Amite County High School

 February 2020 Lunch Menu

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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Feb - 3Chicken TendersMashed Potatoes /CheeseGreen BeansRollKetchup 2Dipping Sauce 1Pineapple TidbitsAssorted Fruit JuicesAssorted Milk | Feb - 4BBQ Meatball Hoagie Spicy FriesConfetti ColeslawApplesauceAssorted Fruit Juices 7-12Ketchup 2Mayonnaise 1Assorted Milk | Feb - 5Cheesy Chicken / riceCornbreadMustard GreensSliced CarrotsChilled Peach SlicesAssorted Fruit JuicesAssorted Milk | Feb - 6Chicken Noodle SoupCheesy BreadstickSaltine Crackers 1Whole Kernel CornCucumber Sticks /DipBaby Carrots /DipAssorted Fruit Juices 7-12ApricotsAssorted Milk | Feb - 7Corn DogSweet Potato FriesBaked BeansSliced StrawberriesAssorted Fruit JuicesChocolate ChipCookie 7-12Ketchup 3Mustard 1Assorted Milk |
| Feb - 10Mandarin ChickenStir Fried RiceCalifornia VeggiesSliced CarrotsRollChilled Peach SlicesAssorted Fruit Juices 7-12Assorted Milk | Feb - 11CheeseburgerSpicy FriesBaked BeansBlushing chilled PearsKetchup 3Mustard 1Mayonnaise 1Assorted Fruit JuicesAssorted Milk | Feb - 12Pepperoni Pizza WedgeFriesSpinach SaladFruit CrispAssorted Fruit JuicesKetchupAssorted Milk | Feb - 13Spaghetti & Meat SauceGarlic ToastLemon-Glazed CarrotsGreen BeansTropical FruitAssorted Fruit JuicesAssorted Milk | Feb – 14Professional DevelopmentNO STUDENTS |
| Feb – 17No School | Feb - 18Boneless Buffalo WingsRollMacaroni and CheeseYam PattiesBlack-Eyed PeasAssorted Fruit JuicesSliced StrawberriesAssorted Milk | Feb - 19Chili Saltine Crackers 2FriesCheesy BroccoliKetchup 1ApricotsAssorted Fruit JuicesAssorted Milk | Feb - 20Breaded Steak Rice/ gravyRollGlazed CarrotsGreen BeansChilled PeachesAssorted Fruit JuicesAssorted Milk | Feb - 21Sloppy Joe on BunTater TotsMixed VegetablesPineapple TidbitsKetchup 2Assorted Fruit JuicesAssorted Milk |
| Feb - 24BBQ Chicken SandwichFriesLemon-Glazed CarrotsKetchup 2Mayonnaise 1Mustard 1ApplesauceAssorted Fruit JuicesAssorted Milk | Feb - 25Salisbury SteakMashed Potatoes /gravyLima BeansRollAssorted Fruit JuicesFruit CrispAssorted Milk | Feb - 26Chicken and SausageGumbo over RiceSaltine Crackers 1Spinach SaladYam PattiesChilled Peach SlicesAssorted Fruit JuicesAssorted Milk | Feb - 27Red Beans & Rice /SausageCornbreadSeasoned CabbageBaby Carrots /dipAssorted Fruit JuicesMandarin Fruit CupAssorted Milk | Feb - 28Hot DogTater TotsCalifornia VeggiesKetchup 3Mayonnaise 1Mustard 1Sugar Cookie 7-12Pineapple TidbitsAssorted Fruit JuicesAssorted Milk |

\*\*\* Students are encouraged to select five components:

Fruit, Vegetable, Grain, Meat/Meat Alternative and Milk. However, students are only required to select three components with one being a fruit or vegetable. \*\*\*

Milk served daily:1% non-flavored and fat-free flavored

 (ex: chocolate, strawberry, vanilla)

\*\*\* Menu subject to change due to unforeseen circumstances\*\*\*

\*\*This institution is an equal Opportunity Provider and Employer\*\*