

JROTC Program of Instruction

JROTC is much more than wearing the uniform and learning drill & ceremony. The Program of Instruction also includes:

- Leadership theory and application
- Communication skills
- Conflict resolution
- Social and community responsibility
- Financial planning
- Citizenship and history
- Wellness, fitness and first aid
- Substance abuse awareness
- Geography
- Land navigation and map reading
- Air rifle safety and marksmanship
- Leadership Academic teams
- Career planning

Unit 1: Intro to JROTC - Character & Leadership Development Program

- Introduces Cadets to American symbols, customs, and overview of Army JROTC.
- Introduces the Department of Defense.
- Provides an overview of each branch of the military.

Unit 2: Leadership Theory and Application

- Introduces Cadets to basic leadership concepts.
- Provides opportunities for leadership through the application of those concepts in command or staff positions.
- Introduces race relations and equal opportunity.
- Introduces Cadets to mentoring and prepares them to participate in a mentoring relationship.
- Provides Leadership Laboratory instruction

Unit 3: Foundations for Success

- Introduces cadets to essential skills to maximize learning potential and future success.
- Cadets apply learning theory and techniques to improve study, communication, teaching, and planning skills.
- Cadets assess skill set and work to develop their maximum potential.
- Social responsibility, conflict resolution, and service learning opportunities provide further cadet development.

Unit 4: Wellness, Fitness, and First Aid

- Explains physical fitness and how to maintain good health thorough proper diet and exercise.
- Provides Cadets the opportunity to perform satisfactorily, at age group level, in the President's Physical Fitness Program.
- Provides Cadets the opportunity to demonstrate proficiency in basic first aid/lifesaving skills.
- Teaches awareness of substance abuse and prevention.

Unit 5: Geography and Earth Science

- Introduces Cadets to the components of the globe, map reading skills, and land navigation skills, as well as the sport of orienteering and the techniques used in air navigation.
- Provides an overview on each of the continents, discussing physical, political, economic, and cultural elements of each region and country.
- Discusses the importance of environmental awareness and introduces Cadets to environmental issues.