

May 2021

SHONTO PREPARATORY SCHOOL



T a'a' tsoh - Big Leaves

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div>Big leaves</div> 	3 Hot Oatmeal, muffin, apricot, milk	4 Breakfast Pizza, pears, milk	5 Pancake, syrup, ham slice, mix fruit, milk	6 Scramble egg, sausage, toast, fruit, milk	7 Breakfast burrito, fruit, milk		
	BBQ pork sandwich, chips, carrot & celery stick, apples, milk	Chicken quesadilla, Spanish rice, black beans, sweet corn, fruited jello, fruit, milk	Shepard's Pie, dinner roll, corn cob, chill peaches, milk	Turkey Manhatten, M. Potato, gravy, green bean, mix fruit, milk	Turkey Taco, lettuce tomato, cheese, sweet corn, beans, apricot, milk		
9	10 Pancake on stick, syrup, mix fruit, milk	11 Biscuit & gravy, sausage link, peaches, milk	12 Scramble egg, ham, toast, pears, milk	13 Breakfast burrito, potato tots, apricot, milk	14 Assorted cold cereal, banana muffin, fruit, milk	In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.	
	Chicken ranch wrap, Sun harvest chip, carrot & celery stick, peaches, milk	Beef & potato, slice bread, sweet corn, fruit cup, apple wedges, milk	Turkey Manhatten, M. Potato, gravy, green bean, mix fruit, milk	Chicken pot pie, biscuit, veggie blend, fruit cup, apple wedges, milk	Hot dog on bun, bake bean, sweet corn, fresh orange, milk		
16	17 Oatmeal, wheat toast, mix fruit, milk	18 Ham & egg on croissant, mix fruit, potato tots, milk	19 Cold cereal, pop tart, fruit cup, milk	20 Scramble egg, ham, hash brown, toast, pears, milk	21 Breakfast pizza, granola bar, peaches, milk		
	Cheeseburger on bun, oven fries, lettuce, tomato, peaches, milk	Chicken fajita, salad, black beans, sweet corn, fruited jello, pears, cookie, milk	Roasted chicken, m. potato, gravy, green peas, wheat roll, pears, milk	Spaghetti w/ meatsauce, garlic bread, green bean, fruited jello, peaches, milk	Turkey soft taco, lettuce, tomato, Spanish rice, mexi corn, refried beans, apricot, milk		
23	24 Coco puff cereal, muffin, pear, milk	25 Waffle, slice ham, strawberry, milk	26 Scramble egg w/ham & cheese, toast, mix fruit, milk	27 Pancake on stick, syrup, peaches, milk	28 Biscuit & gravy, sausage link, peaches, milk		
	Chicken sandwich, lettuce, baked potato chip carrot & celery stick, mix fruit, milk	Shepard's Pie, dinner roll, broccoli, chill peaches, milk	Chili beans, cornbread, toss salad, celery stick fruited jello, pears, milk	Turkey roast, mash Potato, gravy, green peas, stuffing, peaches, milk	Cod sandwich, tartar sauce, lettuce, potato wedge, fresh apple, milk		
30	31 NO SCHOOL						
	MEMORIAL DAY	Nellie James, Food Service Program Manager POB 7900 E Hwy 160 Rt 98 Shonto AZ 86054 njames@shontoprep.org (928) 672-3536, https://www.shontoprep.org					