**Health Class Only**

**Assignment 2: Week of April 13-17**

**\*The answers to the following assignments can be either hand written or typed out and emailed back to me at** [**william.bentley@dcsms.org**](mailto:william.bentley@dcsms.org) **You can actually submit your assignment in various ways. This includes: typing the assignment in the email window itself that you are sending to me, typing the assignment as a word document or notes sections on a phone, or actually hand writing out the assignment on paper and taking a picture to send in an email. Please do whatever you feel most comfortable with doing. As always, let me know if you have any questions. In the “Email Subject Line” include: Your First and Last Name, Health or Employability Skills Class, and Assignment 2**

1. **Read the Ch. 2 Notes under the “Health Documents” Page on the website.**
2. **Define and Number the following Vocabulary Words. Please make sure you number, write the word out, and give a specific definition for each word. You do not have to write a complete sentence as long as you give a thorough definition.**

**1. Personality**

**2. Psychologists**

**3. Modeling**

**4. Peer Group**

**5. Identity**

**6. Self Esteem**

**7. Emotion**

**8. Self Actualization**

**9. Coping Strategy**

**10. Defense Mechanism**

1. **Answer in complete sentences the following “Critical Thinking Questions”. Please use 2 or more sentences to answer the questions. Be specific and give good details. Use your Health Notes and the Internet to help out.**
2. **Would your friends and your family describe your personality in the same way? Explain your answer in 2 or more sentences.**
3. **Why is withdrawing from family and friends a harmful way to cope with strong emotions? Explain your answer in 2 or more sentences.**

**Employability Skills Class Only**

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1. **Read the Ch. 1 Section 1-2 Information under the “Employability Skills Documents” Page on the website.**
2. **Define and Number the following Vocabulary Words. Please make sure you number, write the word out, and give a specific definition for each word. You do not have to write a complete sentence as long as you give a thorough definition.**

**1. Economy**

**2. Global Economy**

**3. Job Market**

**4. What does SCANS stand for? What are the 3 workplace skills they identified? (page 13 in the Notes Section)**

**5. Team (What does it mean in the work place? (page 15 in the Notes Section)**

**6. Outsourcing**

**7. Telecommute**

**8. Service-Producing Industry (Define and give at least 3 examples)**

**9. Goods-Producing Industry (Define and give at least 3 examples)**

**10. Trends**

1. **Answer in complete sentences the following “Critical Thinking Questions”. Please use 2 or more sentences to answer the questions. Be specific and give**

**good details. Use your Ch. 1 Section 1-2 Information and the Internet to help out.**

1. **Choose a career you are interested in and describe how technology may affect it.**
2. **Which do you consider more important in choosing a career—following your own interests or following the job market? Why?**