	C F	SPTE	7.1.7	RFR	5	May ISD			
		Taco's Refried Beans Spanish Rice Fruit Milk/Juice	t t	Chicken Nuggets Baked Beans French Fries Fruit Milk/Juice	2.	Salisbury Steak Mashed Potato Green Beans Fruit Milk/Juice	th 3.	Grilled Chicken Subs Broccoli/ Carrots Chips Fruit Milk/Juice	<u>f</u> .
NO SCHOOL	7.	King Ranch Chicken Ranch Beans Rolls Fruit Milk/Juice	8.	Corn Dogs French Fries Cooked Carrots Fruit Milk/Juice	9.	Lasagna Roll up Green Beans Garlic Bread Fruit Milk/Juice	10.	BBQ On Bun Baked Beans Chips Fruit Milk/Juice	11.
Chicken Strips Tater Tots Broccoli Fruit Milk/Juice	14.	Enchilada Casserole Refried Beans Spanish Rice Fruit Milk/Juice	15.	Pizza Veggie Sticks Corn Fruit Milk/Juice	16.	Baked Fish Coleslaw Macaroni Cheese Fruit Milk/Juice	17.	Ham cheese Subs P&J Sandwiches Chips/Carrots Fruit Milk/Juice	18.
Popcorn Chicken Tater Tots Broccoli Fruit Milk/Juice	21.	Taco Salad Ranch Beans Spanish Rice Fruit Milk/Juice	22.	Chicken Rice Broccoli C Celery/Carrots Rolls Fruit Milk/Juice	Casserole 23.	Frito Pie Peas Cauliflower Fruit Milk/Juice	24.	Chicken On Bun Chips Baked Beans Fruit Milk/Juice	25.
Spaghetti Meatballs Green Beans Garlic Bread Fruit Milk/Juice	28.	Bean Beef Burrito Refried Beans Spanish Rice Fruit Milk/Juice	29.	Chicken Nuggets French Fries Broccoli Fruit Milk/Juice	30.	Special Announcements: Lunch Menu K-6 Regular Price: \$2.75 7- 12 Regular Price: \$3.00 K-12 Reduced Price: \$0.40 Extra Milk: \$0.50 Extra Juice: \$0.50 Adult Price: \$3.75 Milk and juice are offered with each meal. Menu is subject to change due to deliveries. Salad served Daily.			
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Food and Nutrition Division National School Lunch Program and School Breakfast Program

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MARTIAN MELONS

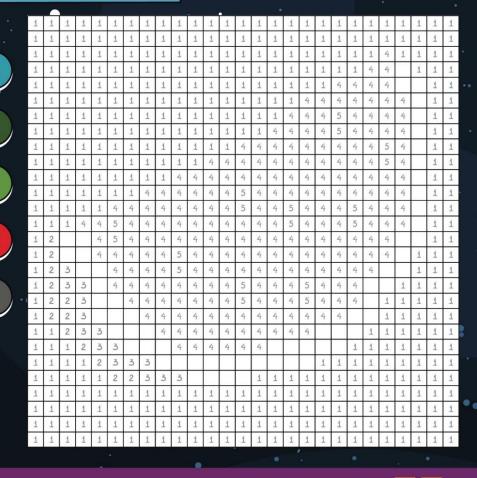
Mars is the fourth planet from the sun and it gets its name from a mythological figure the Roman god of war. Mars is sometimes called the Red Planet because of the brownish-red color of its surface. Of all the planets in our solar system (besides Earth), Mars is one of the planets most likely to support life. New space missions are planned for the next decade to increase our understanding of Mars. The science and technology developed through Mars exploration may someday allow humans to visit the Red Planet.

COLOR BY NUMBERS

DID YOU KNOW?

Watermelon has a smooth hard rind, usually green with dark green stripes or yellow spots. It also has a juicy, sweet inside that is deep red to pink, but sometimes orange, yellow, or white. The first recorded watermelon harvest occurred nearly 5,000 years ago in Egypt and watermelons are now grown in 96 countries worldwide.

Watermelons are mostly water — about 92% — and are a very good source of vitamin A and vitamin C. Vitamin C supports maintenance of collagen, protects against infection and helps in iron absorption. Watermelons also contain a high level of lycopene, which helps to protect against heart disease and cancer.



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