

**FREE 2nd Annual Mental Health Summit**

# WORK2BEWELL

**Let's Talk.** Bring a team and join us to discuss mental health, resources and supports.

In 2018, OASC started a journey based on a need from our schools and students. The need was to help delete the stigma associated with mental health, to find resources to help those who have mental health issues and to help schools pre/postvention suicide incidents. The bonus has been how these programs help overall climate/culture in our schools. We have created resources, found support (Thanks Providence), passed HB 2191 and are excited to keep the conversation going while adding action!

## Keynote Speaker



### About Kim Karr, #ICANHELP

Kim Karr spent 13 years as a middle school teacher prior to dedicating her talents to #ICANHELP on a full-time basis. Since that time, #ICANHELP has spoken to more than 450,000 students in the United States and Canada. #ICANHELP just teamed up with The Well Being Trust Foundation to work

on Mental Health & Digital Wellness. Aaron Judge, New York Yankees, Twitter, Google, Facebook, Supercell and more influencers and tech industries are also partnered with #ICANHELP. Kim has inspired thousands of people to join the #ICANHELP movement to choose a more positive life both on and offline and use #Digital4Good. Her enthusiasm for life is irresistible and infectious for both students and adults.



# MAY 13

## 9 AM - 12 PM

*Pacific Time (UTC-8)*

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**HOSTED ONLINE**  
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**Presented for:**  
Administrators  
Counselors  
Teachers  
Students

Register online at: [tinyurl.com/work2bewell](https://tinyurl.com/work2bewell)

### Sponsored by:



*\*We encourage collaboration by bringing teams comprised of administrators, counselors, teachers, and students.*