

General Resources for the Intellectually Disabled

***Also refer to the Supportive Employment Resources.**

***Also refer to the State Reference Guide programs that help people.**

BRS-Waterbury

249 Thomaston Avenue

Waterbury, CT 06702

(203) 578-4550

<http://www.brs.state.ct.us/>

BRS-Torrington

860-496-6990

Mission

Our mission is to create opportunities that enable individuals with significant disabilities to work competitively and live independently. We strive to provide appropriate, individualized services, develop effective partnerships, and share sufficient information so that consumers and their families may make informed choices about the rehabilitation process and employment options.

Eligibility: Age 18+

Child Development Infoline

<http://www.ctunitedway.org/cdi.html>

1-800-505-7000

Child Development Infoline (CDI) is a specialized unit of United Way of Connecticut. Care Coordinators are available to answer the phone Monday through Friday from 8am-6pm, except on holidays. Messages can be left 24 hours a day, seven days a week, and are returned promptly. This service is free and confidential, with multi-lingual and TTY capacity.

CDI care coordinators provide education on development, behavior management strategies and programs, make referrals to services, and provide advocacy and follow-up as needed. They take great pride in working with families to understand their individual needs, connect them to the best services available, and follow up to ensure their needs are being met. They are available by phone to help with questions or concerns about:

General child development

Challenging behaviors

Disability and health related issues

And more...

By calling the toll free Child Development Infoline # (1-800-505-7000), families, child care, health care and social service providers have access to many of Connecticut's programs and services for children and their families including:

Birth to Three:

For children birth-36 months of age with significant developmental delays or disabilities.

Free developmental evaluation

Service coordination

In-home direct services

[More information >>](#)

Help Me Grow:

For families with children birth through age 8, who are looking for information or services to support their child's development.

Connects families to community based resources

Provides [Ages and Stages Child Monitoring Program](#)

[More information >>](#)

Early Childhood Special Education:

For preschool and kindergarten age children with significant developmental delays.

Provided by each Connecticut school district

Provides public education based on a child's individual needs

[More information >>](#)

Children and Youth with Special Care Needs

Children and Youth with Special Health Care Needs

For children and youth birth to age 21 with chronic physical, developmental, behavioral, or emotional conditions who require more health and related services than other children the same age.

Coordinates medical care services

Family/Caregiver support

Referrals to community based services

[More information >>](#)

Community Mental Health Affiliates - Vocational Services

6 Whiting Street

New Britain, CT

(860) 826-5383

<http://www.cmhacc.org/programs/adult-services/vocational-and-rehabilitation-programs.html>

The Vocational Services of CMHA are committed to providing continuous supports, advocacy, coaching and assessment of change in individuals with respect to their job search, job placement and job retention. These services are provided in an effort to assist the individuals we serve to acquire the skills necessary to become competitively employed and retain jobs that match their unique strengths and preferences. We also support people who are working toward educational goals, or those who have volunteer placements.

Connecticut Department of Social Services

State of Connecticut
Department of Social Services
25 Sigourney Street
Hartford, CT 06106-5033
1-800-842-1508
<http://www.ct.gov/dss/site/default.asp>

The Department of Social Services provides a broad range of services to the elderly, persons with disabilities, families, and individuals who need assistance in maintaining or achieving their full potential for self-direction, self-reliance and independent living. It administers over 90 legislatively authorized programs and one-third of the state budget. By statute it is the state agency responsible for administering a number of programs under federal legislation, including the Rehabilitation Act, the Food Stamp Act, the Older Americans Act, and the Social Security Act. The department is also designated as a public housing agency for the purpose of administering the Section 8 program under the federal Housing

Connecticut Family Support Network

1074 Main St
South Glastonbury, CT 06073
(860) 430-5679
(860)350-6025
<http://www.ctfsc.org/>

A great resource for families raising children with disabilities. A regional representative can help the family get connected with other families in their area for support, and also help with other resources and advocacy. Support networks for parents raising children with disabilities meet across Connecticut monthly and offer a variety of educational and social opportunities. Network provides advocacy, referrals to state agencies, moral support, training opportunities relevant to parents raising children with disabilities, and a connection to the legislature.

Connecticut Medical Home Initiative

<http://www.ct.gov/dph/cwp/view.asp?a=3138&q=387702>
St. Mary's Hospital
Waterbury
1-866-517-4388

Children & Youth with Special Health Care Needs (CYSHCN) are those who have or are at increased risk for a chronic physical, developmental, behavioral or emotional condition and require health and related services beyond that required for children in general. The U.S. Department of Health & Human Services estimates there are approximately 133,073 CYSHCN in Connecticut.

Who is eligible?

Children & youth age 0 to 21 who have, or are at increased risk for, a chronic physical, developmental, behavioral or emotional condition and who also require health and related services of a type or amount beyond that required by children generally.

All families of eligible children and youth with special health care needs (CYSHCN), regardless of income, will receive a respectful working partnership with you and your child's medical home; care coordination services and family support referrals.

Uninsured or underinsured families, who fall within income guidelines, can also benefit from payment for limited services (i.e. durable medical equipment, prescriptions, and special nutritional formulas). Contact the **Connecticut Lifespan Respite Coalition, Inc. (CLRC) for more information at 877-737-1966.**

Please Note: All documents are in Portable Document Format (pdf). You will need Adobe Acrobat Reader in order to view and print the information.

[CYSHCN & Medical Home Family Brochure](#)
[CYSHCN & Medical Home Provider Brochure](#)
[CYSHCN and Title V of the Social Security Act](#)
[President's New Freedom Initiative](#)

Community Service or Civil Organizations

Civitan International: www.civitaninternational.com
Kiwanis International: www.kiwanisct.com
Lion's Club Connecticut: <http://www.uitti.net/ctlions/index.htm>
Pilot International: www.pilotinternational.org
Quota International: www.quota.org
Rotary International: www.rotary.org
Sertoma International: www.sertoma.org

Department of Children and Families: Voluntary Services Program

<http://www.ct.gov/dcf/cwp/view.asp?a=2558&q=314906>

395 West Main Street,
Waterbury, CT 06702
(203)759-7000

DCF may provide, on a voluntary basis (at the request of the family), casework, community referrals and treatment services for children who are not committed to the Department. These are youth who do not require protective service intervention, but may require any of the services offered, administered by, under contract with, or otherwise available to the Department of Children and Families due to emotional or behavioral difficulties.

The Voluntary Services Program is designed for children and youth who have behavioral health needs and who are in need of services that they do not otherwise have access to. Parents do not have to relinquish

custody or guardianship under this program. The DCF policy outlines eligibility requirements for this program.

The participation of parents, if appropriate, in both treatment planning and treatment is both welcome and expected. Also, if a child is placed outside their home to address their behavioral health needs, the treatment plan will outline a comprehensive plan for their return home.

Families can initiate an application by calling DCF's Hotline at 1-800-842-2288. Please note, only families or eligible children can request the Voluntary Services Program. Youth must be 14 years of age to make such a request personally. Providers cannot make a request. The Hotline will send the application and information about the program to the family. Families are expected to do the following:

- Complete a Voluntary Services Program Application for Services (DCF-2177).
- Provide the Department with the following information:
 - written reports from service providers
 - a current psychiatric or psychological evaluation, if one exists, which addresses the child/youth's treatment needs.
 - Sign all release of information forms.
 - Make household members available to meet with a social worker during home visits conducted for assessment purposes.
 - Provide required financial information.

Families applying for the Voluntary Services Program have sixty (60) days from requesting an application to submit the completed application and all the required materials. The DCF policy has information regarding applying for services.

Once the application and a comprehensive eligibility assessment are completed, the area office will inform the family that either of the following has been decided:

- The application is approved; or
- The application is refused based on the availability of resources or the inability of the child/youth to meet eligibility requirements.

The DCF policy has more information regarding eligibility assessment and acceptance of a case.

If a child/youth is deemed ineligible for the Voluntary Services Program, the family and/or youth have the right to an Administrative Hearing.

[Voluntary Services Policies](#)

[Support and Behavioral Health Services Brochure](#)

Department of Developmental Services

Location: New Haven Office

<http://www.ct.gov/dds/site/default.asp>

1-877-437-4567

ELIGIBILITY FOR DDS SERVICES

To apply for services from DDS, call our Statewide Eligibility Unit toll free at:

1-866-433-8192

DDS is comprised of 3 Regions Statewide— North, South and West. Each DDS Region has their own resource teams. Resources from the Individual and Family Support Resource Teams are available to individuals who reside at home with their families, regardless of whether or not they have a DDS Case Manager. Allocation of services and supports are contingent primarily upon existing family resources and DDS availability, although other factors may also be considered.

Supports & Services

- [Case Management](#)
- [Family Support](#) - For people who live with their families
- [Community Living Services](#)
- [Regional Centers](#)
- [Southbury Training School](#)
- [Employment and Day Services](#)
- [Health and Clinical Services](#)
- [Access to Services](#)
- [Provider Information for Families](#)
- [Roommates](#)
- [Transportation](#)

There are two ways to access IFS Resources:

1. If an individual does not have an assigned DDS Case Manager, they should contact the DDS Helpline in their Region for assistance.
2. If an individual has a DDS Case Manager, they should call them to request information or a referral for services or supports.

The DDS Helpline was established statewide to provide assistance to individuals and families who do not have an assigned DDS Case Manager. This applies to individuals who:

- ▶ Are eligible for services from the Department of Developmental Services (DDS)
- ▶ Do not have a Case Manager because they are not on fee for service Medicaid. They may have Husky, other managed care or private insurance only.

Each Region has established regional toll free numbers to screen calls and answer questions from families without case management services. Callers will be asked for specific information to forward it to the appropriate DDS employee to assist them. If callers are unable to reach someone directly when they call the helpline, when leaving a message, please make certain that the reason for the call is indicated, as well as the caller's name, phone number and the name of the individual you are calling about. This will assist in having calls promptly returned as soon as possible.

Please understand that due to confidentiality, DDS cannot speak to callers about individuals, nor verify that they are eligible for services from the Department, unless they are a guardian for the individual, or an authorization to release information to the caller is on file with us.

Department of Social Services

249 Thomaston Ave.

Waterbury, CT 06702-1397

General Information: (203) 597-4000

<http://www.ct.gov/dss/site/default.asp>

The Department of Social Services provides a broad range of services to the elderly, disabled, families, and individuals who need assistance in maintaining or achieving their full potential for self-direction, self-reliance and independent living.

Easter Seals Employment Industries

122 Avenue of Industry

Waterbury, CT 06705

203-236-0188

http://waterburyct.easterseals.com/site/PageServer?pagename=CTWA_services

Easter Seals provides high quality services designed to meet the individual needs of children and adults with disabilities and special needs. Teams of therapists, teachers and other health professionals help each person overcome obstacles to independence and reach his or her personal goals. Easter Seals also includes and supports families as active members of any therapy program.

Katie Becket Waiver

<http://www.211ct.org/informationlibrary/Documents/Katie%20Beckett%20Waiver%20cw.asp>

25 Sigourney Street

Hartford, CT 06106-5033

Toll-Free: 800-842-1508

The Katie Beckett Waiver, also known as the Deeming Waiver or the 2176 Model Waiver, enables severely disabled children and adults to be cared for at home and be eligible for Medicaid based on the individual's income and assets alone. Without the waiver, the income of legally liable relatives is counted when the individual is cared for at home. There is a long waiting list for this program, but families of severely disabled individuals who want to care for their family member at home are encouraged to apply.

ELIGIBILITY

Severely disabled individuals; Income at or below 300% of the SSI federal benefit rate; Asset limit is \$1000

For more information call the Medical Utilization Review Unit at the Connecticut State Department of Social Service.