



COMMUNITY ACTION, INC.  
OF CENTRAL TEXAS

# HEAD START PROGRAM ANNUAL REPORT

2019-2020

## SERVING HAYS & CALDWELL COUNTIES

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Community Action, Inc. of Central Texas' mission is to develop opportunities for people and communities to realize their potential by providing resources and comprehensive services to empower Central Texans of all ages to become self-sufficient.



# OUR OBJECTIVES

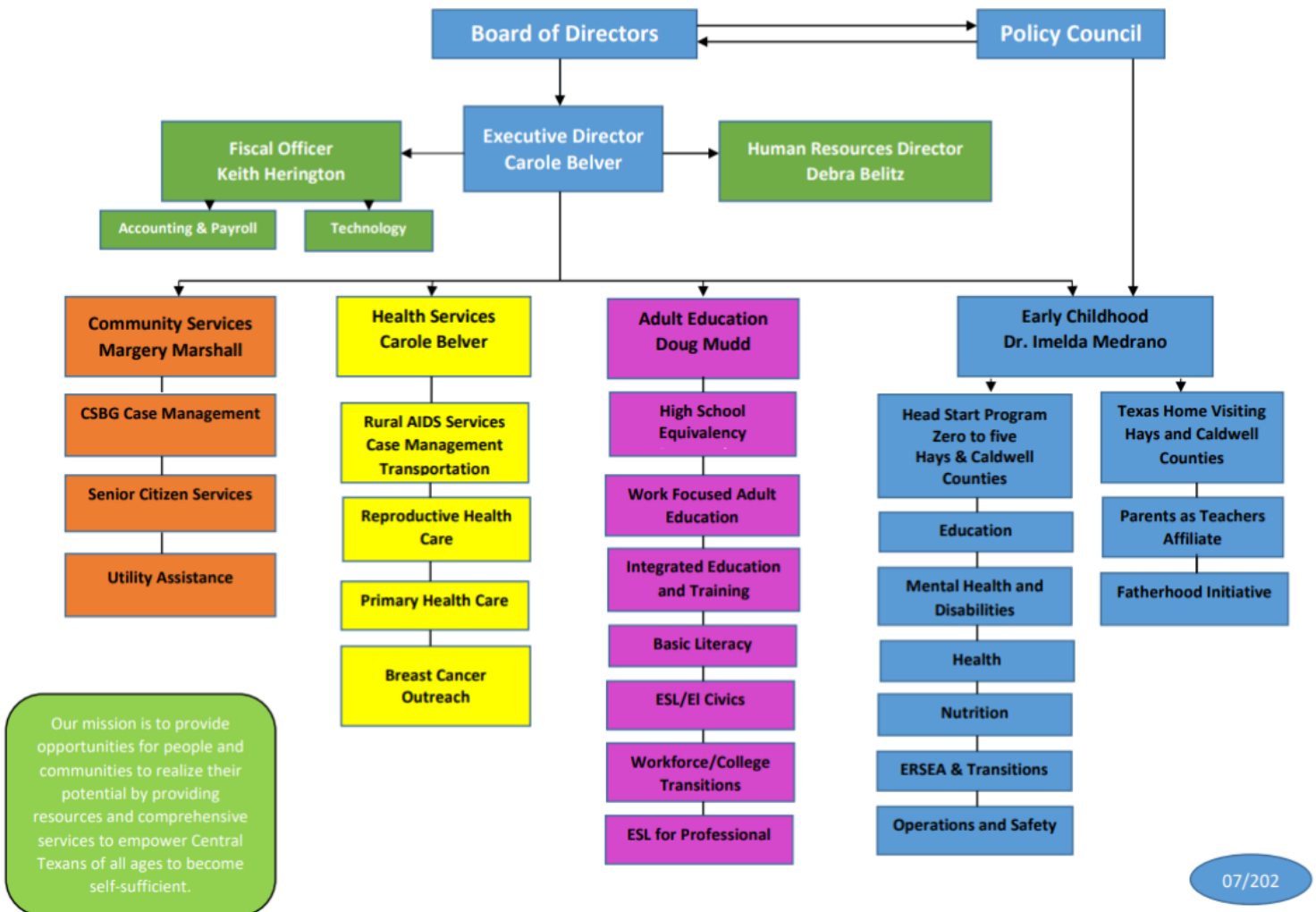
- To ensure that all low income men, women, and children have access to health care.
- To ensure that all low income children will be given the opportunity to succeed in school and beyond.
- To provide low income families with the skills necessary to attain living wage jobs.
- To provide planning, support, vision, and leadership to communities in their efforts to address the needs of low income residents.
- To position Community Action as the most effective and innovative human service organization in Central Texas.

For more information about our program, please call 512-392-1161 or visit [www.communityaction.com](http://www.communityaction.com).





# ORGANIZATIONAL CHART



07/202





# OUR HISTORY

## HEAD START

In January of 1964, President Lyndon B. Johnson declared *War on Poverty* in his State of the Union speech. Shortly thereafter, Sargent Shriver took the lead in assembling panel of experts to develop a comprehensive child development program that would help communities meet the needs of disadvantaged preschool children. In the summer of 1965, Project Head Start was launched. With an increased understanding of the role of the first three years of life on healthy development and school readiness, in September of 1995, the first Early Head Start grants were given.

Head Start has served over 32 million children since its inception, growing from an eight-week demonstration project to include full day/year services and many program options.







## OUR PROGRAM

Community Action, Inc. Head Start Program has been an integral part of the lives of children and families in Hays and Caldwell Counties for over 55 years. More than 20,000 children and families have been impacted by the Head Start program learning experience.

Thank you for your continued support!





## WE BELIEVE

- All children should reach their full potential.
- Every child can succeed.
- We can impact the success of "at risk" children.
- Quality early education fundamentally transforms children and families.



**EARLY CHILDHOOD PROGRAMS  
COMMUNITY ACTION, INC.**

*of Central Texas*







## CHILDREN SERVED BY COMMUNITY

Community	Early Head Start Enrollment	Head Start Enrollment	Total Funded Enrollment
San Marcos	60	159	219
Kyle	31	153	184
Buda	8	0	8
Lockhart	16	34	52
Luling	28	50	78
<b>Total</b>	<b>143</b>	<b>396</b>	<b>539</b>





## POVERTY AND AGE ELIGIBILITY RATES BY COMMUNITY

Community	Total Population*	Percent Under Age 5*	Percent in Poverty*
San Marcos	64,776	4.3%	<b>34.4%</b>
Kyle	48,393	8.4%	<b>6.1%</b>
Buda	16,906	9.0%	<b>3.6%</b>
Lockhart	14,133	4.3%	<b>12.9%</b>
Luling	5,896	10.2%	<b>30.0%</b>
Texas	28,995,881	6.9%	14.9%

\*United States Census Bureau: Quick Facts,  
Population Estimates Program (PEP) and American Community Survey (ACS), 2019



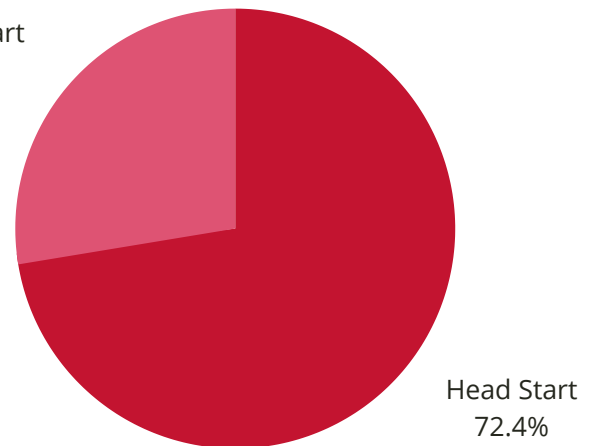




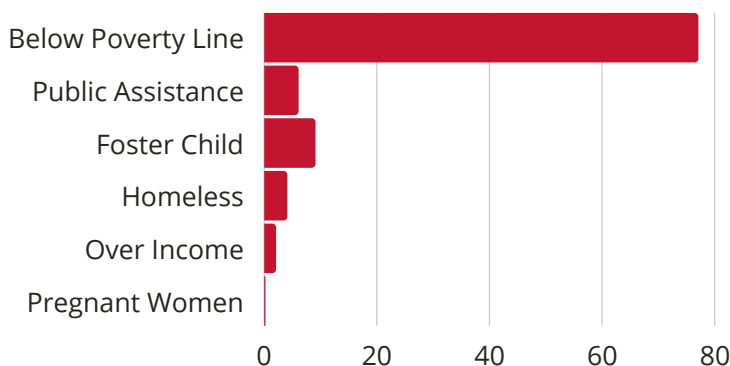
## CUMULATIVE ENROLLMENT

Services were interrupted beginning in March 2020 due to the COVID-19 pandemic. CAI continued to support our families by providing weekly instructional packets and materials, phone/zoom calls to each student, food support, and diapers, wipes and formula.

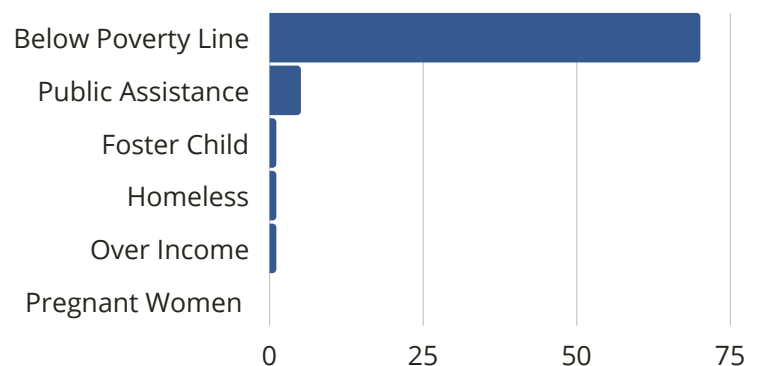
Early Head Start  
27.6%

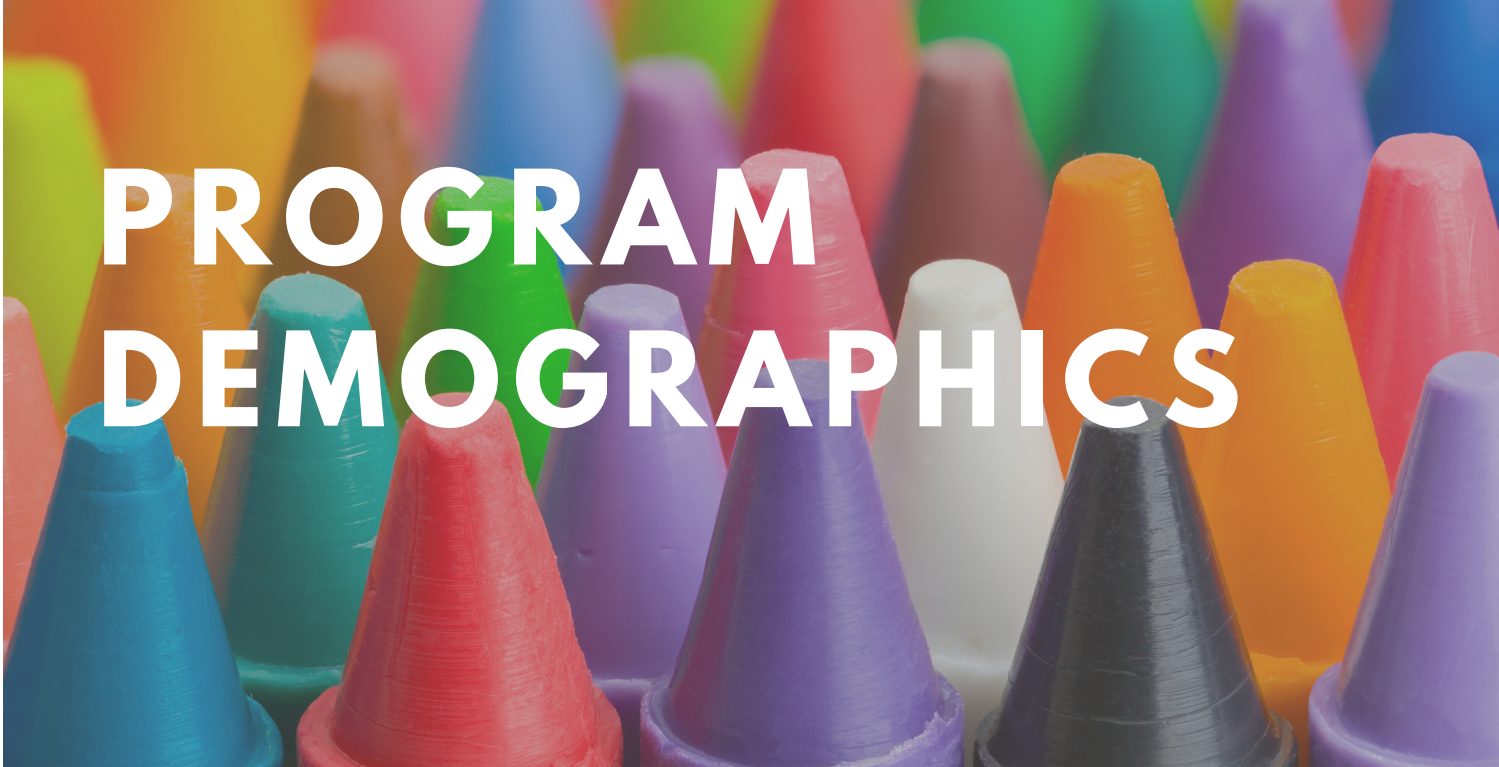


### EARLY HEAD START REPRESENTED DEMOGRAPHIC %



### HEAD START REPRESENTED DEMOGRAPHIC %



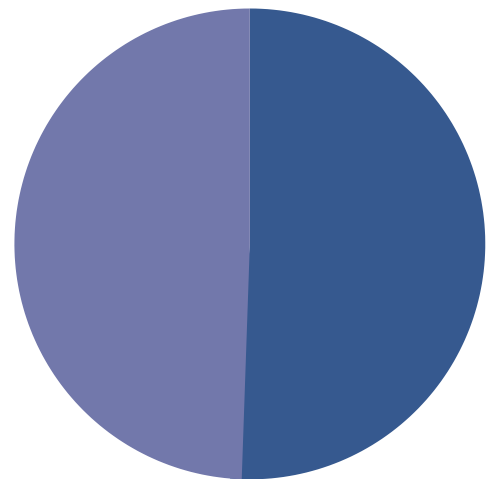


# PROGRAM DEMOGRAPHICS

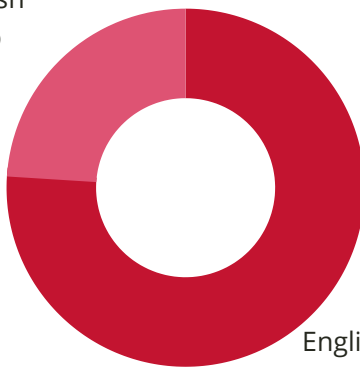
## EARLY HEAD START & HEAD START CHILD DATA

Female  
49.5%

Male  
50.5%



Spanish  
24%

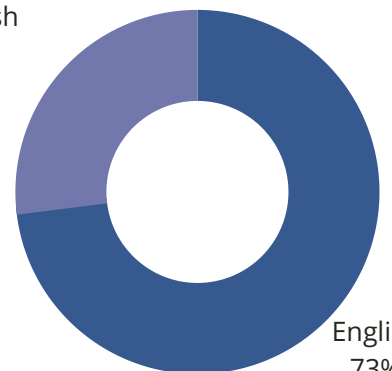


## EARLY HEAD START LANGUAGE PROFILE

English  
76%

Spanish  
27%

## HEAD START LANGUAGE PROFILE



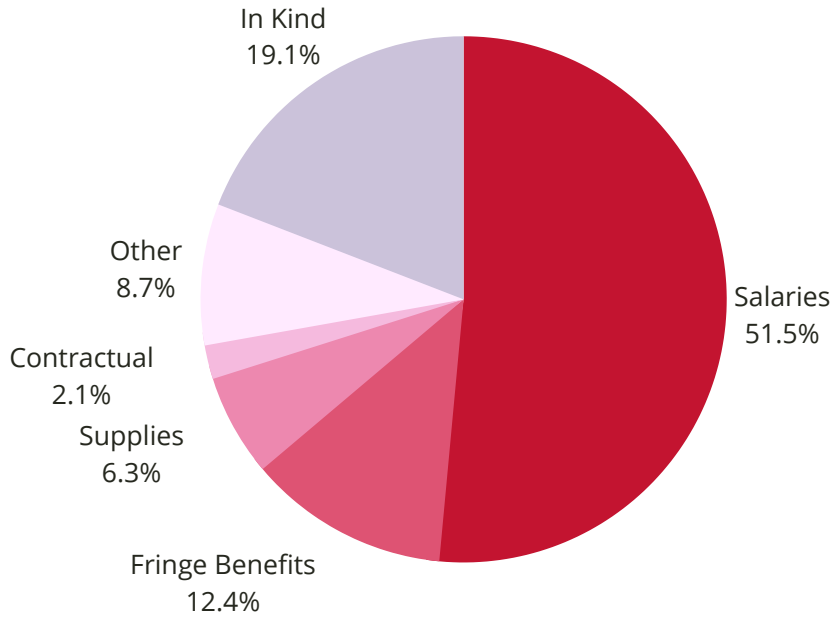
English  
73%





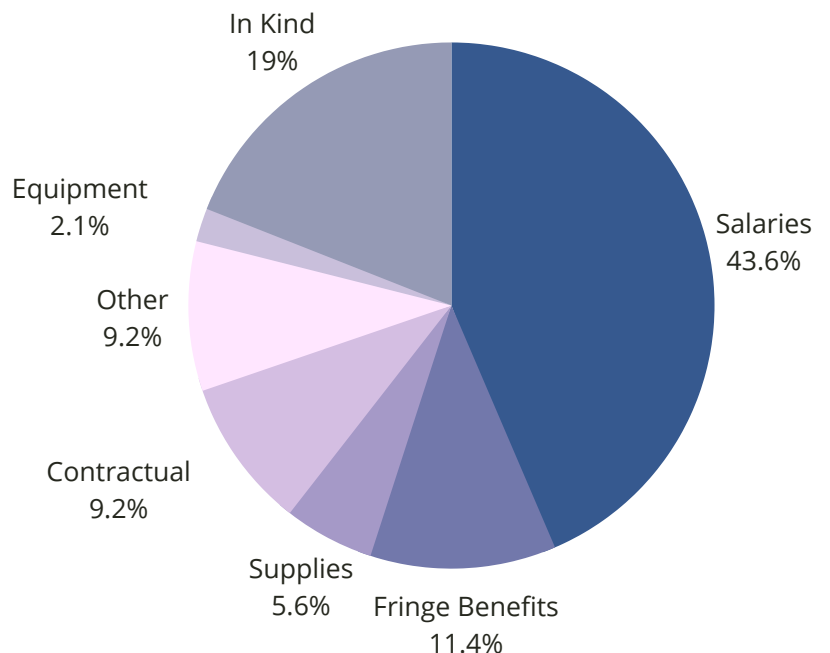


# BUDGET ALLOCATIONS



**HEAD START**  
\$4,957,222

**EARLY  
HEAD START**  
\$2,890,136





## ESTABLISHING PARTNERSHIPS

Community Action established strong partnerships with other community agencies, school districts, health providers and businesses by developing a system of sharing among communities' institutions. Through a well-established network, we are able to provide balanced comprehensive services to the children and families we serve.

Any Baby Can  
Bluebonnet Trails Community Services  
Cenikor  
City of San Marcos WIC  
CommuniCare  
Corridor Primary Care  
Greater San Marcos Partnership  
Hays Consolidated Independent School District  
Hays County Food Bank  
Hays County Health Department  
Hays-Caldwell Women's Center  
HEB  
Lion's Club

Lockhart Independent School District  
Maximus  
Rural Capital Area Workforce Solutions  
Sam's Club  
San Marcos Commission on Children and Youth  
San Marcos Consolidated Independent School District  
Seton Care-A-Van  
St. David's Foundation  
Target  
Texas State University-San Marcos  
United Ways of Hays & Caldwell Counties  
The Villas at Willow Springs  
Walmart







# SCHOOL READINESS

Head Start defines school readiness as *children possessing the skills, knowledge, and attitudes necessary for success in school and for later learning and life.*

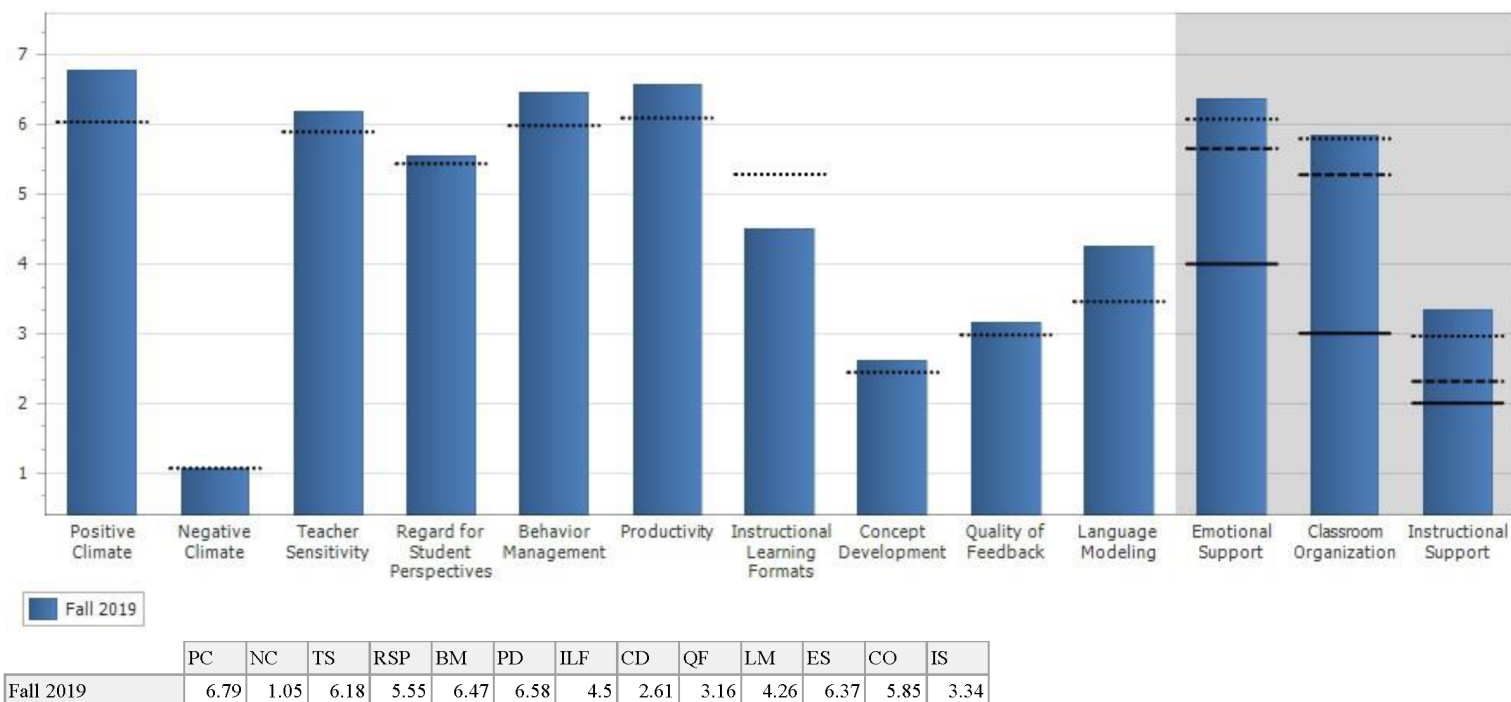
With the exception of the five Bonham Pre-Kindergarten Head Start partnership classrooms, our centers use **Frog Street Curriculum**. This is a comprehensive curriculum that embraces children's natural curiosity and builds the foundations for success in school and life. It is organized around themes that engage children and integrate all learning domains, including social-emotional, academic and physical development. Frog Street Curriculum provides opportunities for meaningful conversations, literacy, innovative technology, and equity in English and Spanish. **Conscious Discipline** is embedded within the curriculum and is used to help teach children how to self-regulate and problem solve.





HS 2019-2020

2018 National Average - - - -  
2018 Lowest 10% Nationally - - - -  
Re-competition Level - - - -



## FEDERAL REVIEW RESULTS

Community Action Inc. Head Start (CAI) scored at or above the National Average in all dimensions except for Instructional Learning Formats. In order to improve scores for the 2020-2021 school year, all Center Directors and Supervising Coordinators were trained to become CLASS reliable to better support their teaching staff. CAI also purchased the Teachstone Platform as a resource to meet the needs of teachers and coaches. In addition, we have added CLASS monitoring to our Early Head Start Program in order to align our practices and achieve a standard of excellence across all CAI classrooms.







## CHILD MEDICAL AND DENTAL HEALTH

*Comprehensive Health Services are provided to all children enrolled in the program through collaborations with various Medical and Dental providers from the community.*

Our 2019-2020 Vision and Hearing screening was successful this year. We were able to plan and collaborate in advance with the Lion's Club and schedule all centers to get children screened in a timely manner. Family Advocates were also successful in working closely with families to ensure that they had a Primary Care Physician and Dentist for routine screening.

Due to COVID-19, it was difficult to screen children for vision and hearing within the first 45 days from the date of their entrance to the program. Families were reluctant to schedule and attend routine physicals or dental appointments for their children. However, as time has passed, Family Advocates have reached out to families and supported them in scheduling those appointments.





## SERVICES FOR CHILDREN WITH DISABILITIES

Our inclusive program helps all children learn that we are all people with differing abilities, and we all have contributions to make and strengths to share.

We served 27 EHS children and 29 HS children in regular classrooms. Some received special services according to their Individualized Education Program and/or Individualized Student Family Plan. None of these students required a disability aide for the 2019-2020 school year.

**10%**

**EARLY HEAD START  
ENROLLMENT**

**6.3%**

**HEAD START  
ENROLLMENT**





## FAMILY ENGAGEMENT

Parent and family engagement in Head Start and Early Head Start is about building relationships with families that support family well-being; supporting strong relationships between parents and their children; and nurturing ongoing learning and development for both parents and children.

The **Parent, Family, and Community Engagement (PFCE) Framework** is a road map for progress in achieving the types of outcomes that lead to positive and enduring change for children and families. One of the successes for the 2019-2020 school year was the frequency with which parent meetings were held at each center.

Parents and children participated in celebrations and learning activities that support family well-being.





## NUTRITION

Community Action Inc. provides nutritional meals and snacks for all children in the program according to Child and Adult Care Food Program (CACFP) guidelines. In addition, special events are held to inform and encourage parents to shop for and prepare healthier meals for their families. **Our goal is to create life long healthy habits around eating and moving.** COVID-19 presented challenges in feeding our children, but our kitchen staff quickly adapted and provided boxed meals weekly to each family. Additionally, gift cards for HEB and Walmart were distributed to families to supplement their weekly food budget, courtesy of CARES Act Funds.







# HOME VISITING FATHER ENGAGEMENT PROJECT R.E.A.D.

Since 2015, Community Action, Inc. has been receiving funds from Department of Family and Protective Services, Prevention and Early Intervention to facilitate a home visiting program using the **Parents as Teachers (PAT Model Affiliate) curriculum** with supplementary father engagement and Project R.E.A.D programming in Hays County. As of January 2020, we have expanded home visiting services to Caldwell County with funding from St. David's Foundation.

**163**  
FAMILIES ENROLLED  
IN HOME VISITING

**3000+**  
BOOKS DONATED

**1393**  
IN-PERSON VISITS  
(JULY 2019-  
MARCH 2020)

**210**  
PHONE VISITS  
(MARCH-JUNE 2020)

**12**  
LITTLE FREE  
LIBRARIES STOCKED  
MONTHLY

WE SUPPORT



Parents as Teachers®  
*Affiliate*





# INSPIRE AND EMPOWER

One of the driving forces for the Community Action, Inc. Head Start Program is to ensure the children we serve are ready to successfully enter the school system. While we will continue to seek ways to improve our services in all areas; Health, Nutrition, Family Services and Mental Health and Disabilities, we will be placing a major emphasis on **improving school readiness** for the upcoming year.

We have extended the implementation of CLASS, the Office of Head Start (OHS) Monitoring tool, to include our infant and toddler classrooms, not just our Pre-K classrooms in an effort to align best practices across the agency. We have invested in training for all Center Directors and Site Coordinators to become CLASS Reliable to empower them to support our teachers. We have added an additional Instructional Coach to our staff so that new teachers and teachers identified as needing support based on their CLASS scores will receive intensive side-by-side coaching. *We will not only meet, but exceed the Quality Thresholds set by the OHS for CLASS scores.*

2019-2020 presented us with many challenges, but our staff pulled together and invented creative ways to continue to serve the children in our program. We are looking forward to making 2020-2021 the best year yet and will strive to Inspire and Empower our staff members and the families we serve by continuing to reflect on our progress and set challenging goals.

