#### WHAT WE GROW



The multiple farm grows of salad varieties greens, seedless cucumbers, tomatoes. fresh herbs, edible flowers and shiitake mushrooms in our greenhouses which operate yearround. During the warmer months we are growing crops such potatoes, peppers, as eggplant, peas, green beans. radishes, beets, melons, zucchini, vellow squash, papalo, kale, okra, and broccoli outdoors.



#### HOW CAN I SUPPORT THE FARM?

The support we receive, from people like you, is essential to the work we



**Volunteer:** We are so grateful for the help of our hard-working volunteers!

**Donate:** We are working hard to become financially self-sufficient, but still have a way to go. Donations of any size help us continue the work we do!



Find us on Facebook and follow along! <u>Mill Creek Urban Farm</u>

75 Mill Street Bridgeton, NJ 08302 <u>mweaver@gatewaycap.org</u>

856.451.6330

**Proudly Supported By:** 









## OUR STORY

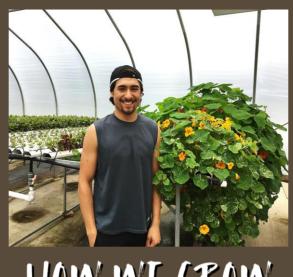


Mill Creek Urban Farm is located in the heart of Bridgeton, NJ on the site of a former public housing project.

Having grown up in that housing project, Albert B. Kelly, President and CEO of Gateway Community Action Partnership, saw this plot of land as an opportunity for something useful for the community.

As a result, in 2009, our farm was created to generate a sustainable food source for area residents and promote community building.

The mission of Gateway Community Action Partnership, at large, is to provide services that improve the quality of life and promote self-sufficiency.



### HOW WE GROW

Most of our growing is done above ground, either hydroponically or in container gardens and raised beds. Many of the crops are raised in our five greenhouses. Indoor growing gives us more control over the plant's environment and allows us to harvest year round.

Hydroponic growing, which uses water instead of soil to deliver nutrition to the plants, offers several advantages over growing in soil. It can be done practically anywhere. It requires less water-- typically about one tenth of the amount of a traditional field crop. It delivers nutrients more quickly and efficiently to the plant's roots. And the yields are significantly higher.

Choose any one of the 52 weeks in the year, and you'll find fresh produce growing on our farm.



# WHM WE GROW



Our farm mission is multi-pronged. We are dedicated to growing fresh, high-quality fruits and vegetables but we are also committed to taking that process and using it as a tool for helping people that may be overlooked or underserved.

A developmentally disabled young man or woman is able to get out of his or her group home to meet new people and have a meaningful work experience. Soup kitchens, food pantries, low-income seniors and others facing food insecurity are able to receive some of our fresh produce free of charge. Summer camps, youth, school, or volunteer groups are able to come and find out how food grows. Our goal is to better our community by growing great produce.

"Sometimes the smallest things can make a big impact. I firmly believe that part of our purpose in life is to help our neighbors and to give a hand up to those less fortunate or privileged. To me, that concept is at the core of what this farm is all about."

> -Marcus Weaver Farm Director