

## **Food Resources**

### **Community Tabernacle Outreach Center**

12 Hewlett Street  
Waterbury, CT 06710  
(203)756-5981

Clothing, Food pantry

### **Food Stamp Program- Supplemental Nutrition Assistance Program**

**(SNAP)**

1-800-842-1508

<http://www.ct.gov/dss/lib/dss/PDFs/foodst.pdf>

The Food Stamp program helps people buy food. The Federal government created the program to help people with low incomes eat well to stay healthy. If you are eligible, we put your Food Stamp benefits in an electronic bank account. We will give you a plastic Electronic Benefits Transfer "EBT" card to use to buy food at stores that take Food Stamps. You can use your EBT card at most grocery stores. DSS local offices can supply income limits and Food Stamp amounts for households of 5 or more

### **Lions Club of Wolcott**

**Address:** P.O. Box 6063; Wolcott, CT 06716

**Phone:** 203-879-5466

The club holds a variety of events such as, health fair, food for the needy, scholarships, senior picnic, three Red Cross blood drives, etc.

### **Programs That Help People**

(860) 951-2212

<http://www.caahs.org/index.html>

Programs That Help People in Connecticut is a resource guide produced by the Connecticut Association for Human Services and funded by Connecticut Light & Power. It is widely used by clients and service providers seeking information on programs available for clients throughout the state. This manual is updated bi-yearly with over 100,000 copies distributed to date.

How To Get Food In Connecticut ([Download PDF](#))

<http://www.caahs.org/pdf/Food%20Guide.pdf>

Programs That Help People in CT: Client Guide 2010-2012 (English) ([Download PDF](#))  
[http://www.cahs.org/pdf/PTHP\\_2010\\_guide.pdf](http://www.cahs.org/pdf/PTHP_2010_guide.pdf)

## **Salvation Army**

74 Central Avenue  
Waterbury, CT 06710  
203-754-7056

[http://www.use.salvationarmy.org/use/www\\_use.nsf](http://www.use.salvationarmy.org/use/www_use.nsf)

Provides emergency casework services to local residents, clothing, including referrals and counseling, temporary shelter and transitional housing support to homeless families, youth programming

## **St. Pius X Church**

517 Woodtick Road  
Wolcott, CT 06716  
(203) 879-2544, 879-9030  
Wolcott, CT 06716-2898

Support Service: Food Bank

## **Waterbury Church of Christ**

3211 North Main Street  
Waterbury CT, 06704  
203-753-6765

Services: Food baskets: deliveries and pickups, baby baskets with clothing and supplies, soup kitchen

## **Wolcott Food Pantry**

[Wolcottfoodpantry@yahoo.com](mailto:Wolcottfoodpantry@yahoo.com)

Mrs. Helen Donovan  
203-704-7402  
358 Woodtick Road

Services: Food deliveries, Small Appliances, Clothing, Furniture, Yard Service Clean

## **Women Infant Children, WIC (Food)**

[www.ct.gov/dph/wic](http://www.ct.gov/dph/wic)

203-574-6785

### **Who is eligible?**

Pregnant women (through pregnancy and up to 6 weeks after birth or after pregnancy ends).  
Breastfeeding women (up to infant's 1<sup>st</sup> birthday).

Nonbreastfeeding postpartum women (up to 6 months after the birth of an infant or after pregnancy ends).

Infants (up to 1<sup>st</sup> birthday). WIC serves 45 percent of all infants born in the United States.

Children up to their 5<sup>th</sup> birthday (fathers, grandparents, foster parents or other guardians may apply for WIC for their children).

### **What are the eligibility requirements?**

Must meet the [income guidelines](#), which are set at or below 185% of the federal poverty income limit (WIC counts an unborn infant as a household member).

Be at nutritional risk; WIC uses 2 broad categories of risk: medically based such as low birth weight and diet based, such as poor eating habits.

Must live in Connecticut (WIC does not require proof of citizenship or alien status and participation in WIC will not affect your immigration or naturalization status).

Recipients of the food stamp program, assistance under the temporary family assistance (TFA) program or the Husky A/Medicaid program are automatically income-eligible for the WIC program. A person who documents that he/she is a member of a family that contains a TFA recipient or that contains a pregnant woman or an infant who receives Husky A/Medicaid shall also be determined adjunctively income eligible for WIC.