5.

Morning Rolls

Fruit
Milk
Juice

6.

Breakfast Pizza

Fruit
Milk
Juice

7.

Cream Cheese Bagels

Fruit
Milk
Juice

8.

Pancakes
Sausage
Fruit
Milk
Juice

11.

Biscuit
Sausage/Gravy
Fruit
Milk
Juice

12.

Breakfast Toast
Fruit
Milk
Juice

13.

Yogurt
Toast
Fruit
Milk
Juice

14.

Donuts
Cheese
Fruit
Milk/Juice

15.

NO SCHOOL

18.

Waffles
Sausage
Fruit
Milk
Juice

19.

Breakfast Burrito
Fruit
Milk
Juice

20.

Chicken Biscuit
Fruit
Milk
Juice

21.

Cinnamon Rolls
Sausage/Cheese Stick
Fruit
Milk/Juice

22.

Oatmeal
Toast
Fruit
Milk
Juice

25.

French Toast
Bacon
Fruit
Milk
Juice

26.

Scrambled Eggs
Bacon
Toast
Fruit
Milk/Juice

27.

Morning Rolls
Fruit
Milk
Juice

28.

Muffins
Sausage/Cheese
Fruit
Milk
Juice

29.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA.

This institution is an equal opportunity provider.



Food and Nutrition Division
National School Lunch Program and School Breakfast Program



Updated 01/2020
www.SquareMeals.org

TEXAS STAR CITRUS

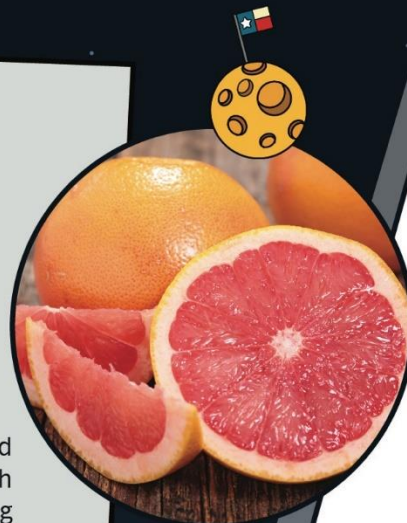
Stars are giant balls of superhot gas. Explosions in their centers create the bright light that we see. Did you know that our sun is a star? The star closest to earth is the sun. It takes about 8 minutes for light to travel from the sun to the Earth, so it is about 8 light minutes away. It takes 4.2 years for light from the next closest star, Proxima Centauri, to travel to Earth. It is 4.2 light years away. When you see the sun, you are seeing what it looked like 8 minutes ago and you see what Proxima Centauri looked like 4.2 years ago.



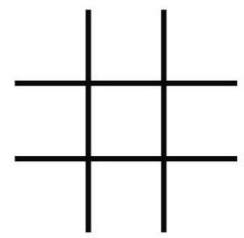
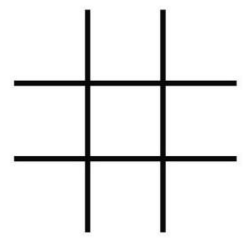
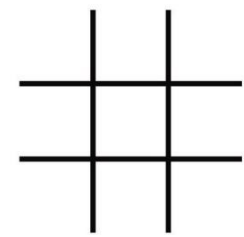
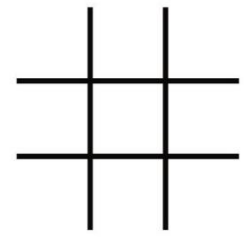
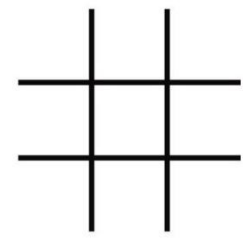
DID YOU KNOW?

Red grapefruit is the state fruit of Texas. In 1929 Texas citrus growers discovered a special grapefruit with a red color inside. Red grapefruit became the Official State Fruit of Texas in 1993.

Many people think the red grapefruits taste sweeter. Grapefruits got their name from growing in bunches like grapes. The Texas red grapefruit is high in vitamins A and C, which means eating a Texas red grapefruit or drinking its juice, is good for the eyes and skin, and strengthens the body's immune system.



TIC-TAC-TOE



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