

Wellness Committee Meeting

Meeting Minutes
September 10, 2019

Opening

The meeting of the Wellness Committee Meeting began at 9:03 a.m. on September 10, 2019 in the Board Room of the Coffee County Board of Education.

Present

Present were: Katrina Paulk, Broxton; Heidi Welch, Eastside; Ronny Blackstock, Indian Creek; Jennifer Wilcox, Nicholls; Rebecca James, West Green; Lisa Spivey and Missy Williams, Westside; Stephanie Gooden, Coffee Middle School; Jessica Williams, Freshman Campus; Clay Davis, Career Academy; Amanda Murphy, Alternative School; and Sue Farmer and Melanie Weathers, School Nutrition Office. Not present: representatives for Ambrose, Coffee High School and Satilla.

Agenda

The Agenda was distributed to members. Members were also given a copy of the Coffee County Healthy School Environment and Wellness Policy, a Wellness Assessment Tool, among other printed materials pertinent to the meeting.

Approval of Minutes

There were no minutes to approve.

New Business

Sue Farmer began by introducing herself and Melanie Weathers to the group. After introductions, Ms. Farmer gave an overview of the County Wellness Policy; focusing on each member's contribution to the policy and the different components (nutrition education, promotion, regular physical activity, nutrition standards, etc.). School objectives were discussed, stressing the importance of setting goals, and the ways in which each school can measure their progress and provide results.

Melanie Weathers then reviewed the Smart Snack Policy and discussed those guidelines. She also reviewed the fundraiser policy and gave out sheets for each school to track their exempted fundraisers, as well as their reporting guidelines.

Next Meeting(s)

The next meeting will be determined at a later date, after each school assesses their wellness practices and goals.

Adjournment

The meeting was adjourned at 9:55 a.m.

Minutes submitted by:



Approved by:

