**2019 HMS Football**

**Summer Program I & II**

**\*HMS Tigers Football Program will begin with Summer I training on May 29th from 5-7pm.**

**In the Month of June:**

**- Mondays: Everyone 5-7pm**

**- Wednesdays: Linemen Only 4-6pm**

**- Thursdays: Skill Only 5-7pm**

**\*Summer Training II Program begins July 11th from 4-7pm.**

**- Dates & Times {TBA}**

**By July 11th:**

1. **Must provide a current Sports Physical**
2. **Paid $50 Athletic Fee**
3. **Purchased 7 Padded Football Girdle**
4. **Completed 2 Fundraiser Events**
	1. **Trash for Cash**
		1. **June 8th or June 22nd**
	2. **County Fair**
		1. **June 21st - June 29th**

**Practice Attire Starting May 29th:**

1. Orange or White Tiger Shirt or plain shirt
	1. (NO OTHER COLOR)
2. Football Cleats
3. Tennis Shoes
4. Black Shorts
5. Prefer Black Socks

**\*Failure to wear the following equals 1 minute on The Wall with Coach Southerland!!!!**

**Attendance of Summer Training**

Each Student Athlete will be rewarded 2 missed practices over the Summer without parent emailing me. Email Provided Below: {christopher.southerland@christian.kyschools.us}

\*Vacations

\*Family Illness

\*Appointments

(Not having a ride will be an unexcused absent.)