

April
2019

Coordinated School Health Newsletter



Project ADAM Heart Safe School Designation

DeKalb County School District is pleased to inform you that we have been designated a Project ADAM Heart Safe School District! We have joined a community effort to place Automated External Defibrillators (AEDs) in our school buildings. This decision is the result of our wish to make our schools safe for our students, visitors and employees.



The latest national statistics indicate that more than 350,000 children and adults in the U.S. die from Sudden Cardiac Arrest every year, most of them outside of the hospital. Through our cooperative efforts with Project ADAM Tennessee at Monroe Carell Jr Children's Hospital at Vanderbilt, we have joined hundreds of schools throughout the state of Tennessee and beyond in preparing our school for a life-threatening emergency. This program enables us to offer any person who may experience a Sudden Cardiac Arrest the best chance for survival.



The AEDs are stored in wall cabinets. When the cabinet doors are opened, a loud alarm will sound. This alerts everyone that there is a potential emergency. Our school has a maintenance plan in place for the unit(s). The AEDs are designed to work effectively unless they are tampered with. Additionally, the AED will not shock a person unless it detects a shockable rhythm (ventricular fibrillation). Staff has been trained to assist with an emergency during regular school hours. AED Drills are held at least annually at all schools.

New at DCHS...

Mrs. Debi DePriest received four standing tables and sixteen motion stools for her classroom. Students are either active while sitting or they are standing! Win Win! Great job!



HEALTHIER DMS

CSH HAS BEEN HOLDING HEALTH LESSONS IN THE DMS AFTERSCHOOL PROGRAM. NUTRITION FACTS LABEL, HEALTHY SNACKS, HEART RATE AND PHYSICAL ACTIVITY JUST TO NAME A FEW!



DeKalb Community Complex



The DeKalb County Community Advisory Board and the DeKalb Prevention Coalition will be hosting a county yard sale fundraiser!

When: May 4, 2019

Where: DeKalb Community Complex Parking Lot

Time: 7am-2pm

Anyone wanting to set up at the yard sale can pay a fee of \$25 for an 8ft x 8ft spot. This fee will go directly to the CAB fund.

For more information or to reserve your spot, please contact Jessica Tucker at Jessica.Tucker@tn.gov.

APRIL IS NATIONAL CHILD ABUSE PREVENTION MONTH

Every Child Deserves
Health and Happiness.

Pinwheels
for PREVENTION



Join the DeKalb County Community Advisory Board, along with the DeKalb Prevention Coalition, in our Child Abuse Prevention and Foster Family Recruitment Event.

A DAY AT THE PARK

April 6, 2019

10:00am-12:00pm

Green Brook Park

*Speakers *Activities *Food *Vendors