

Frazier High School May 2021 Lunch Menu



Food Service Director: Kelly Calderone

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724-736-9507 x431

The Deli

Daily Choices May Include:
Grilled Chicken Patty Sandwich
Spicy Chicken Patty Sandwich
Breaded Chicken Patty Sand
Hamburger or Cheeseburger
BBQ Rib Sandwich

The Pizzeria

Pizza available daily may Include:

Pepperoni Pizza
Cheese Pizza
White Pizza
Buffalo Chicken Pizza
Chicken Fajita Pizza

Grab & Go

A wide variety of sandwiches, wraps, specialty salads and parfaits are available daily!

Whole Grains Available Daily



Monday	Tuesday	Wednesday	Thursday	Friday
May 3rd Hot Ham and Cheese on Bun French Fries Peaches Low/Non Fat Milk	May 4th Beef Nachos with Cheese Sauce and Sliced Bread Steamed Broccoli Pears Low/Non Fat Milk	May 5th Meatballs with Marinara and Garlic Breadsticks Green Beans Mandarin Oranges Low/Non Fat Milk	May 6th French Toast Sticks with Sausage Patties Potato Rounds Apple Low/Non Fat Milk	May 7th Italian Dunkers Mixed Vegetables Applesauce Low/Non Fat Milk
May 10th Sweet & Spicy BBQ Chicken Bowl Steamed Corn Peaches Low/Non Fat Milk	May 11th Macaroni and Cheese with Bread Slice Mixed Vegetables Applesauce Low/Non Fat Milk	May 12th Chicken Parmesan Steamed Carrots Apple Low/Non Fat Milk	May 13th Chili with Dinner Roll Green Beans Pears Low/Non Fat Milk	May 14th Assorted Pizza Steamed Peas Mixed Fruit Low/Non Fat Milk
May 17th Cheeseburger on Bun French Fries Applesauce Low/Non Fat Milk	May 18th Walking Taco with Bread Slice Golden Corn Pears Low/Non Fat Milk	May 19th General Tso with Rice Steamed Broccoli Apple Low/Non Fat Milk	May 20th Hot Dog in a Blanket BBQ Baked Beans Mandarin Oranges Low/Non Fat Milk	May 21st BBQ Pulled Pork Mixed Vegetables Mixed Fruit Low/Non Fat Milk
May 24th Popcorn Chicken Bowl with Bread Slice Mashed Potatoes with Gravy Peaches Low/Non Fat Milk	May 25th Italian Hoagie or Turkey and Cheese Hoagie Honey Glazed Carrots Applesauce Low/Non Fat Milk	May 26th Mini Corn Dogs Smiley Fries Mixed Fruit Low/Non Fat Milk	May 27th Swedish Meatballs over Noodles Mixed Vegetables Apple Low/Non Fat Milk	May 28th No School
May 31st Memorial Day Holiday No School				

Accompaniments

*Must take at least one 1/2 cup of fruit or vegetable

*Vegetable Bar includes:

Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber

*Fruits include:

Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce

Milk

Milk Choices Offered Daily:
1% white, non-fat white, non-fat flavored

Proud to manage your food service program

Lunch Prices: Paid \$2.45 Reduced \$.40

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE