

## **Southern Local Elementary School**

### **Introduction To The Red Zone**

The Red Zone began providing professional counseling services to students in the Southern Local School District during the 2018-2019 school year. The Red Zone was founded by former Ohio State running back Maurice Clarett and is designed to give students the opportunity to be successful in life. This program provides behavioral health services to students in the school setting.

In today's society children face many challenges and obstacles that can seem overwhelming at times. It is during these times that students can benefit from the professional counseling services that are provided by The Red Zone. The Red Zone counseling services are highlighted by their professionalism and the positive impact that is made on our students. These services offer an effective means of support to our students through an open line of communication between the student and counselor.

The Southern Local School district is very fortunate in that we have a Professional Licensed Counselor and a Qualified Mental Health Specialist (QMHS) that are available to provide Red Zone services to our students Monday through Friday from 7:30AM to 3:00 PM. Tammy Bellish is our licensed counselor and Bree Castro is our QMHS.

Tammy and Bree also provide continuing counseling services during the Summer months as well as making home visits when needed.

Students can be referred for Red Zone counseling services by parents, guardians and teachers. The referral process is very streamlined and efficient. If a parent or guardian would like to request information about or counseling services through The Red Zone they can contact Larry Rudloff. Mr. Rudloff will answer questions regarding The Red Zone when information is requested. If counseling services are requested Mr. Rudloff will obtain the needed information from the parent or guardian and then complete the required paper work.

If a teacher requests Red Zone counseling services for a student the teacher and Mr. Rudloff will contact the parent to explain the reason(s) the teacher feels the student will benefit from Red Zone services. If the parent is in agreement with the teacher's recommendation for Red Zone services Mr. Rudloff will request the needed information to complete the required paper work.

Mr. Rudloff forwards all completed paper work to Tammy and Bree the same day that it is completed. Within twenty four hours of receiving the referral Tammy or Bree will contact the parent so that a student intake assessment can be scheduled. Tammy or Bree will tell the parent everything they need to bring to the student intake assessment meeting. The student intake assessments take approximately 45-60 minutes. Upon completion of the student intake assessment the student will begin receiving counseling services.

For your convenience I have included an informational Red Zone brochure and the Red Zone Referral form in this link.