



SMMS COUNSELORS' CORNER

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Where Did The Time Go?

What time is it? What is the day of the week? We are all experiencing having a lot of time on our hands due to the COVID-19 pandemic. Despite not having our normal routine, we must still use our time wisely. It is important that you complete all assignments on time in all classes, complete reading and math practice, and study. Even outside of school, find time to exercise, watch tv, do chores and spend time with our family. It's "okay" to PUT THE PHONE AND DEVICE DOWN! :) Time is valuable.

Let's make sure to make the best of every opportunity.

Take a look at this fun Flocabulary lesson on Time Management.

You are sure to enjoy!

<https://www.flocabulary.com/unit/time-management/>



Let's Stay In Touch!

Scarborough Website

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MCPSS Coronavirus website:
<https://acp.mcpss.com/>

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MCPSS Televised Counseling Lessons

Each week our school system provides middle school counseling lessons that are televised on Tuesdays at 2:30 p.m. on FOX10 TV - Channel 10.6. You can also view the lesson on MCPSS Facebook Page, Comcast - Channel 15, AT&T U-Verse - On Demand Channel 99, Mediacom-Channel 81 and Roku boxes.

The topic for this week is Study Skills.

Everyone is encouraged to tune in !