

# Rocky Hill Sports Medicine Team!



At Select Physical Therapy, our sports medicine program is tailored to meet the physical demands of active people like you. We focus on sports injury prevention, recovery and performance enhancement. We work to restore function, decrease pain, increase strength and flexibility and return you to activity.

## CLINICAL TEAM:



**Nicholas Bessette, P.T., DPT** – Nick earned a bachelor's degree in health science in 2014 and doctorate in physical therapy in 2017 from Quinnipiac University. He enjoys treating a variety of patient populations, and has a special interest in rehabilitation of sports-related musculoskeletal conditions and various pathologies of the spine.

**Andrew Abraham, ATC, LAT** – Andrew earned a bachelor's degree in athletic training in 2017 from Springfield College where he played hockey for three seasons. He previously worked with the football and cheerleading teams at UMASS and Springfield College athletes. He has been the assistant coach of Springfield's hockey team since 2016. He is passionate about sports medicine and brain injuries.



**Paige Pendl, PTA** – Paige earned an associate's degree in physical therapy assistance in 2017 from Central Penn College. She played collegiate soccer while attending Central Penn and was the athletic sports writer/reporter for all athletic programs. Paige previously worked in the skilled acute care and inpatient settings.

## Select Physical Therapy

672 Silas Deane Highway – Wethersfield, CT 06109 – 860.257.7473

## PHYSICIAN TEAM:

**Randall J. Risinger, M.D., and Rob Brancato, PA-C**



Dr. Risinger has been a leader in sports medicine throughout the state of Connecticut for many years. He has been the team doctor for Rocky Hill High School since August 2016 and is on the sideline for football games. He has also worked in the NBA, MLB and the NCAA as a team physician.

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