

## CHESTER COUNTY SCHOOL DISTRICT WELLNESS POLICY ASSESSMENT TOOL

ADMINISTRATIVE GUIDELINES TO ACHIEVE THE STUDENT WELLNESS POLICY GOALS			
<b>SCHOOL HEALTH ADVISORY COUNCIL:</b> A district school health advisory council shall be established to serve as a resource to school sites for implementing policies and programs and develop an active working relationship with the county health council.	COMPLIANT	PROCESS OF BECOMING COMPLIANT	NOT COMPLIANT
		X	
<b>COMMITMENT TO NUTRITION:</b> All schools within District shall participate in the USDA child nutrition programs, which may include but not be limited to NSLP, SBP, SFSP, and ASSP.			
The food & beverages sold and served outside the school meal programs "competitive" foods & beverages will meet USDA Smart Snacks in School nutrition	x		
School Meals served through the NSLP and SBP will be appealing and attractive to children, meet at a minimum nutrition requirements established by local, state, and federal statutes and regulations.	X		
Offer a variety of fruits and vegetables; offer low-fat and fat-free milk	X		
<b>COMMITMENT TO PHYSICAL ACTIVITY AND PHYSICAL EDUCATION:</b> Schools shall support and promote physical activity. All physical education classes shall comply with the State Board of Educations Physical Education Standards.	X		
<b>STAFF WELLNESS:</b> Chester County School District highly values the health and well being of every staff member and supports the implementation of activities and policies that support personal efforts by staff to maintain a healthy lifestyle.	X		
<b>MONITORING AND POLICY REVIEW:</b> At least once every three years , the district will evaluate compliance with the wellness policy to assess the implementation of the policy.	X		

Completed May 4, 2021

Stephanie Lollar School Nutrition Director

Heather Griffin Coordinated School Health