NABSD Quick Reference COVID-19 Protocols

COVID-19 SYMPTOMS?	COVID-19 TEST?	MAY RETURN
YES	NO	● No Health Care Provider Evaluation: 　○ After 10 days full days since symptoms first appeared; **AND** 　○ At least 24 hours with no fever without fever- reducing medication; **AND** 　○ Symptoms have improved. ● Evaluated by Healthcare Provider: 　○ Health care provider provided written release to return to school; **AND** 　○ At least 24 hours with no fever without fever- reducing medication; **AND** 　○ Symptoms have improved.
YES	YES COVID-19 POSITIVE	● After 10 full days since symptoms first appeared; **AND** ● At least 24 hours with no fever without fever-reducing medication; **AND** ● Symptoms have improved.
YES	YES COVID-19 NEGATIVE	● At least 24 hours with no fever without fever- reducing medication; **AND** ● Symptoms have improved
NO	YES COVID-19 POSITIVE	● After 10 full days have passed since test
CONFIRMED POSITIVE HOUSEHOLD MEMBER THAT CANNOT COMPLETELY SEPARATE FROM STUDENT		● After 20 full days following a positive test or symptom onset of the household member. No test required. **OR** ● After 17 full days following exposure with a negative test no more than 48 hours prior to end of quarantine. 　*If the student develops symptoms, notify the nurse and refer to guidance above.*
CLOSE CONTACT WITH SOMEONE WITH COVID-19**		● After 10 full days following exposure unless he/she develops symptoms, in which case see above. No test required. **OR** ● After 7 full days following exposure with a negative test no more than 48 hours prior to end of quarantine.
SECONDARY CONTACT (Contact with someone who had contact with someone else with COVID-19)		● Self-monitor for symptoms ● No need to quarantine
AWAITING TEST RESULTS		● Isolate at home until results are received.

* The CDC and PA DOH introduced a shortened quarantine option for close contacts of 10 days. Please monitor for symptoms for a full 14 days regardless of negative test or return to school. Known exposure to variant strain requires 14 day quarantine. Proof of negative test must be given to school prior to return.

Last updated 1/20/2021

Commonly Asked Questions

1. How is someone considered to be a "close contact" and what are the requirements if my child is forced to quarantine for being a "close contact" of a positive case?

A "close contact" is someone who meets at least one of the following:

- Has been within 6 feet or less of a positive COVID-19 case for 15 minutes or more
- Has provided care at home to someone who is sick with COVID-19.
- Had direct physical contact with someone who is sick with COVID-19 (hugged or kissed them)
- Has shared eating or drinking utensils with someone who has COVID-19
- Has been exposed to respiratory droplets from someone who has COVID-19

A close contact is advised, as per the Pennsylvania Department of Health (PADoH), to quarantine at home for 10 days after his/her last contact with the affected individual. Quarantine may end after 10 days without COVID-19 testing, or after 7 days if the individual obtains a negative test result within 48 hours prior to the end of quarantine. The student must submit proof of the negative test to return to school.

Any student or adult who is within their quarantine window should **stay home** and limit interaction with others. Even if this person has no symptoms and/or tests negative for COVID-19, he/she must continue to monitor for symptoms for 14 days as, according to PADoH, the virus could take up to 14 days to develop. After exposure, someone could be experiencing no symptoms (asymptomatic) but could be infected with the virus and able to infect others.

2. It would be helpful to know who is infected. Why is information so vague?

To protect the privacy of our students and staff, we cannot provide detailed information about cases. However, If your child is directly impacted by a case, you will be contacted by the school and/or health department so that you and your child can take appropriate actions.

3. What if I am planning a trip?

Please notify the attendance officer and school nurse of upcoming travel. Refer to the **Vacation and Out-of-State Travel** document posted on the NBASD website (Return to School > Health). For out of state travel, certain guidelines are in effect. You must monitor your child for symptoms for 14 days. If your child develops ANY symptoms of COVID 19, please keep your child home and contact the school

Upon your return we will require either:

1. A negative Covid-19 test, obtained no sooner than 72 hours prior to your return. **OR**

2. Your child must quarantine for 10 days. Your child will be excused by the nurse for in-person classes and will be expected to participate virtually during their quarantine period.