

Desoto County Schools
Migraine Headache Care Plan

Migraines can be acute or slow onset, causing a headache aggravated with movement, possible nausea, vomiting, sensitivity to light, and irritability.

Student's Name _____ Date: _____

School: _____ Grade: _____

Triggers: _____

Medication to be administered at school, dosage, and time of administration:

1. _____

2. _____

3. _____

Interventions:

1. Assessment and Vital Signs (if nurse available)
2. Administer Medication as ordered, if at school, or call parent for medication
3. Encourage increase in water intake as tolerated.
4. Provide a quiet, dim area for student to rest for 15-20 minutes to allow medication to take affect or to just relax.
5. Student may experience nausea - offer ice chips and a cool cloth to face as tolerates.
6. Notify parent if needed.

Parent/Guardian Signature: _____ Date _____

Daytime Phone number: _____

Secondary Contact and number: _____