

Elementary School: Choice of milk, fruit, PB&J sandwich, and pizza served with meals

Middle & High: Choice of milk, fruit, pizza, and pre-plated salads served with all meals

Choice of broccoli, carrot sticks, and celery sticks served with all meals

Meatball Sub

Sweet Potato Fries

Side Salad

Stewed Tomatoes

“Apple Day”

Red Ribbon Week

Sub Sandwich

Lettuce/Tomatoes

Chips

Steamed Broccoli

Yam Patty

National School Lunch Week

Ham Sandwich

Lettuce/Tomatoes

Chips

Carrot Sticks w/Ranch

Cookie

“Early Release Day”

Menu Subject to Change

Corndog

Okra

Baked Beans

Coleslaw

Steamed Broccoli

Turkey Roast w/Gravy

Mashed Potatoes

Steamed Carrots

Side Salad

Roll

Mandarin Orange Chicken

Fried Rice

Oriental Vegetables

Side Salad

Roll

Roasted Wings

Side Salad

Fries

Steamed Broccoli

Roll

Catfish Strip

Grits

Baked Beans

Hushpuppies

Side Salad

Turkey Sandwich

Lettuce/Tomatoes

Pasta Salad

Steamed Squash

Cheez It

Homemade Chili

Baked Potatoes

Steamed Broccoli

Side Salad

Pretzel

“Eat a Pretzel Day”

Kickin’ Chicken Sandwich

Lettuce/Tomatoes

Baked Beans

Fries

“Chocolate Cupcake Day”

National School Lunch Week

“Pasta Day”

Pasta-Meat Bar

Corn/Steamed Broccoli

Side Salad

Garlic Breadstick

National School Lunch Week

Roasted Lemon Honey Chicken

 Rice Green Beans

Side Salad Roll

“Take Parent to Lunch Day”

National School Lunch Week

Fall

Break

No School

Fall

Break

No School

Fall

Break

No School

Hot Dogs

Fries

Coleslaw

Baked Beans

General Tso Chicken

 Fried Rice

Steamed Broccoli

Side Salad

Roll

Beef/Chicken/Steak

Soft/Hard Shells/Taco Bowl

Black Beans/Refried Beans

Mexican Rice

Cinnamon Roll

“Taco and Cinnamon Roll” Day”

Oven Fried Chicken

Mac & Cheese

Collard Greens

Yams

Cornbread

**OCTOBER 2019**

Quitman County Schools

Beef Stew W/Gravy

Rice Cornbread

Lima Beans

Stewed Tomatoes

Side Salad

Happy Halloween

Chicken Tenders

Mashed Potatoes

Steamed Carrots

Side Salad

Biscuit

Cheeseburger

Fries

Lettuce/Tomatoes

Baked Beans