**Teacher: Riddle Year: 2016-17 Subject: p.e. Period: 1-6**

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|  | OBJECTIVES | ACTIVITIES | RESOURCES | HOMEWORK | EVALUATION | STANDARDS |
| MON | Students will take the physical fitness test. Test given will be the mile run, sit-ups, push-ups, and the v-sit reach test. | \*Dress Out  \*Roll Call  \*Warm-up  \*Students will be tested on either the push-ups, sit-ups, V-sit reach, or the mile run portion of the physical fitness test | Gym  Track | N/A | Teacher Observation | 7.9  8.7  8.8 |
| TUE | Students will take the physical fitness test. Test given will be the mile run, sit-ups, push-ups, and the v-sit reach test | \*Dress Out  \*Roll Call  \*Warm-up  \*Students will be tested on either the push-ups, sit-ups, V-sit reach, or the mile run portion of the physical fitness test | Gym  Track | N/A | Teacher Observation | 7.9  8.7  8.8 |
| WED | Students will take the physical fitness test. Test given will be the mile run, sit-ups, push-ups, and the v-sit reach test | \*Dress Out  \*Roll Call  \*Warm-up  \*Students will be tested on either the push-ups, sit-ups, V-sit reach, or the mile run portion of the physical fitness test | Gym  Track | N/A | Teacher Observation | 7.9  8.7  8.8 |
| THUR | Students will take the physical fitness test. Test given will be the mile run, sit-ups, push-ups, and the v-sit reach test | \*Dress Out  \*Roll Call  \*Warm-up  \*Students will be tested on either the push-ups, sit-ups, V-sit reach, or the mile run portion of the physical fitness test | Gym  Track | N/A | Teacher Observation | 7.9  8.7  8.8 |
| F  R  I | Free Play Friday |  | Gym  Track | N/A | Teacher Observation | 13.0  4.0 |