



MAY 2021

Odem – Edroy ISD Middle, High School Lunch Menu



m

Chicken Nuggets
Steak Finger
Mashed Potato / Gravy
Hot Roll
Steam Broccoli
Fruit / Milk

3.

t

Pepperoni Pizza
Lasagna / Cracker
Peas & Carrots
Spinach Salad / Dressing
Fruit & Milk

4.

w

Enchiladas Casserole
Chicken Fajita Taco
Spanish Rice
Pinto Beans
Romaine Salad & Diced Tomato
Fruit / Milk

5.

th

Baked Chicken
Meat Loaf
Mashed Potato / Gravy
Green Beans
Hot Roll
Fruit / Milk

6.

f

Chicken Patty Burger
Cheeseburger
Baked Fries
Burger Salad
Baked Beans
Fruit / Milk

7.

Chili Dog / Shredded Cheese
Burrito / Chili / Shredded Cheese
Baked Tots
Baby Carrots/ Dressing
Fruit / Milk

10.

Spaghetti / Meat Sauce
Chicken Alfredo
Green Beans & Hot Roll
Spinach Salad / Dressing
Fruit / Milk

11.

Beef Tacos
King Ranch Casserole
Spanish Rice
Pinto Beans
Romaine Salad & Diced Tomato
Fruit / Milk

12.

Nacho Supreme
King Ranch Casserole
Spanish Macaroni
Pinto Beans
Romaine & Diced Tomato
Fruit / Milk

13.

Pepperoni Pizza
Poor Boy
Seasoned Corn
Baby Carrots/ Dressing
Fruit / Milk

14.

Student Holiday

17.

Baked Chicken
Salisbury Steak
Mashed Potato / Gravy
Hot Roll & Steam Broccoli
Fruit / Milk

18.

Enchiladas Casserole
Chicken Fajita Taco
Spanish Rice
Pinto Beans
Romaine & Diced Tomato
Fruit / Milk

19.

Chili Dog / Shredded Cheese
Frito Pie / Shredded Cheese
Seasoned Corn
Baby Carrots / Dressing
Fruit / Milk

20.

Chicken Patty Burger
Cheeseburger
Baked Beans
Baked Tots
Burger Salad
Fruit / Milk

21.

Chicken Strip
Steak Finger
Mashed Potato / Gravy
Hot Roll
Steam Broccoli
Fruit / Milk

24.

Burrito / Chili/ Cheese
Frito Pie / Cheese
Seasoned Corn
Baby Carrots / Dressing
Fruit / Milk

25.

Hamburger Burger
Spicy Burger
Baked Beans
Baked Fries
Salad Burger
Fruit / Milk

26.

Sandwich Pack

27.

No School

28.

Memorial Day

31.

Special Announcements:

** Menu Subject to change** Owl Daily Choices

1. Hot Meal 2. 2nd Choice 3. Chef Salad 4. Baked Potato
2. The meal requires student to select a fruit or vegetable as part of the meal.



BERRY BLAST OFF

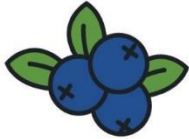


The first space shuttle test flight took place in 1981 and the last shuttle launched in 2011. Over 30 years there were a total of 135 missions that all launched from the Kennedy Space Center in Florida. Scientists and engineers in Texas provided ground support for all the space shuttle missions. NASA retired the space shuttle fleet to make way for a new exploration program aimed at sending astronauts on deep space missions to an asteroid and, eventually, Mars.

NUMBER MATCH



1



5



6



3



DID YOU KNOW?

Blueberries are plump, juicy and sweet berries that grow in Texas. They grow on a bush that can get up to 12 feet tall. Blueberries are pale greenish at first, then reddish-purple, and finally, dark purple when ripe, but they turn red-purple when cooked.

Blueberries are a very good source of vitamin K, vitamin C and manganese. Blueberries are also a good source of fiber. Fiber is a carbohydrate that promotes digestive health. Blueberries are good for making pancakes, muffins, and many other foods.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
National School Lunch Program and School Breakfast Program



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www.SquareMeals.org