Jemison
High School
2013 - 2014
Athletics Handbook







Alma Mater



Alma Mater ever glorious Searching for the right.

Lead u on to paths of greatness Always in thy light.

Honesty, loyalty, strength and truth Keep us ever nigh.

Through the years, we'll nere forget thee Dear old Jemison High.

Panther Creed

I am a Panther.

I am proud to be a Panther.

I respect my school, my teammates,
my coaches, myself.

This team is as strong as I am,
and I'll do everything I can to
keep it that way.











To the parents, coaches and student-athletes of Jemison High School:

ATHLETIC PHILOSOPHY AND OBJECTIVES

The athletic program is an integral part of the educational process of the Jemison High School and Chilton County District. It promotes a desire in our students and community to take part in sports either as a participant or a spectator.

Our aim is to develop competitive student-athletes but not to lose sight of educational values such as sportsmanship, citizenship, health and scholastic attainment. The athletic programs should also promote school morale and provide an additional source of self-esteem for our students.

SPECIFIC OBJECTIVES

- 1. To provide opportunities to learn games and improve playing skills to the best of their abilities.
- 2. To develop physical fitness and desirable health, hygiene and safety habits.
- 3. To provide opportunities to make real friends with team members and widen circles of friends by meeting student-athletes from opposing teams.
- 4. To provide opportunities to observe and practice good sportsmanship.
- 5. To realize that athletic competition is a privilege that carries definite responsibilities with it.
- 6. To reap the benefits of the special type of discipline that comes from participation and competition.
- 7. To understand the concept of teamwork and the individual's role as a team member.

SCHOOL AND STUDENT-BODY OBJECTIVES

- 1. Athletics should be educational.
- 2. Athletics should promote pride in one's school and community.
- 3. Proper student interest should be promoted.
- 4. All visiting schools should be treated as guests.
- 5. School policy should be consistently applied so as not to provide student-athletes with special privileges.
- 6. Sportsmanship, fair play and good school citizenship should be the goals of all student-athletes.
- 7. Every effort should be made to provide the best coaching, facilities and equipment possible within the economic constraints of the school district's budget.

ATHLETIC CHAIN OF COMMAND



At Jemison High School and Middle School, the following chain of command is in effect:

Principal

Athletic Director

Head Coach

Assistant/JV Coaches Players

If there are any questions or concerns involving some aspect of our athletic program, the student-athlete should first contact the appropriate coach, then go to the head coach, etc.

THE PLAYER-COACH RELATIONSHIP

Unfortunately, through televised games and the more recent proliferation of cable TV, many adults feel that they understand or perhaps know more than many coaches. Everyone becomes an expert. While this newfound expertise may heighten your appreciation of a sport, as a sport-parent, however, you are not the coach.

The player-coach relationship is perhaps the most critical relationship in athletics. Unfortunately, a sportparent can have a pronounced effect on this very important and delicate relationship. While you may not agree with all decisions of a coach, how and when you express your feelings can have a decided effect upon your child.

If you express a negative opinion in front of your child, you need to remember that he or she will return to practice the next day and may carry with him or her your convictions. Your son or daughter will then have to interact with this coach. You, as the sport-parent, can greatly affect this delicate relationship. Receiving technical or strategic instruction at home may interfere and conflict with the instructional process at practice sessions and games. This may ultimately impede your son or daughter's progress and affect their playing time or whether they win a starting position.

THE PARENT-COACH RELATIONSHIP

In your role as a sport-parent, you obviously love and are concerned about your child's welfare. You want the best for him or her. But a student-athlete can have only one coach. Allowing the coach to instruct and guide the team is crucial in many respects. Should you have any questions or concerns, do not approach the coach immediately at the conclusion of a contest. At this time, coaches have other responsibilities and it may be an emotional time. Call and make an appointment for a later time and approach this meeting in a calm, courteous and logical manner.

One of the responsibilities, which a coach has at the conclusion of a contest, is to meet briefly with his or her players. Student-athletes should not pause to talk to parents or friends immediately after games. When it comes to playing time, the coach will have the final decision. If a meeting is called to discuss playing time, we ask that you bring your child's uniform to turn in at that meeting. These brief meetings are essential to the learning process involved in athletics.

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RESPONSIBILITIES OF A COACH

At Jemison High School, a coach has the responsibility for the following:

- 1. The selection of the squad.
- 2. The determination of the style of play, including the offensive and defensive philosophy.
- 3. The teaching and instruction at practice sessions.
- 4. The determination of who starts and how long an athlete plays in a contest.
- 5. The decision of who plays in what position.
- 6. The establishing of team rules.
- 7. The selection of team captains.
- 8. The communication with student-athletes and parents with respect to when practice sessions will be held, and when the sessions will start and finish.

RELATIONSHIP WITH OFFICIALS

There is an age-old refrain often used by irate fans, "How much are you paying the officials?" The home school does not get the officials. All officials are assigned by a commissioner or assigner of the particular sport and neither team has control of which officials are assigned.

Officials agree to and follow a code of ethics. They really do not care or have a vested interest in which team emerges as the victor. It is also important to understand that they are a very necessary part of a game. A contest cannot be played without them.

So while you may not agree with all of their calls, please do not harass or taunt them. It is also important to remember that they are in charge of the contest and have complete authority to have unruly spectators removed. In many sports, a team will see the same official several times during a season. Coaches, athletic administrators and schools often work hard to establish a rapport and good working relationship, which can easily be damaged by spectators.

EXPRESSING CONCERNS

When expressing an occasional concern with a coach, please use the following guidelines:

- 1. Never approach a coach immediately after a contest. This is not the proper time or place for a discussion concerning your child or the team.
- 2. Call the following day and make an appointment, which is convenient for both you and the coach to meet.
- 3. Raise your concern in a calm and civil manner. Yelling, being rude or using foul language is totally unacceptable.
- 4. Once you have stated your question or concern, listen to the explanation. Often a sport-parent may be blinded by emotion and this overrides logic and reason. Listening receptively may really help you to understand any explanation, which is given.



CONTACTING THE ATHLETIC OFFICE

It is always better to express a concern than to internalize it. A valid concern that is not addressed can lead to other problems for the student-athlete, the coach, or the team. A player-coach or a parent-coach conference is still the most appropriate way to express a concern. If, for whatever reason, a student-athlete or parent feels uncomfortable about talking to the coach, it is then advisable to contact the Athletic Director. Just as the Principal will protect the identity of the person who expresses a concern about a teacher or a class, the Athletic Director will protect the identity of the person who expresses a concern about a coach or a team.

After listening to the concern, the Athletic Director will either address the concern for the purpose of correcting it; or they will explain to the caller why the coach is operating in a correct manner. If the caller does not accept the Athletic Director's explanation, the caller has the option of contacting the Principal.

SPORTSMANSHIP

Since athletics should be educational in nature, it is important that all parents demonstrate good sportsmanshipand serve as role models for our athletes and students. Sportsmanship is an overt display of respect for the rules of sport and for all others – players, coaches, officials and fans (National Federation News, March 1995, p. 10). It also involves a commitment to fair play, ethical behavior, and integrity. This means:

- 1. There can be no vulgar or inappropriate language from our fans or spectators.
- 2. Taunting or trash talking of our opponents and their cheerleaders cannot be tolerated.
- 3. Spectators cannot leave the bleachers or enter onto the court or field during a contest.
- 4. Fans should be supportive and positive. Cheering should be done for our team and not against our opponent.
- 5. We should not impede or interfere with our opponent's cheerleaders from leading their cheers.

SPECTATOR-CHEERLEADER

Cheerleaders try to infuse spirit into the fans/spectators and to lead them in selected cheers. Taking this responsibility into your own hands is not appropriate. Fans who leave the stands to direct cheers may often cause or lead to confrontations with the opponents. Following the cheerleader's directions, therefore, is absolutely necessary at all athletic contests.

The emotion and atmosphere at athletic contests can be very exciting and the cheerleaders need to be allowed to direct and control this aspect of the event.

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UTMOST RESPECT

In athletic settings, some may view "harmless" rites of initiation an important activity for team bonding. However, it is actually a form of harassment and represents a Jemison Disciplinary Code offense. A more complete explanation of harassment can be found in the Jemison High School Student Handbook. Therefore, harrassment of any kind will not be condoned or permitted in the athletic program at Jemison High School. This means on the fields or courts, in the locker rooms, on the bus, or at any other activity in which student-athletes represent Jemison High School.

TRANSPORTATION

Transportation for all athletic contests, scrimmages and when necessary, practices will be arranged by the coaches. Departure times will be scheduled and published for coaches, players, custodians, faculty and administration.

*** It is the parents' responsibility to provide transportation to and from pratices on campus. ***

Student-athletes MUST use school-provided transportation to all athletic contests and scrimmages unless prior arrangements have been made with the administration. In addition, student-athletes who are transported by school-provided transportation to events MUST return by school-provided transportation unless the head coach receives parental permission personally. Only a legal parent or guardian may transport student-athletes. This however, should only occur in emergency circumstances.

PARTICIPATION ON AN ATHLETIC TEAM

It is important to understand that participation on an athletic team at Jemison High School is a privilege and not a right. Being on and maintaining one's membership on the team means accepting all the responsibilities of a studentathlete. However, unlike recreation or intramural teams, equal or guaranteed playing time does not exist. In an effort to win, a coach will use players best suited to the conditions or demands of the contest at that time.

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CUTTING THE TEAM

While our ultimate goal is to promote the greatest athletic participation possible at Jemison High School, it may be necessary in some sports to cut a squad. This may occur due to limitations of our facilities, regulations specific to some sports, travel restrictions, and other factors.

Every coach has the responsibility and authority for selecting his or her team. The criteria for selecting the team is developed by the coach. A copy of the written criteria is then distributed to our student-athletes prior to the tryouts and to our parents at our pre-season meetings.

It is also important to remember that there are no guarantees. Players from the previous year's JV team, for example, do not automatically make either the JV or varsity squad the following year. Having been a member of a team during the previous year or even being a senior does not ensure that a student-athlete will make the squad.

Parents should expect that every candidate is treated fairly and given every consideration. Coaches are sensitive to feelings of disappointment, will handle the task as positively as possible, and be available to answer student-athletes' questions. While we understand that being cut is disappointing for many student-athletes and even for their parents, we unfortunately cannot keep everyone. Anyone cut from a team is welcome to try out again next season or to try another sport. When parents and student-athletes understand and support the coach's decision, this difficult process becomes a less painful experience for all.

STUDENT-ATHLETES CHANGING TEAMS

Whether by being cut, by quitting or by being dismissed, a student-athlete's membership on a team can be altered. While we at Jemison High School want to promote participation, we also want to safeguard fairness and an ethical approach with regard to all coaches and teams. In order to achieve all of the above objectives, the following guidelines will be used:

- 1. Any player cut from a squad during tryouts is free to immediately try out or join another team.
- 2. Any player quitting a team must get the approval of the original coach before joining a second team. All obligations such as returning uniforms and equipment must also be completed prior to joining a second team.
- 3. Any player dismissed from a squad must get the approval of the original coach and from the athletic director before joining another team.
- 4. The athletic director will mediate all problems when a student-athlete changes teams and will have the final decision.
- 5. No coach should attempt to recruit student-athletes from another Jemison High School team for his/her program. This would include any player who had been a member of a squad during the previous season. This prohibition of recruiting should and would extend through the offseason.
- 6. During the off-season, a student-athlete can participate in weight-training, conditioning and similar activities with other teams without undue pressure from a coach to change teams.



JEMISON ACADEMIC ELIGIBILITY

In order to be eligible for interscholastic athletics, a student must have passed at least four full-credit subjects, or the equivalent, during the previous marking period. In cases where a student's work in any preceding marking period does not meet the above standards, the student shall be ineligible to participate in interscholastic athletics for at least (10) school days of the next marking period beginning on the first day report cards are issued. At the end of the school year, the student's final credits in his/her subjects rather than his/her credits for the last marking period shall be used to determine eligibility for the next marking period.

Additionally, there are attendance requirements that may cause a student-athlete to lose eligibility for a daily or seasonal period. In order to participate in a scheduled athletic contest, student-athletes must be in school by 10:00 am.on the day of the contest.

N.C.A.A. CLEARINGHOUSE

The National Collegiate Athletic Association (NCAA), an organization founded in 1906 that has established rules on eligibility, recruiting, and financial aid, regulates college sports. The NCAA has three membership divisions – Division I, II and III. Institutions are members of one or another division according to the size and scope of their athletic programs and whether they provide athletic scholarships.

If a high school student-athlete is planning to enroll in college as a freshman upon graduating from high school and they wish to participate in Division I or Division II sports, the NCAA Initial-Eligibility Clearinghouse must certify them.

The Clearinghouse will analyze the student-athlete's academic information and determine if they meet the N.C.A.A.'s initial-eligibility requirements.

The certification process for student-athletes planning to enroll as college freshmen begin August 1st of the academic high school year. Clearinghouse forms are available in the high school guidance office.



SPORTS BOOSTER CLUBS

Jemison's Sports Booster Clubs exists to support all teams and the entire athletic program. Booster Clubs should have three primary goals: to raise funds to assist the athletic programs, to increase school spirit and to encourage and promote good sportsmanship.

The Booster Club is not a vehicle to remove coaches, advance vested interests or to alter Athletic Department policy. It is a service and support organization, which works in harmony with Jemison High School and its athletic program. All parents are encouraged to join a Booster Club and become an active member. Most Booster Clubs hold monthly meetings throughout the year.

JEMISON HIGH SCHOOL SPORTS PARTICIPATION FINAL NOTES:

Practices & Games:

- A) Players are required to attend all practices or games. Consistent absenteeism from practice may result in immediate dismissal from team or game(s) suspension.
- B) Practices may be closed at coach's discretion.

Unauthorized Personnel:

A) Unauthorized personnel are prohibited from the court or playing field at any time unless they have direct permission from a coach or school official. In the case of injuries, please be patient until the child is stabilized or until the parent/guardian is directed to enter the playing area.

Ejection Policy:

A) Any player or spectator who is ejected from any sport that is sanctioned by the AHSAA is subject to monetary fines and/or suspension that can result in dismissal. In the event of an ejection, the player will be responsibile for paying the fine and will not be eligible to participate in any games or go on to the next sport as long as the fine remains unpaid.

Fines:

1st offense: \$300.00

2nd offense: \$450.00 and one (1) game suspension

3rd offense: \$700.00 and the player is dismissed for the remained of the season



PARENT PERMISSION SLIP

| I hereby give | | permission to tryout and |
|--|--|--|
| 1 | e | ted, I realize that in order to remain a es and obligations as outlined in the |
| understand the responsibiliti assist in every way to see th questions or concerns arise, | at the rules are enforced when it co contact the coach for clarification, | parent of player. As the parent, I will |
| Parent's Signature: | | Date: |
| Print Name: | | |
| Player's Signature: | | Date: |
| Print Name: | | |
| Phone(s): | | |
| Email: | | |
| Address: | | |
| | | |
| Secondary Contact Name | Phone: | |
| Emergency Contact: | Dr | - |
| | Address: | |
| | Phone: | |

****Please sign and return promptly. No telephone permissions will be accepted.****



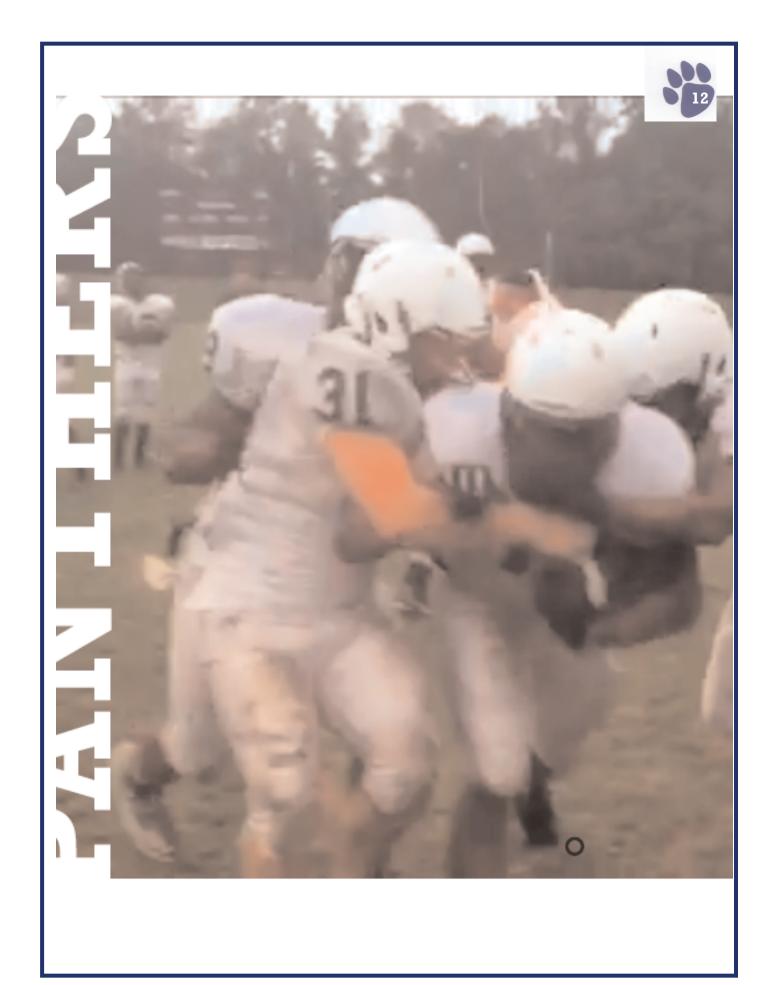


Jemison High School 1 2013-2014 Calenda



PANTHER LEVEL SPONSORSHIP: \$1,000

AD SPACE - 11" X 1.5"
EXTENDED BACK COVER - STRIP VISABLE WITH EV



WHITE LEVEL SPONSORSHIP: \$350

AD SPACE - 4" X 1.25" COULD BE SOLD TO SEASON SPECIFIC PRODUCTS (party city, costumes)



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | TH |
|--------|-------------------|----------------------------------|-----------|----|
| | 1 | 2 | 3 | 4 |
| 7 | 8 Columbus Day | 9 | 10 | 11 |
| 14 | 15 | 16 Coach Vachris' Birthday | 17 | 18 |
| 21 | 22 | 23 | 24 | 25 |
| 28 | 29 | 30 | 31 | |

PANTHER LEVEL SPONSORSHIP: \$

AD SPACE - 11" X 1.5" EXTENDED BACK COVER - STRIP VISABLE WIT



2013 Jemison Pan



Dakota Harris
Rae Kwon
Randy Satterfield
Brandon Stokes
Kevin Ziegler
Dakota Harris
Rae Kwon
Randy Satterfield
Brandon Stokes
Kevin Ziegler
Dakota Harris
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Kevin Ziegler
Dakota Harris
Rae Kwon
Randy Satterfield
Brandon Stokes
Kevin Ziegler
Dakota Harris
Rae Kwon
Randy Satterfield

Athletic Director: Robert George Head Coach: Jacob Hogan Assistants: Vann Clements, Lowry, Anthony Vachris, Lenore,

BLUE SPONSORSHIP: \$100

AD SPACE - 4.5" X "2

BLUE

1

PANTHER LEVEL SPONSORSHIP: \$1,000

AD SPACE - 11" X 1.5"
EXTENDED BACK COVER - STRIP VISABLE WITH EVE